



Beef & Garden Vegetable Soup

Naturally Flavored

77990

Nutrition Facts	
Serving Size 1 sachet (31 g)	
Servings Per Container 7	
Amount Per Serving	
Calories 100	Calories from Fat 10
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 360mg	15%
Potassium 420mg	12%
Total Carbohydrate 14g	5%
Dietary Fiber 4g	16%
Sugars 3g	
Protein 11g	22%
Vitamin A 35% • Vitamin C 30%	
Calcium 30% • Iron 35%	
Vitamin D 50% • Vitamin E 20%	
Vitamin K 20% • Thiamin 25%	
Riboflavin 25% • Niacin 25%	
Vitamin B6 20% • Folate 20%	
Vitamin B12 20% • Biotin 20%	
Pantothenic Acid 20% • Phosphorus 20%	
Iodine 20% • Magnesium 20%	
Zinc 25% • Selenium 20%	
Copper 25% • Manganese 25%	
Chromium 20% • Molybdenum 20%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Soy protein isolate, dried beef, potato starch, tomato, inulin, potatoes, yeast extract, carrots, green beans, cabbage, xanthan gum, onion, salt, celery, black pepper, soy lecithin, gum arabic, oregano, parsley, natural flavors, silicon dioxide, onion powder, canola oil, garlic powder, maltodextrin, sunflower oil, Bacillus coagulans GBI-30 6086.

Vitamins & Minerals: Calcium phosphate, potassium chloride, calcium carbonate, magnesium oxide, ascorbic acid (vitamin C), niacinamide (vitamin B3), ferric orthophosphate (iron), zinc oxide, calcium pantothenate (pantothenic acid), vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), copper sulfate, manganese sulfate, riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, chromium chloride, phytonadione (vitamin K), sodium molybdate, sodium selenite, vitamin E acetate, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

CONTAINS: SOY

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.