

# TM-ORAL ULCER (100200)

Category: Ears, Nose, Mouth, Throat

Scheduled appt type: \_\_\_\_\_

CC \_\_\_\_\_

HPI Recent medications: none

freeform ROS \_\_\_\_\_

## Structured ROS

Denies: fever/chills	_____
Pert: not sleeping well	_____
Pert: loss of appetite	_____
Denies: red eyes or eye drainage	_____
Pert: sore throat	_____
Reports: mouth ulcers	_____
Denies: dental problems or bleeding gums	_____
Denies: difficulty swallowing	_____
Pert: Comments:	+ uses pacifier
Denies: runny nose and/or nasal congestion	_____
Denies: ear pain	_____
Denies: daytime cough	_____
Denies: nighttime cough disturbing sleep	_____
Denies: nausea	_____
Denies: vomiting	_____
Denies: diarrhea	_____
Denies: rashes or dry skin	_____
Denies: history of recurrent infections	_____

## Structured exam

NL: general appearance: alert, pleasant, not ill appearing, no distress	_____
NL: conjunctivae & lids: pink &	, no pallor or icterus (asked patient/parent to pull down

moist	lower eyelids to assess sclera and conjunctiva which was observed via video connection)
NL: external ears & nose	_____
NL: nares (nasal mucosa, septum and turbinates): clear	through video connection anterior nares inspected and clear without nasal flaring
ABNL: oropharynx: moist mucous membranes, without pharyngeal erythema or intraoral lesions	, through video connection limited oropharynx inspection completed and anterior ulcers on gum line/oral mucosa with mild swelling/erythema at base of ulcer(s)
NL: without meningeal signs	patient/parent asked to flex and extend neck without any difficulty on visualization or compensatory elevation of shoulders
NL: respiratory effort: no retractions, no tachypnea	, also no audible grunting or other indication for increased work of breathing
NL: extremities: no edema, brisk capillary refill	, with cooperation of patient/parent through video visualization of good perfusion with brisk capillary refill confirmed (asking patient/parent to demonstrate)
NL: inspection (includes subcutaneous tissue): no rash	, no rash, no petechiae or bruising or other markings of skin

Remaining template documentation elements

<b>Counseling:</b>	_____
<b>Coordination of Care:</b>	_____
<b>Diagnosis:</b>	Other lesions of oral mucosa(K13.79)
<b>Assessment:</b>	_____
<b>Plan:</b>	History reviewed and exam considered with limitations acknowledged due to nature of virtual visit through a synchronous telecommunications system No evidence of systemic illness or process Discussed with parent/patient causes of oral ulcers which include mechanical injury, viral or aphthous ulcers (which are recurring ulcers with no known cause that affect around 20 per cent of the population) No specific therapy, should resolve on own within 7-10 days In meantime symptomatic therapy if interfering with eating Avoid acidic, salty and scratchy foods Call if no better 5 days, sooner for change/concerns/not

	drinking well or other symptoms Discussed under what circumstances a face-to-face office visit would be appropriateHistory reviewed and exam considered with limitations acknowledged due to nature of virtual visit recheck prn
<b>Patient Instructions:</b>	

**Remaining workflow elements**

**Procedures**

---

**Orders**

---