

Park District of Oak Park  
Co-ed Adult Soccer League Manual



PARK  
DISTRICT  
OF OAK PARK



**League Administrator**

Mike Mockler

708-725-2104

[mike.mockler@pdop.org](mailto:mike.mockler@pdop.org)

**League Coordinator**

Bob Mullin

708-514-7257

[bob.mullin@pdop.org](mailto:bob.mullin@pdop.org)

4. Neither team can substitute on a corner kick.

### **Site Consideration**

\*This league is made possible by the use of two non-district sites being OPRF high school and Forest Park Park District. Please adhere to all rules posted at these sites. \*Please throw out all garbage after your game.

#### **Rules concerning all sites...**

- \*Steel tipped spikes are not allowed.
- \*No outside food or beverages are allowed in the stadium.
- \*No glass bottles/containers are allowed.
- \*No seeds with shells
- \*No gum. Upon arrival, please discard into a trash can, not onto the field.
- \*No pets are allowed on the grounds.
- \*Facilities are designated as smoke free environments.
- \*No liquor or alcoholic beverages.
- \*Players are expected to leave the facility in the same condition as it was found.

#### **Forest Park specific site rules...**

- \*Please wait for a park district official to unlock the gate. Players should arrive no earlier than 8:00 am Jumping the fence is prohibited!!
- \*One way signs need to be followed when entering or exiting the facility by car. Please enter at the Beloit entrance south of the field and exit on Hannah east of the tennis courts. You can and will be ticketed by the Forest Park Police if this is not followed.
- The parking lot directly west of the field is for Forest Park employees only. Please do not park there.

### **Captains' Responsibilities**

- \*All teams should send a captain or team representative to the captains meeting.
- Note: Modifications to the league may take place at the captains meeting. Failure of a team representative to attend shall not exempt that team from any modifications that may be made.
- \*All captain's are expected to inform their players concerning all rules, and regulations, prior to the first game and as many times thereafter as necessary to make sure that no violations will occur.
- \*It is the captain's responsibility to make sure all league fees and player lists are submitted (due to before 2<sup>nd</sup> game)**
- \*All captains are expected to inform their players of scheduled games, schedule changes, make-ups and standings. Note: All captains should be checking their e-mail on a frequent basis for information re: soccer.
- \*Captains are responsible of contacting the League Administrator of a change in address, e-mail address or phone #.
- \*It is the captain's responsibility to check the score each week to insure accuracy and to check the final score.
- \*Team captains are responsible for the conduct of their team members and any team spectators at all times, including prior to, during, and after completion of the game.**
- \*Only team captains are to discuss a disagreement with an official.
- \*If it is unknown that the captain will be unavailable during a certain period of time, it is the responsibility of that captain to call the League Administrator and submit another contact name, if other then the co-captain.

### **Game Rules**

- \*Unless modified by this set of rules, all games of the league shall be played in accordance with modified F.I.F.A. rules

### **Yellow Cards**

- \*A player is cautioned and shown the yellow card if he/she commits any of the following offenses:

MINIMUM one game suspension for a red card. The Park District of Oak Park reserves the right to extend suspensions or remove players from the program.

\* If a player commits a professional foul—the act of foul play to deny a goal scoring opportunity, they will be ejected from the game but may not be suspended for the following game.

\* A player who accumulates two red cards during the course of the season will result in an automatic ejection for the remainder of the season.

## **Fighting**

\* The referee will stop play and eject any player or team (including bench personnel) that will attempt to strike or strike any player or official. League Management will have final decision upon an investigation. Player/Team may be ejected from the session without refunds. The offending team will forfeit the game and possibly future games.

\* Fighting is not tolerated in this league, and will be punished accordingly.

\* Any player or captain ejected from a game is required to leave the park immediately. If the player continues to interfere with the orderly progression of play, the official may forfeit the game in favor of the team not at fault. Warnings or ejections may be given before, during, or after a game. Any ejected player automatically receives a MINIMUM one game suspension. **The Park District of Oak Park**

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## **Standings/Tie Breakers**

\* Standings can be found on [www.quickscores.com/oakpark](http://www.quickscores.com/oakpark)

\* 3 points for a win, 1 point for a tie, 0 points for loss

\* All ties in final division standings will be solved by: 1) head-to-head competition; 2) goals against; 3) goals scored; 4) point differential.

\* Forfeits will be scored 2-0.

## **Misc.**

\* This league is built to have fun first and foremost. We will run off the honor system. Please be honorable.

### **Code of Conduct**

\* Understand, appreciate and abide by the rules of the game.

\* Respect the integrity and judgment of the game officials.

\* Respect your opponent and congratulate them in a courteous manner following each match whether in victory or defeat.

\* Be responsible for your actions and maintain self-control.

\* Do not taunt or bait opponents and refrain from using foul or abusive language

**The Park District of Oak Park reserves the right to change or adapt any rules or regulations at anytime in the best interest of the game and the Park District.**