



Hearty Red Bean & Vegetable Chili

Naturally Flavored

77890

Nutrition Facts	
Serving Size 1 sachet (35g)	
Servings Per Container 7	
Amount Per Serving	
Calories 110	Calories from Fat 10
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	16%
Potassium 570mg	16%
Total Carbohydrate 15g	5%
Dietary Fiber 4g	16%
Sugars 4g	
Protein 12g	24%
Vitamin A 50%	• Vitamin C 40%
Calcium 25%	• Iron 35%
Vitamin D 50%	• Vitamin E 20%
Vitamin K 20%	• Thiamin 40%
Riboflavin 25%	• Niacin 20%
Vitamin B6 20%	• Folate 20%
Vitamin B12 20%	• Biotin 20%
Pantothenic Acid 20%	• Phosphorus 20%
Iodine 20%	• Magnesium 25%
Zinc 20%	• Selenium 20%
Copper 20%	• Manganese 40%
Chromium 20%	• Molybdenum 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients: Red beans, textured soy protein concentrate, tomato, soy protein isolate, chili powder (chili peppers, salt, cumin, oregano, garlic), inulin, carrot, yeast extract, salt, onion, celery, canola oil, cumin, green pepper, sugar, garlic powder, natural flavor, silicon dioxide, soy lecithin, maltodextrin, *Bacillus coagulans* GBI30-6086.

Vitamins & Minerals: Calcium phosphate, calcium carbonate, potassium monophosphate, magnesium oxide, ascorbic acid (vitamin C), niacinamide (vitamin B3), ferric orthophosphate (iron), zinc oxide, calcium pantothenate (pantothenic acid), vitamin A palmitate, pyridoxine hydrochloride (vitamin B6), copper sulfate, manganese sulfate, riboflavin (vitamin B2), thiamine mononitrate (vitamin B1), folic acid, biotin, potassium iodide, chromium chloride, phytonadione (vitamin K), sodium molybdate, sodium selenite, vitamin E acetate, cholecalciferol (vitamin D3), cyanocobalamin (vitamin B12).

CONTAINS: SOY

Product information may change over time. Therefore, the ingredient label on the package is always the best source for that specific item.