



# Chocolate Fudge Pudding

Naturally Flavored

77940

## Nutrition Facts

Serving Size 1 packet (34.5 g)  
Servings Per Container 7

Amount Per Serving

Calories 110	Calories from Fat 5
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 170mg	7%
Potassium 560mg	16%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	16%
Sugars 8g	
Protein 14g	28%

Vitamin A 20%	• Vitamin C 20%
Calcium 35%	• Iron 30%
Vitamin D 50%	• Vitamin E 20%
Vitamin K 20%	• Thiamin 20%
Riboflavin 20%	• Niacin 20%
Vitamin B6 20%	• Folate 20%
Vitamin B12 20%	• Biotin 20%
Pantothenic Acid 20%	• Phosphorus 25%
Iodine 20%	• Magnesium 25%
Zinc 25%	• Selenium 20%
Copper 30%	• Manganese 20%
Chromium 20%	• Molybdenum 20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Fructose, calcium caseinate, milk protein isolate, soy protein isolate, chicory root inulin, cocoa (processed with alkali), modified corn starch, whey protein concentrate, maltodextrin, xanthan gum, baker's sugar, canola oil, corn syrup solids, gum arabic, silicon dioxide, natural flavor, soy lecithin, monk fruit extract, stevia extract, salt, nonfat milk, sodium caseinate, mono & diglycerides, Bacillus coagulans GBI-30 6086, vanilla extract.

**Vitamins and Minerals:** Potassium chloride, dipotassium phosphate, sodium phosphate, calcium carbonate, magnesium oxide, ascorbic acid (vitamin C), niacinamide (vitamin B3), ferric orthophosphate (iron), zinc oxide, calcium pantothenate (pantothenic acid), vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), copper sulfate, manganese sulfate, riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, chromium chloride, phytonadione (vitamin K), sodium molybdate, sodium selenite, vitamin E acetate, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12)

**CONTAINS: MILK AND SOY.**

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.

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