

TM-NOCTURNAL ENURESIS (100237)

Category: Genitourinary

Scheduled appt type: _____

CC _____

HPI Initially toilet trained day: Initially toilet trained PM: Stressors: Family history of nocturnal enuresis:

freeform
ROS _____

Structured ROS

Denies: fever/chills	_____
Pert: not sleeping well	_____
Denies: weight loss or gain	_____
Denies: vomiting	_____
Denies: diarrhea	_____
Pert: constipation	_____
Denies: decreased appetite	_____
Denies: dysuria	_____
Pert: urinary frequency	_____
Pert: change in urinary stream	_____
Pert: history of UTIs	_____

Structured exam

NL: general appearance: alert, pleasant, not ill appearing, no distress	_____
NL: conjunctivae & lids: pink & moist	, no pallor or icterus (asked patient/parent to pull down lower eyelids to assess sclera and conjunctiva which was observed via video connection)
NL: external ears & nose	_____
NL: nares (nasal mucosa, septum and turbinates): clear	through video connection anterior nares inspected and clear without nasal flaring
NL: oropharynx: moist mucous membranes, without pharyngeal	, through video connection limited oropharynx inspection

erythema or intraoral lesions	completed and normal
NL: without meningeal signs	patient/parent asked to flex and extend neck without any difficulty on visualization or compensatory elevation of shoulders
NL: respiratory effort: no retractions, no tachypnea	, also no audible grunting, Kussmaul respirations or other indication for increased work of breathing
NL: extremities: no edema, brisk capillary refill	, with cooperation of patient/parent through video visualization of good perfusion with brisk capillary refill confirmed (asking patient/parent to demonstrate)
NL: inspection (includes subcutaneous tissue): no rash	, no rash, no petechiae or bruising or other markings of skin

Remaining template documentation elements

Counseling:	_____
Coordination of Care:	_____
Diagnosis:	Nocturnal enuresis(N39.44)
Assessment:	_____
Plan:	History reviewed and exam considered with limitations acknowledged due to nature of virtual visit through a synchronous telecommunications system Discussed nocturnal enuresis with family Differential diagnosis also includes urinary tract infection, inability to concentrate urine, IDDM however exam, history and clinical course not consistent with those diagnoses at this time Discussed pathophysiology of enuresis, expectations Provided information on alarms and/or DDAVP if appropriate Also discussed observation may be equally appropriate Observe closely for signs of constipation Treatment approach at this time: If not improving or worrisome other symptoms would consider getting urine same for urinalysis and/or culture Discussed under what circumstances a face-to-face office visit would be

	appropriate recheck in office prn
Patient Instructions:	

Remaining workflow elements

Procedures

Orders