



Rich Dark Chocolate Shake with Antioxidants

Naturally Flavored

77970

Nutrition Facts

Serving Size 1 sachet (33g)
Servings Per Container 7

Amount Per Serving

Calories 90 Calories from Fat 10

% Daily Value*

Total Fat 1g 2%

 Saturated Fat 0.5g 3%

 Trans Fat 0g

Cholesterol 5mg 2%

Sodium 150mg 6%

Potassium 400mg 11%

Total Carbohydrate 15g 5%

 Dietary Fiber 5g 20%

 Sugars 2g

Protein 13g 24%

Vitamin A 20% • Vitamin C 20%

Calcium 20% • Iron 30%

Vitamin D 50% • Vitamin E 20%

Vitamin K 20% • Thiamin 20%

Riboflavin 25% • Niacin 20%

Vitamin B6 20% • Folate 20%

Vitamin B12 20% • Biotin 20%

Pantothenic Acid 25% • Phosphorus 25%

Iodine 20% • Magnesium 30%

Zinc 25% • Selenium 20%

Copper 30% • Manganese 20%

Chromium 20% • Molybdenum 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Whey protein isolate, cocoa powder, erythritol, calcium caseinate, chicory root inulin, fructose, modified food starch, dextrin, xanthan gum, salt, nutraceutical powder blend (grape seed extract, acai, cherry, cranberry, blueberry, resveratrol), maltodextrin, sunflower lecithin, stevia extract, dextrose, natural flavors, nonfat milk, monk fruit extract, vanilla extract, *Bacillus coagulans* GBI-30 6086, gum arabic.

Vitamins & Minerals: Calcium carbonate, potassium chloride, potassium citrate, potassium monophosphate, magnesium oxide, ascorbic acid (vitamin C), niacinamide (vitamin B3), ferric orthophosphate (iron), zinc oxide, calcium pantothenate (pantothenic acid), vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), copper sulfate, manganese sulfate, riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, chromium chloride, phytonadione (vitamin K), sodium molybdate, sodium selenite, vitamin E acetate, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

CONTAINS: MILK.

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.