



Creamy Chocolate Shake

Naturally Flavored

77815

Nutrition Facts

Serving Size 1 packet (32g)
Servings Per Container 7

Amount Per Serving

Calories 100 Calories from Fat 10

% Daily Value*

Total Fat 1g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 240mg 10%

Potassium 610mg 17%

Total Carbohydrate 12g 4%

Dietary Fiber 4g 16%

Sugars 5g

Protein 14g 28%

Vitamin A 20% • Vitamin C 20%

Calcium 25% • Iron 40%

Vitamin D 50% • Vitamin E 20%

Vitamin K 20% • Thiamin 20%

Riboflavin 20% • Niacin 20%

Vitamin B6 20% • Folate 20%

Vitamin B12 20% • Biotin 20%

Pantothenic Acid 20% • Phosphorus 25%

Iodine 20% • Magnesium 25%

Zinc 25% • Selenium 20%

Copper 35% • Manganese 25%

Chromium 20% • Molybdenum 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: soy protein isolate, fructose, dextrin, cocoa powder (processed with alkali), whey protein concentrate, modified food starch, chicory root inulin, maltodextrin, sucrose, soy lecithin, salt, cellulose gum, gum arabic, stevia extract, natural flavors, xanthan gum, monk fruit extract, carrageenan, nonfat milk, vanilla extract, Bacillus coagulans GBI-30 6086.

Vitamins and Minerals: Calcium phosphate, potassium chloride, magnesium oxide, ascorbic acid (vitamin C), niacinamide (vitamin B3), ferric orthophosphate (iron), zinc oxide, calcium pantothenate (pantothenic acid), vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), copper sulfate, manganese sulfate, riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, chromium chloride, phytonadione (vitamin K), sodium molybdate, sodium selenite, vitamin E acetate, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

CONTAINS: MILK AND SOY

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.