



Medifast Unsweetened Lemon Energy Infuser

Naturally Flavored

72700

Nutrition Facts

Serving Size 1 packet (2.5 grams)

Servings Per Container 21

Amount Per Serving

Calories 5 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Potassium 0mg **0%**

Total Carbohydrate 2g **1%**

Dietary Fiber 1g **4%**

Sugars 0g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

Vitamin B6 10% • Folate 10%

Vitamin B12 10% • Pantothenic Acid 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Dextrin, citric acid, gum acacia, malic acid, lemon juice concentrate, maltodextrin, caffeine, natural flavors, calcium pantothenate, pyridoxine hydrochloride, vitamin B12, folic acid.

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.