

TM-CONCUSSION (100243)

Category: Neurologic

Scheduled appt type: _____

CC _____

HPI _____ Date of Injury: Mechanism of Injury: Prior Hx of concussions/head injury:

freeform ROS _____

Structured ROS

Pert: not sleeping well	_____
Pert: fatigue	_____
Pert: headache	_____
Pert: sleeping more than usual	_____
Pert: sleeping less than usual	_____
Pert: drowsiness	_____
Pert: trouble falling asleep	_____
Pert: change in visual acuity	_____
Pert: photophobia	_____
Pert: pain in or around eyes	_____
Pert: double vision	_____
Pert: sensitivity to light	_____
Pert: ringing in ears	_____
Pert: change in hearing	_____
Pert: sensitivity to noise	_____
Pert: dizziness	_____
Pert: feeling of cold sweats, shakiness, weakness	_____
Pert: nausea	_____
Pert: vomiting	_____
Pert: decreased appetite	_____
Pert: headaches that are worse in the morning	_____
Pert: morning vomiting	_____
Pert: change in short term memory	_____
Pert: numbness or tingling	_____

Pert: change in language, academic or work performance	_____
Pert: fine motor difficulties	_____
Pert: headaches increasing in severity or frequency	_____
Pert: balance problems	_____
Pert: feeling mentally foggy	_____
Pert: problems concentrating	_____
Pert: problems remembering	_____
Pert: feeling more slowed down	_____
Pert: emotionally labile	_____
Pert: irritability	_____
Pert: sadness	_____
Pert: nervousness	_____

Structured exam

NL: general appearance: alert, pleasant, not ill appearing, no distress	alert, pleasant, no distress
NL: conjunctivae & lids: pink & moist	_____
NL: pupils & irises: PERRLA	as demonstrated with caregiver assistance with examiner visualization virtually
Pert: horizontal saccades	as demonstrated with caregiver assistance with examiner visualization virtually
Pert: vertical saccades	as demonstrated with caregiver assistance with examiner visualization virtually
NL: nares (nasal mucosa, septum and turbinates): clear	_____
NL: oropharynx: moist mucous membranes, without pharyngeal erythema or intraoral lesions	, tongue protrudes midline without fasciculations
NL: without meningeal signs	_____
NL: respiratory effort: no retractions, no tachypnea	_____
NL: extremities: no edema, brisk capillary refill	,as observed by provider with instructions to caregiver/patient
NL: abdomen: soft, nontender/nondistended, normal bowel sounds, no mass	_____
NL: gait and station	normal heel-toe walk forward and backward, Romberg: negative
NL: inspection (includes subcutaneous tissue): no rash	_____
NL: age appropriate gait & coordination on observation	_____
NL: age appropriate social/language interaction	_____
Pert: Extraocular movements	, intact as observed visually assisted by caregiver/patient guided instructions
	observed through virtual interface

Pert: heel to toe walking	following instructions by examiner
NL: orientation to time, place & person	_____
NL: recent & remote memory	_____
NL: mood & affect	_____

Remaining template documentation elements

Counseling:	_____
Coordination of Care:	_____
Diagnosis:	Concussion without loss of consciousness, initial encounter(S06.0x0A)
Assessment:	Concussion with post-concussive headache
Plan:	History reviewed and exam considered with limitations acknowledged due to nature of virtual visit through a synchronous telecommunications system Discussed at length with patient/family Need to promote brain rest to assist with healing while balancing most recent recommendations about return to activity. Suggest: 1. Return to school half days: 2. If headaches remain 4 or less and symptoms manageable, increase to full day of school: 3. Add homework: 4. Light activity (jogging/running) but no contact sports beginning: 5. Gym at school: 6. Advance physical activities according to return to play protocols 7. Standardized testing: Monitor for worsening of symptoms, lack of slow improvement over next week Discussed under what circumstances a face-to-face office visit would be appropriate Follow-up: If not improving, or worsening, consider referral to Sports Performance/Concussion team for additional evaluation
Patient Instructions:	

Remaining workflow elements

Procedures

Orders
