



OPTAVIA.

Chocolate Cherry Ganache Bar

(with Dried Cherries, Pomegranate, and Chia Seeds)

Naturally Flavored

65957

Nutrition Facts

Serving Size 1 Bar (33g)
Servings Per Container 7

Amount Per Serving

Calories 110 **Calories from Fat 25**

% Daily Value*

Total Fat 3g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Potassium 290mg	8%
Total Carbohydrate 14g	5%
Dietary Fiber 4g	16%
Sugars 6g	
Protein 11g	21%

Vitamin A 20%	•	Vitamin C 20%
Calcium 20%	•	Iron 25%
Vitamin D 20%	•	Vitamin E 20%
Vitamin K 20%	•	Thiamin 20%
Riboflavin 20%	•	Niacin 20%
Vitamin B6 20%	•	Folate 20%
Vitamin B12 20%	•	Biotin 20%
Pantothenic Acid 20%	•	Phosphorus 20%
Iodine 20%	•	Magnesium 20%
Zinc 20%	•	Selenium 20%
Copper 25%	•	Manganese 20%
Chromium 20%	•	Molybdenum 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Soy protein isolate, brown rice syrup, invert cane syrup, isomalto-oligosaccharides, glycerine, cocoa (processed with alkali), casein, unsweetened chocolate, dried cherries (cherries, sunflower oil), high oleic sunflower oil with tocopherols (added to protect flavor), inulin, water, maple syrup, natural flavor, tapioca starch, calcium caseinate, ground almonds, citrus fiber, maltodextrin, soy lecithin, pomegranate powder, roasted soybeans, chia seeds, stevia extract, almonds, nonfat milk, *Bacillus coagulans* GBI-30 6086, high oleic sunflower oil, salt.

Vitamins & Minerals: Calcium phosphate, potassium phosphate, magnesium oxide, ascorbic acid (vitamin C), ferrous sulfate (iron), zinc sulfate, alpha-tocopherol acetate (vitamin E), niacinamide (vitamin B3), calcium pantothenate (vitamin B5), copper sulfate, manganese sulfate, vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), chromium chloride, folic acid, biotin, potassium iodide, sodium molybdate, sodium selenite, phytonadione (vitamin K1), vitamin D3, vitamin B12.

CONTAINS: MILK, SOY, AND ALMONDS.

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.