



Zesty Lemon Crisp Bar

Naturally Flavored

77975

Nutrition Facts	
Serving Size 1 bar (32g)	
Servings Per Container 7	
Amount Per Serving	
Calories 110	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	5%
Potassium 310mg	9%
Total Carbohydrate 13g	4%
Dietary Fiber 4g	16%
Sugars 5g	
Protein 11g	21%
Vitamin A 20%	• Vitamin C 20%
Calcium 20%	• Iron 20%
Vitamin D 50%	• Vitamin E 20%
Vitamin K 20%	• Thiamin 20%
Riboflavin 20%	• Niacin 20%
Vitamin B6 20%	• Folate 20%
Vitamin B12 20%	• Biotin 20%
Pantothenic Acid 20%	• Phosphorus 20%
Iodine 20%	• Magnesium 20%
Zinc 20%	• Selenium 20%
Copper 20%	• Manganese 20%
Chromium 20%	• Molybdenum 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Soy protein isolate, cane sugar, brown rice syrup, polydextrose, maltitol syrup, chicory root fiber, fractionated palm kernel oil, milk protein isolate, golden raisins, water, sunflower oil, natural flavors, glycerin, nonfat milk, rolled oats, yogurt powder (cultured nonfat milk), guar gum, rice starch, soy lecithin, distilled monoglycerides, citric acid, malic acid, lemon powder, salt, stevia extract, Bacillus coagulans GBI-30 6086.

Vitamins & Minerals: Encapsulated potassium phosphate, calcium carbonate, potassium lactate, magnesium oxide, ascorbic acid (vitamin C), ferrous sulfate (iron), vitamin E acetate, niacinamide (vitamin B3), zinc sulfate, manganese sulfate, calcium pantothenate, copper sulfate, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamin mononitrate (vitamin B1), vitamin A palmitate, chromium chloride, sodium molybdate, folic acid, biotin, sodium selenite, potassium iodide, vitamin K, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

**CONTAINS: MILK, SOY, AND SULPHITES
MAY CONTAIN: TREE NUTS, PEANUTS AND WHEAT.**

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.

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