



# Medifast Strawberry Crunch Bar

Naturally and Artificially Flavored

65520

## Nutrition Facts

Serving Size 1 bar (32g)  
Servings Per Container 7

### Amount Per Serving

Calories 110      Calories from Fat 25

	% Daily Value*
Total Fat 3g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Potassium 290mg	8%
Total Carbohydrate 13g	4%
Dietary Fiber 4g	16%
Sugars 5g	

### Protein 11g

Vitamin A 20%	•	Vitamin C 20%
Calcium 20%	•	Iron 20%
Vitamin D 20%	•	Vitamin E 20%
Vitamin K 20%	•	Thiamin 20%
Riboflavin 20%	•	Niacin 20%
Vitamin B6 20%	•	Folate 20%
Vitamin B12 20%	•	Biotin 20%
Pantothenic acid 20%	•	Phosphorus 20%
Iodine 20%	•	Magnesium 20%
Zinc 20%	•	Selenium 20%
Copper 20%	•	Manganese 20%
Chromium 20%	•	Molybdenum 20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

## Ingredients:

Soy protein isolate, evaporated cane juice, infused dried cranberries (cranberries, sugar, natural flavors, citric acid, sunflower oil, elderberry juice concentrate), chicory root fiber, brown rice syrup, maltitol syrup, polydextrose, fractionated palm kernel oil, milk protein isolate, natural and artificial flavors, water, sunflower oil, glycerin, rolled oats, nonfat milk, guar gum, rice starch, soy lecithin, distilled monoglycerides, citric acid, malic acid, sucralose, salt.

## Vitamins & Minerals:

Encapsulated potassium phosphate, calcium carbonate, potassium lactate, magnesium oxide, ascorbic acid (vitamin C), ferrous sulfate (iron), vitamin E acetate, niacinamide (vitamin B3), zinc sulfate, manganese sulfate, calcium pantothenate (vitamin B5), copper sulfate, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamin mononitrate (vitamin B1), vitamin A palmitate, chromium chloride, sodium molybdate, folic acid, biotin, sodium selenite, potassium iodide, vitamin K, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

**CONTAINS: SOY AND MILK.**

**MAY CONTAIN: TREE NUTS, PEANUTS AND WHEAT.**

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.