

CAPMIS: Case Planning

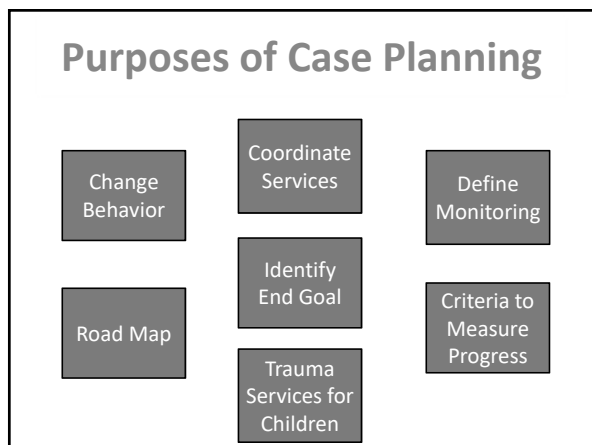
Welcome

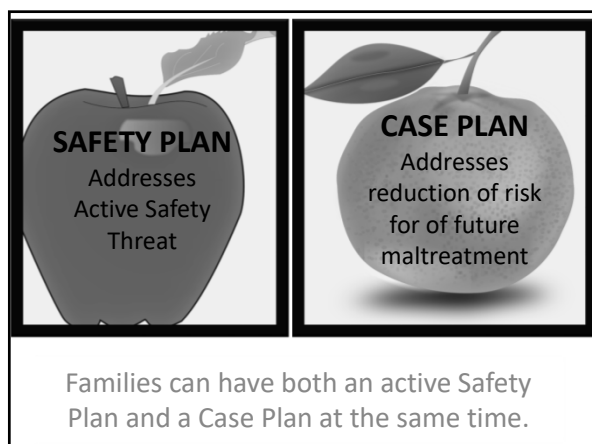
- Introductions
- Focus: How to develop optimal case plans, and to use critical thinking in case plan development
- This workshop will cover:
 - Purpose of the case plan
 - Case Planning process
 - Components of the Case Plan
- WIIFM

Safety Planning vs. Case Planning Understanding the Difference

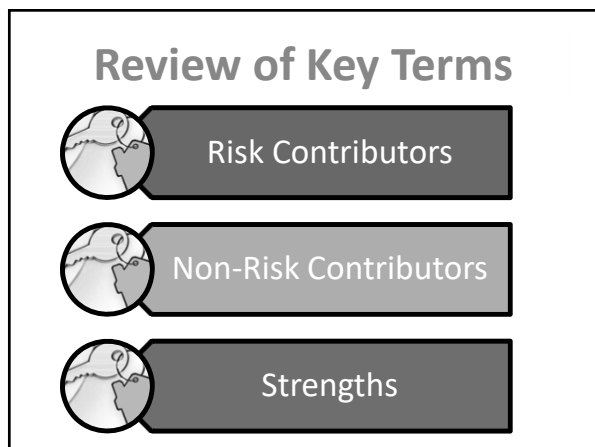


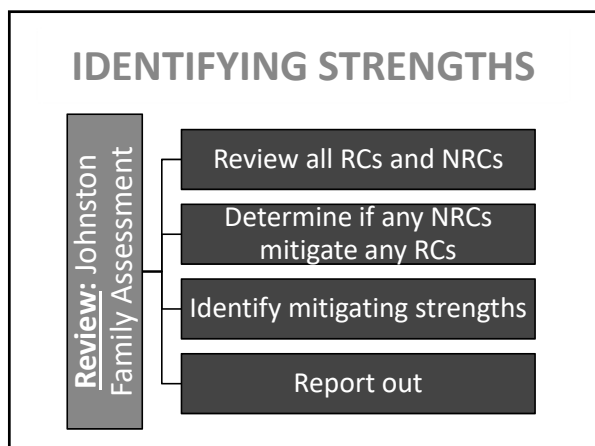


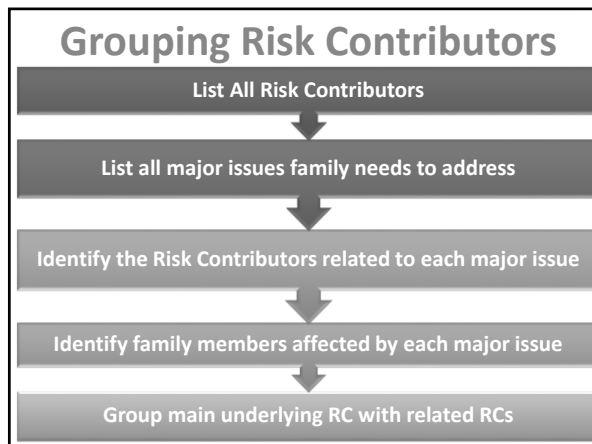


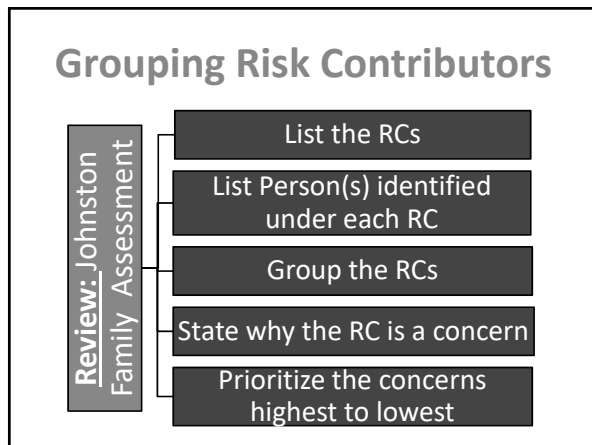


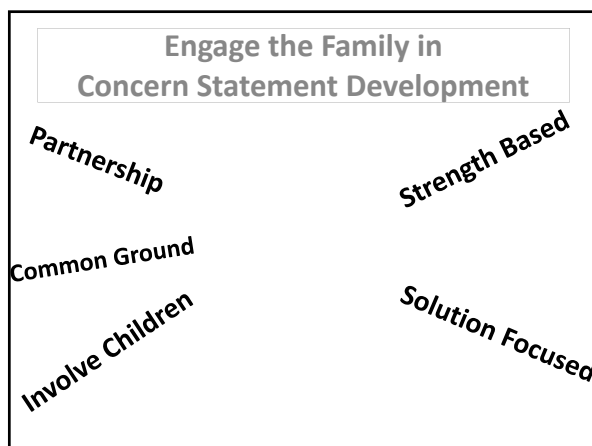


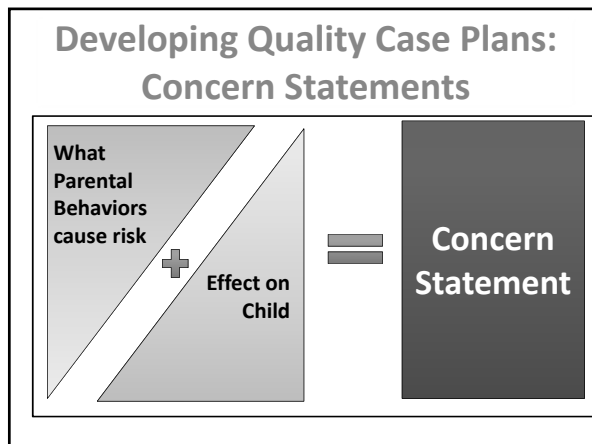












- Developing
Concern Statements**
- ✓ Involve the Family
 - ✓ Include attitudes, beliefs, or knowledge deficits that contribute to maltreatment
 - ✓ Use Clear, Engaging Language
 - ✓ Relay impact of caregiver's behavior in straight forward, non-judgmental language
 - ✓ Be specific to the Family

Concern Statement Example

"Mike 's use of heroin and prescription pain pills prevents him from providing care and supervision to Samson and Anna. Samson and Anna ages 2 and 3 were found, by police, outside without supervision or clothing suitable for the weather."

Well-Written?

Mom's mental health issues and laziness prevent her from providing a clean home for the children. The kitchen is very messy and there is no surface clean enough for her children to eat.

Well-Written?

Due to Sharon's symptoms of depression she often sleeps 16 hours a day, and when awake lacks the energy to complete regular daily activities. As a result she is not able to provide supervision, food, or a clean environment for Shelly (4), Scott (5), and Ryan (7).

Well-Written?

Dad's low cognitive functioning makes him incapable of providing for his toddler and new infant. There was also an insufficient amount of toys and children's items in his home to provide an enriching environment for the children.

Well-Written?

Craig is violent with Cassie, his wife, to the point of causing visible injuries. Craig doesn't seem to care about his children as he becomes violent with Cassie in their presence. Cassie says she is going to leave Craig but never does and puts her needs before the needs of her children.

Well-Written?

Susan's alcohol abuse has led to loss of employment and non-attendance at scheduled appointments to apply for food stamps, utility assistance, and rent assistance. Susan is in danger of being evicted from her apartment, having utilities shut off, and is unable to provide food and appropriate clothing for her two children, Frannie (6), and Dennis (9).

Concern Statement Critique

Review: Original
Johnston Case Plan
Concern Statements

Does it convey how the children are affected by the identified issues?

Is the language clear and free from bias?

Is the concern based on facts?

Is the concern behaviorally specific?

Johnston Concern 1

There have been several reports of domestic violence in the home between Alicia and Robert. On 11/6, an out of home safety plan was in place and the children were visiting in the home with Alicia and Robert. Robert was intoxicated and became upset that the children were being too loud. He then hit Alicia in the face, grabbed her arm and was yelling in her face. He then would not allow Ruby, Barbara, or the children to leave the home. Alicia states that her memory of the children's visit is "fuzzy" and she cannot remember the details. Alicia was observed to have a black eye and abrasions from this day, however she reports she does not know how this happened. Robert was placed in jail for domestic violence charges and resisting arrest.

Johnston Concern 2

Alicia drinks alcohol every day and has blacked out from alcohol consumption. Robert drinks several times a week but denies that he has a problem with alcohol. During a recent visit with the children Robert was intoxicated and became physically violent towards Alicia.

Johnston Concern 3

Mark, Sammie and Naya are too young to report abuse and/or neglect and are more vulnerable to being exposed to abuse and/or neglect. Although Nikki, Jan, and Allie may be capable of reporting abuse and neglect, they may not be able to recognize it as such. Nikki, Jan, and Allie all attend school where they have access to mandated reporters. Mark also attends school three days a week where he has access to mandated reporters. There is a concern that Naya has a fractured skull and the children do not have adequate supervision at times.

Write an Improved Concern Statement

- ✓ Describe Parental Behavior that is placing the child(ren) at risk
- ✓ Describe how Parental Behaviors effect the child(ren)
- ✓ Use clear and easily understood language
- ✓ Be free of bias
- ✓ Be fact based
- ✓ Be behaviorally specific

Well-Written Concern Examples

Concern 1

Robert has repeatedly physically assaulted and thrown household items at Alicia causing physical injuries to Alicia in the form of bruises, a black eye, and superficial cuts. Robert has damaged their property and monitors Alicia's phone usage and repeatedly calls her place of employment to confirm she is at work. The children have witnessed several altercations of violence which have resulted in the children exhibiting out of character behaviors, which have included; overreacting to noises, nightmares, re-enacting physical violence when playing with dolls, and extensive crying.

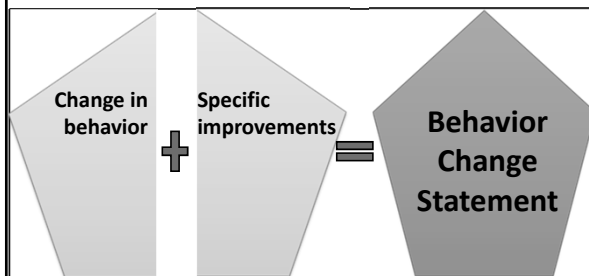
Concern 2

Alicia uses alcohol and marijuana to relieve the stress of her relationship with Robert and being the sole income provider for their family. Alicia is not able to control her use of alcohol and drinks almost every day. Alicia has blacked out due to intoxication while caring for the children, and on one occasion drove with the children while intoxicated. Robert drinks several times a week to the point of intoxication. He is using alcohol to cope with daily stressors.

Concern 3

Alicia and Robert have placed the responsibility on eight year old Nikki to be a primary caregiver for all of the children. Alicia and Robert have frequently left Nikki home alone to care for all the children. Ten month old Naya sustained a head injury when Nikki was caring for all the children overnight. The parents think Nikki is old enough to be responsible for the children by herself, including overnight.

Developing Quality Case Plans: Behavior Change Statements



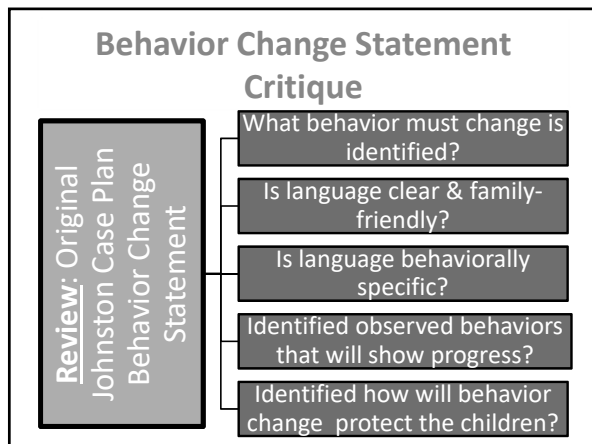
Engage the Family in Developing Behavior Change Statements

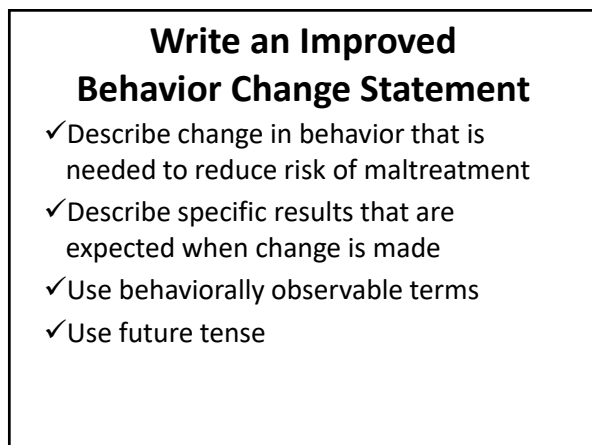
Developing Behavior Change Statements

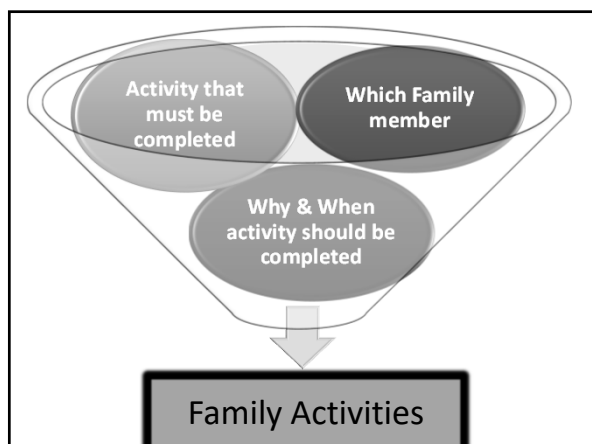
- ✓ Language should be in the future tense
- ✓ Engage the Family
- ✓ Use behaviorally observable terms
- ✓ Utilize the following structure
 - ❖ *First Sentence:* A general description of needed change
 - ❖ *Following Sentence:* The change will result in:
 - ❖ *Bulleted list:* Outcomes, including parents' behavior, related to the concern and care of the children

Example of Behavior Change Statement

- Mike will not use heroin. When Mike does not use heroin he will:
 - Assure the children are supervised by himself or a responsible adult, within sight or sound at all times
 - Take an active role in caring for and nurturing the children (for example: bathing, feeding, dressing, playing with them)
 - Be aware of what his children need.
 - Provide clothing according to weather conditions
 - Attend programs to assist in learning how to appropriately meet his children's needs







Engage the Family in Developing Family Activities

Developing Family Activities

- ✓ Should include Step-by-Step Detail
- ✓ Engage the Family
- ✓ Be transparent and straightforward when discussing non-negotiables
- ✓ Show the link between desired behavior change and the activity
- ✓ Use easy to understand language

Example of Family Activities

POORLY Written Family Activity

“Ms. Wilson will engage in consultation with her doctor to discuss the efficacy of her medication intervention.”

WELL Written Family Activity

“Ms. Wilson will meet with her doctor once a month to talk about how her medication is working for her.”

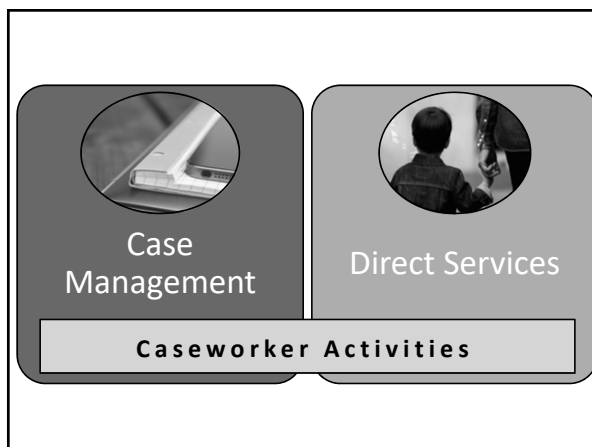
Example of Family Activities

POORLY Written Family Activity

"Father will participate in parenting classes."

WELL Written Family Activity

"Mr. Gomez will participate in monthly parenting education classes to learn how to cope with toilet training and temper tantrums with a toddler."



Developing Caseworker and Service Team Activities

- ✓ Explicitly state activities in clear language
- ✓ Activities should parallel those in the family activities
- ✓ Include linking services, not just referring services
- ✓ Include steps service providers are expected to complete
- ✓ Answer the question "How will the CW/Service Team help the family make this change?"

Examples of Caseworker and Service Team Activities

- “The Counselor at Substance Abuse Services will contact Todd within three days of receiving the referral to schedule the appointment for the initial assessment.”
- “The caseworker will conduct random, unannounced home visits to make sure that dangerous or hazardous items are not within reach of the children.”
- “The caseworker will talk with the substance abuse counselor about Mr. Hernandez’s attendance and progress in treatment.”

Activities Critique

**Review: Original
Johnston Case
Plan Activities**

Is it clear what activities and services must be completed?

Is it clear who will complete the activity?

Is it clear how the activities help achieve desired behavior change?

Is it clear when should be completed?

Write Improved Family Activities

- ✓ What activities should the family complete to make the desired behavior change?
- ✓ Which family member is responsible for completing the activity?
- ✓ When should the activity be completed?
- ✓ Is the language clear and easily understandable?
- ✓ Are there step-by-step instructions?

Write Improved Caseworker and Service Team Activities

- ✓ Is the information specific?
- ✓ Is the language clear and easily understandable?
- ✓ Is there step-by-step information?
- ✓ Is it clear what the family can expect from the caseworker and service team?
- ✓ Are the activities appropriate and reflect best practice?

Developing Quality Case Plans: Behavior Change Measures



Developing How Will the Family's Progress be Measured?

- ✓ Describe specific indicators that are evidence of successful progress towards behavior change
- ✓ Answer the question "What will it look like when this change has occurred?"
- ✓ Describe how the information will be gathered

Developing How Will the Family's Progress be Measured? Cont.

- ✓ Use behaviorally observable terms
- ✓ How will improvements in knowledge, attitude beliefs, or mental health conditions will be evidenced by the parent's behavior change

Example of How Will the Family's Progress be Measured

- Caseworker will observe Ms. Warner's interactions with her children during visits. Evidence of progress in learning and using non-physical discipline would include:
 - Use of discipline strategies such as time-out, natural and logical consequences, restricting privileges or other methods learned from the parent mentor
 - No use of physical discipline such as hitting, punching, spanking, slapping, or pinching.

How Will the Family's Progress be Measured Critique

**Review: Original
Johnston Case Plan
How Will the Family's
Progress be Measured**

- Is the information specific?
- Does it clearly correspond with the desired behavior change?
- Does it specifically outline how direct observations, interviews, and report from service providers will be used to determine if the behaviors change is occurring?

Write Improved How will the Family's Progress be Measured

- ✓ Is the information specific?
- ✓ Is the language clear and easily understandable?
- ✓ Do the measures clearly correspond with the desired behavior change?
- ✓ Does it specifically outline how direct observations, interviews, and report from service providers will be used to determine if the behavior change is occurring?

When should the Family's progress be reviewed?



Share three things you will do differently when Case Planning with families.

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Reminder!

- Your E-Track Certificate email will have a link to the correct survey answers so you can check your work!