



# Mocha Blast Shake

Naturally Flavored

78055

<b>Nutrition Facts</b>	
Serving Size 1 sachet (33 g)	
Servings Per Container 7	
Amount Per Serving	
<b>Calories 110</b>	<b>Calories from Fat 10</b>
% Daily Value*	
<b>Total Fat 1g</b>	<b>2%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 240mg</b>	<b>10%</b>
<b>Potassium 610mg</b>	<b>17%</b>
<b>Total Carbohydrate 13g</b>	<b>4%</b>
Dietary Fiber 4g	16%
Sugars 7g	
<b>Protein 14g</b>	<b>28%</b>
Vitamin A 20%	• Vitamin C 20%
Calcium 25%	• Iron 35%
Vitamin D 50%	• Vitamin E 20%
Vitamin K 20%	• Thiamin 20%
Riboflavin 20%	• Niacin 20%
Vitamin B6 20%	• Folate 20%
Vitamin B12 20%	• Biotin 20%
Pantothenic Acid 20%	• Phosphorus 25%
Iodine 20%	• Magnesium 25%
Zinc 25%	• Selenium 20%
Copper 20%	• Manganese 25%
Chromium 20%	• Molybdenum 20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Soy protein isolate, sugar, whey protein concentrate, dextrin, cocoa (processed with alkali), chicory root inulin, instant Brazilian coffee, soy lecithin, salt, cellulose gum, maltodextrin, silicon dioxide, stevia extract, xanthan gum, natural flavors, carrageenan, gum arabic, Bacillus coagulans GBI-30 6086, monk fruit extract.

**Vitamins & Minerals:** Calcium phosphate, potassium chloride, magnesium oxide, ascorbic acid (vitamin C), niacinamide (vitamin B3), ferric orthophosphate (iron), zinc oxide, calcium pantothenate (pantothenic acid), vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), copper sulfate, manganese sulfate, riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, chromium chloride, phytonadione (vitamin K), sodium molybdate, sodium selenite, vitamin E acetate, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

**CONTAINS: MILK AND SOY**

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.

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