

# TM-AMENORRHEA (SECONDARY) (100235)

Category: Genitourinary

Scheduled appt type: \_\_\_\_\_

CC \_\_\_\_\_  
HPI \_\_\_\_\_ Menarche: LMP: \_\_\_\_\_  
freeform ROS \_\_\_\_\_

## Structured ROS

Denies: fever/chills	_____
Denies: fatigue	_____
Denies: weight loss or gain	_____
Denies: headache	_____
Denies: red eyes or eye drainage	_____
Denies: change in visual fields	_____
Denies: daytime cough	_____
Denies: nighttime cough disturbing sleep	_____
Denies: palpitations	_____
Denies: change in exercise tolerance	_____
Denies: nausea	_____
Denies: vomiting	_____
Denies: diarrhea	_____
Denies: constipation	_____
Denies: blood in stool	_____
Denies: unexplained weight loss	_____
Denies: cramping	_____
Denies: dysuria	_____
Denies: urinary frequency	_____
Denies: flank pain	_____
Pert: Comments:	Sexual Activity:
Pert: dysmenorrhea	_____
Pert: irregular periods	_____
Pert: spotting	_____

Denies: muscle aches (myalgias)	_____
Denies: rashes or dry skin	_____
Denies: skin tone or texture changes	_____
Denies: increased acne	_____
Denies: hair texture or color changes	_____
Denies: easy bruising	_____
Denies: history of anemia	_____
Denies: feeling more tired than usual	_____
Denies: fatigue	_____
Denies: polydipsia	_____
Denies: polyuria	_____
Denies: cold intolerance	_____
Denies: constipation	_____
Denies: hair or skin texture changes	_____
Denies: weight change	_____
Denies: skin pigmentation changes	_____

Structured exam

NL: general appearance: alert, pleasant, not ill appearing, no distress	_____
NL: conjunctivae & lids: pink & moist	, no pallor or icterus (asked patient/parent to pull down lower eyelids to assess sclera and conjunctiva which was observed via video connection)
NL: external ears & nose	_____
NL: nares (nasal mucosa, septum and turbinates): clear	through video connection anterior nares inspected and clear without nasal flaring
NL: oropharynx: moist mucous membranes, without pharyngeal erythema or intraoral lesions	, through video connection limited oropharynx inspection completed and normal
NL: neck: supple, trachea midline, no masses or significant adenopathy	, with limited virtual inspection no obvious thyroid enlargement/goiter
NL: respiratory effort: no retractions, no tachypnea	, also no audible grunting or other indication for increased work of breathing
NL: extremities: no edema, brisk capillary refill	, with cooperation of patient/parent through video visualization of good perfusion with brisk capillary refill confirmed (asking patient/parent to demonstrate)
NL: inspection (includes subcutaneous tissue): no rash	, no rash, no petechiae or bruising or other markings of skin, no increased hair distribution/hirsutism

Remaining template documentation elements

Counseling:	
Coordination of Care:	
Diagnosis:	Secondary amenorrhea(N91.1)
Assessment:	
Plan:	History reviewed and exam considered with limitations acknowledged due to nature of virtual visit through a synchronous telecommunications system Discussed with patient/parent lack of menstruation Risk for pregnancy discussed and arrangements made for pregnancy test if indicated Other causes of secondary amenorrhea discussed including low body weight, thyroid abnormalities, anovulatory cycles. Consideration given to the following blood work if indicated and appropriate: Consider trial of Provera or cycling on oral contraceptives Discussed consideration of referral to GYN If labs ordered, phone, email or virtual follow up after results obtained Discussed under what circumstances a face-to-face office visit would be appropriate Recheck in office prn
Patient Instructions:	

Remaining workflow elements

Procedures

Orders