FAMILY NAME: John	E: Johnston AGENCY CASE NUMBER: 1234567	
CASEWORKER:	AGENCY:	AGENCY PHONE NUMBER:
Smith, Jane	Mock County Children Services	

# **IDENTIFYING INFORMATION**

Child's Name	Agency 's Legal Status	Child's Legal Status	Type and Date of Placement	Child's Permanency Goal	Court Case # Court ID#
Johnston, Nikki				maintain	
Johnston, Jan				maintain	
Johnston, Allie				maintain	
Fowler, Mark				maintain	
Johnston, Sammi				maintain	
Fowler, Naya				maintain	

Child's Name	Age	Date of Birth	Adult Name Relationship to child	Is the Child Protected Under ICWA	Tribal Affiliation (If applicable)
Johnston, Nikki	8		Alicia Johnston biological mother; Robert Fowler non-related adult	No	
Johnston, Jan	7		Alicia Johnston biological mother; Robert Fowler non-related adult	No	

Johnston, Allie	5	Alicia Johnston biological mother; Robert Fowler non-related adult	No	
Fowler, Mark	3	Alicia Johnston biological mother; Mark Fowler biological father	No	
Johnston, Sammi	2	Alicia Johnston biological mother; Robert Fowler non-related adult	No	
Fowler, Naya	0	Alicia Johnston biological mother; Mark Fowler biological father	No	

Check	if sufficient information is not	t available to comp	olete any element of	f the JFS 01410 with	nin 30 days
ify the reason the agency is not able to complete the case plan within 30 Days and the steps that will be taken to					
n the missir	ng information:				

#### **SECTION 1. STRENGTHS**

# List and describe the identified strengths for this family:

- Robert and Alicia are able to understand and learn needs and expectations of their children as it relates to their developmental level and age.
- Robert and Alicia are able to learn and implement new parenting strategies with their children regarding supervision and chore assignment.
- Alicia is able to understand Roberts's violence is a risk to herself and the children. She has implemented strategies in the past with her family as a support to remove herself and the children from the violence.
- Alicia has recognized the need and acted to remove herself and her children from Robert's violence.
- Robert is physically able to work. Robert identified being unemployed has created additional stress for himself and made him feel bad.
- Robert wants to work and become the primary income earner in the home.
- Robert is an auto mechanic which is a transferrable skill in the job market.
- Alicia maintains employment and continues to alleviate some financial stress on the family through working regularly.
- Multiple family members support and assist in providing care for the children.
- The family members support the children and Alicia in improving her relationship with her children.
- Alicia identified that she drinks when stressed; knowing her children are with family is a stress relief.
- Family members want to provide support to Alicia and minimize her drinking.
- Alicia has recognized the need and implemented strategies in the past with her family as a support to remove herself and the children from the violence.

### SECTION 2. CONCERNS/EXPECTED CHANGES/SERVICES

#### What is the concern?

Robert has repeatedly physically assaulted and thrown household items at Alicia causing-physical injuries to Alicia in the form of bruises, a black eye, and superficial cuts. Robert has damaged their property and monitors Alicia's phone usage and repeatedly calls her place of employment to confirm she is at work. The children have witnessed several altercations of violence which have resulted in the children exhibiting out of character behaviors, which have included; overreacting to noises, nightmares, re-enacting physical violence when playing with dolls, and extensive crying.

# What behavior will need to change to reduce risk and address safety issues of the child(ren)?

- Robert will not use physical violence. When Robert does not use physical violence:
  - Robert will take responsibility for his violence and how it has affected Alicia, the children, and himself.
  - Robert will no longer assault Alicia (hit, kick, or choke), threaten or intimidate family members, nor will he damage the family's property.
  - The children will not be exposed to ongoing physical violence in the home.
  - The children will not experience physical or emotional harm from violence in the home.
  - Alicia's ability to care for her children will not be compromised by Robert's violence, threats, or phone calls to work for non-emergencies.

## Activity family members need to complete to make this change:

- Robert will actively participate in a batterer's intervention program. He will complete the intake/screening
  process for the batterer's program to which he is referred.
- Robert will follow his treatment plan and recommendations from the program.
- Robert will sign releases of information to allow the caseworker to talk with staff from the batterer's intervention program and receive monthly reports from them.
- Robert and Alicia will ensure the children receive trauma screening. They will follow the treatment plan and recommendations which may include attending counseling.
- Robert will support the children in attending and participating in any recommended counseling sessions, including attending any appointments as requested by the counselor.
- If Robert or Alicia need help with transportation to appointments, they will call 111-1111 48 hours prior to their appointment to schedule transportation with XYZ transportation service.

## How will the caseworker and/or service team help the family make this change?

### PCSA:

- Caseworker will conduct a trauma screening on all the children.
- Caseworker will make a referral to the batterer's intervention program for assessment and treatment.
- Caseworker and batterer's intervention counselor will discuss Robert's participation and progress towards behavior change as described in this case plan monthly or as needed.
- Review written reports from the batterer's intervention program.
- Caseworker will also provide the counselor with pertinent information about Robert's behavior towards Alicia, as necessary.
- Caseworker will check for any current law enforcement reports regarding domestic violence charges against Robert.
- Caseworker will assist Robert in resolving any barriers to attending his treatment appointments, including transportation.
- Caseworker will make a referral to trauma treatment if the screening indicates this is necessary. The caseworker will assist in resolving any barriers to the children attending therapy sessions.
- The PCSA caseworker will assist Alicia and Robert with identified barriers (such as child care or transportation) that could prevent them from attending appointments.

#### Batterer's Intervention Program

- Complete an assessment and a treatment plan for Robert. The batterer's intervention program staff will provide
  resources designed to help Robert stop the pattern of violence, intimidation and control against Alicia, and
  damage to items in the home.
- Provide progress in treatment with the family's caseworker through regular reports and conferences. The
  reports will include information about Robert's attendance and progress in treatment, and progress towards
  behavior change as stipulated in this case plan.

### Mental Health and Counseling program

- The trauma treatment therapist will provide an assessment and treatment plan for the children to assist them in coping with their fears and behaviors.
- The trauma treatment therapist will provide ongoing counseling/therapy sessions as determined by the treatment plan. The sessions will assist the children as indicated by the assessment.

- Complete an assessment and treatment plan for the Nikki, Jan, Allie, Mark and Sammi.
- Provide the PCSA caseworker with written reports on the children regarding their progress in coping and dealing with the trauma they have experienced as a result of Robert's violence, threats, controlling behavior and destruction of property.

# How will the family's progress be measured?

The PCSA caseworker will review progress in the following ways to determine if Robert has been violent, made threats, or destroyed property:

- Regular announced and unannounced home visits, to Alicia and Robert's home
- Conversations with Alicia, Robert, the children, extended family members, and the caregivers of each of the children. These discussions will include exploring different ways Robert has handled difficult or frustrating situations without using violence.

The caseworker will observe the home and will observe Robert's interactions with Alicia and the children. The following will be evidence of progress:

- No physical violence, controlling behaviors, or destruction of property by Robert towards any of the family members or their property/belongings.
- Decrease in the children's fear reactions.
- The children will have age appropriate control of their emotions.
- The children will have not express fear or anxiety in response to Robert's presence.

## When will the family's progress be reviewed?

- Progress towards behavior change will be reviewed monthly with Robert's counselor.
- Progress in trauma therapy for the children will be reviewed monthly.
- The caseworker will meet with Robert, Alicia, the children and the children's caregivers regularly, during home visits and visits to the relative caregivers, no less than monthly.
- The case plan and services will be reviewed every 90 days.

## <u>CONCERNS/EXPECTED CHANGES/SERVICES</u> (continued)

#### What is the concern?

Alicia uses alcohol and marijuana to relieve the stress of her relationship with Robert and being the sole income provider for their family. Alicia is not able to control her use of alcohol and drinks almost every day. Alicia has blacked out due to intoxication while caring for the children, and on one occasion drove with the children while intoxicated. Robert drinks several times a week to the point of intoxication. He is using alcohol to cope with daily stressors.

# What behavior will need to change to reduce risk and address safety issues of the child(ren)?

- Alicia and Robert will learn and use positive coping skills that do not have a negative impact on the children. When Alicia and Robert use positive coping mechanisms:
  - Neither Robert nor Alicia will use substances of any kind, including marijuana or alcohol, as a way to deal
    with stress or feeling overwhelmed.
  - Neither Robert nor Alicia will not use any substances, including marijuana or alcohol, when he or she is responsible for caring for the children.
  - Alicia and Robert will not become impaired through alcohol and drugs while caring for their children.

## Activity family members need to complete to make this change:

- Alicia will actively participate in counseling specializing in drug/alcohol abuse and intimate partner violence.
- Alicia will complete the assessment process at ABC Recovery Center.
- Alicia will follow her treatment plan and recommendations from the assessment.
- Alicia will sign all releases of information to allow the counselor to report attendance, participation, and treatment progress to the caseworker.
- Alicia will complete all requested drug screens within 24 hours of the request.
- Robert will actively participate in counseling specializing in drug/alcohol abuse and coping with stressors and depression.
- Robert will complete the assessment process at ABC Recovery Center.
- Robert will follow his treatment plan and recommendations from the assessment.
- Robert will sign all releases of information to allow the counselor to report attendance, participation, and treatment progress to the caseworker.
- Robert will seek employment opportunities and attend job interviews.

## How will the caseworker and/or service team help the family make this change?

- The caseworker will refer Alicia and Robert to the ABC Recovery Center.
- The caseworker will provide ABC Recovery Center with information about Alicia's and Robert's substance use and stressors.
- The caseworker will discuss, with the ABC Recovery Center counselors, Alicia's and Robert's progress in treatment.
- The caseworker will review the ABC Recovery Center counselors' written reports.
- The caseworker will review with Alicia and Robert how treatment is going for each of them and steps taken to maintain sobriety, coping strategies used, and family interactions.
- The PCSA caseworker will assist Alicia and Robert with identified barriers (such as child care or transportation) that could prevent them from attending appointments.
- The caseworker will request and arrange for Alicia and Robert to submit to random drug screens.
- The PCSA caseworker will assist Robert in searching and applying for employment.

### ABC Recovery Center:

- The counselors at ABC Recovery Council Center will assess Alicia's and Robert's alcohol and substance dependence as well as mental health status to determine treatment needs.
- The counselors will develop an individualized treatment plan for Alicia and Robert.
- The counselors will provide the PCSA caseworker with Alicia's and Robert's treatment plan.
- The counselors will provide the PCSA caseworker with monthly written reports regarding Alicia's and Robert's progress in treatment.
- The counselors will conduct random drug screens.
- Robert's counselor will provide assistance to Robert and the PCSA caseworker regarding preparing Robert to enter the workforce.

# How will the family's progress be measured?

The PCSA will measure progress by the following:

- Observations and reports of Robert and Alicia using alternative coping methods to deal with stressors.
- Robert and Alicia refraining from using alcohol or drugs.
- Active participation in treatment.
- Clean drug screens for Alicia and Robert.
- Robert submitting applications for potential employments.
- Robert attending interviews for employment.
- Robert securing employment.
- Alicia and Robert will be sober when caring for their children.
- Alicia will describe how treatment is going for her and identify how she will use other methods to cope with stress instead of marijuana and alcohol.
- Robert will talk to the PCSA caseworker about what he has learned in the alcohol abuse counseling, how he
  will stop abusing alcohol, and how he will use other methods to cope with stress.

## When will the family's progress be reviewed?

- Progress in treatment for Robert and Alicia will be reviewed monthly.
- Progress in applying for employment will be reviewed monthly.
- The caseworker will meet with Robert, Alicia, the children, and the children's caregivers regularly, during home visits and visits to the relative caregivers, no less than monthly
- The case plan and services will be reviewed every 90 days.

# **CONCERNS/EXPECTED CHANGES/SERVICES** (continued)

#### What is the concern?

Alicia and Robert have placed the responsibility on eight-year-old Nikki to be a primary caregiver for all the children. Alicia and Robert have frequently left Nikki home alone to care for all the children. Ten-month-old Naya sustained a head injury when Nikki was caring for all the children overnight. The parents think Nikki is old enough to be responsible for the children by herself, including overnight.

# What behavior will need to change to reduce risk and address safety issues of the child(ren)?

- Alicia and Robert will meet the basic needs of and supervise the children. When Alicia and Robert meet the basic needs and supervise the children:
  - Nikki will not take on the role of primary caregiver for her younger siblings, which would include supervision, baths, preparing meals or getting her siblings ready for school and bed.
  - Robert and Alicia will utilize a safe, responsible and stable adult or teen caregiver/babysitter for their children.
  - Robert and Alicia will not use Nikki as a babysitter in their absences or while intoxicated.

#### Activity family members need to complete to make this change:

- Alicia and Robert will register for parent education services through XYZ Family Center.
- Alicia and Robert will participate in parent education services at XYZ Family Center.
- Alicia and Robert will complete all the activities and homework assignments required through the parent education service.

- Alicia and Robert will sign releases of information for the parent education services.
- Alicia and Robert will talk with the PCSA caseworker about what they have learned during parent education
  as it relates to their children's age and development.
- Alicia and Robert will develop a list of responsibilities, chores, and expectations with the caseworker for each child.
- Alicia and Robert will demonstrate the information and skills learned in classes when caring for the children.

# How will the caseworker and/or service team help the family make this change?

### PCSA:

- The caseworker will refer Alicia and Robert to the XYZ Family Center.
- The caseworker will provide XYZ Family Center with information about Alicia's and Robert's needs regarding parenting education.
- The caseworker will discuss, with the parent education counselor, Alicia's and Robert's progress towards understanding age appropriate expectations for children, and appropriate supervision for children.
- The caseworker will review the XYZ's counselor's written reports.
- The caseworker will review with Alicia and Robert the information they have learned from parent education.
- The caseworker will assist Alicia and Robert in developing a list of responsibilities, chores, and expectations
  for each child as they progress through parent education. The chores and responsibilities will be based on
  each child's age, maturity, physical development, cognitive development, and behaviors.
- The caseworker will assist Alicia and Robert in developing a list of caregivers that can assist in supervising the children.
- The caseworker will consult with relative caregivers regarding interactions between the children and Alicia and Robert.
- The PCSA caseworker will assist Alicia and Robert with identified barriers (such as child care or transportation) that could prevent them from attending appointments.

#### XYZ Family Center:

- The counselor at XYZ Family Center will assess Alicia's and Robert's parenting needs.
- XYZ Family Center will enroll Alicia and Robert in parent education service(s).
- XYZ Family Center will provide Alicia and Robert with education on determining reasonable expectations of children through providing instruction in assigning chores, responsibilities, and education on supervision requirements based on the children's age, maturity, physical development, cognitive development, and behaviors.
- The XYZ Family Center will assist Alicia and Robert in providing guidance on the characteristics necessary in identifying caregivers that can effectively supervise their children.
- The XYZ Family Center will provide the PCSA caseworker with ongoing reports regarding Alicia and Robert's attendance, participation, and progress.

## How will the family's progress be measured?

Progress will be measured by the following:

- Attendance, participation and completion of parenting education services by Alicia and Robert.
- Alicia and Robert will complete the assignment roles and responsibilities for each child that corresponds with the child's abilities.
- Alicia and Robert will use the chore assignment list.
- Alicia and Robert will develop a list of caregivers with contact information who can and will assist in supervising the children.
- Alicia and Robert will use the caregivers identified on the list to care and supervise their children when they are unable to care for them.
- Robert and Alicia will provide all basic needs, including food, clothing, and shelter for the children, which will
  include, preparing them for school, helping with homework, giving them baths and getting them ready for
  bed.

### When will the family's progress be reviewed?

- Progress with parent education will be reviewed no less than monthly.
- The caseworker will meet with Alicia and Robert no less than monthly, during casework announced and unannounced visits to their home.
- Observation of interactions between Alicia and Robert and the children will occur no less than monthly.
- The case plan and services will be reviewed every 90 days.