



Creamy Vanilla Shake

Naturally Flavored

77820

Nutrition Facts	
Serving Size 1 packet (32g) Servings Per Container 7	
Amount Per Serving	
Calories 110	Calories from Fat 5
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 250mg	10%
Potassium 500mg	14%
Total Carbohydrate 13g	4%
Dietary Fiber 4g	16%
Sugars 7g	
Protein 14g	28%
Vitamin A 20%	• Vitamin C 20%
Calcium 25%	• Iron 35%
Vitamin D 50%	• Vitamin E 20%
Vitamin K 20%	• Thiamin 20%
Riboflavin 20%	• Niacin 20%
Vitamin B6 20%	• Folate 20%
Vitamin B12 20%	• Biotin 20%
Pantothenic Acid 20%	• Phosphorus 25%
Iodine 20%	• Magnesium 20%
Zinc 25%	• Selenium 20%
Copper 30%	• Manganese 25%
Chromium 20%	• Molybdenum 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Soy protein isolate, fructose, dextrin, whey protein concentrate, modified corn starch, maltodextrin, soy lecithin, salt, cellulose gum, erythritol, natural flavor, stevia extract, xanthan gum, carrageenan, vanilla extract, monk fruit extract, nonfat milk, medium chain triglycerides, Bacillus coagulans GBI-30 6086.

Vitamins and Minerals: Calcium phosphate, potassium chloride, magnesium oxide, ascorbic acid (vitamin C), niacinamide (vitamin B3), ferric orthophosphate (iron), zinc oxide, calcium pantothenate (pantothenic acid), vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), copper sulfate, manganese sulfate, riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, chromium chloride, phytonadione (vitamin K), sodium molybdate, sodium selenite, vitamin E acetate, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

CONTAINS: MILK AND SOY.

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.