

TM-CONSTIPATION (100211)

Category: Gastrointestinal

Scheduled appt type: _____

CC _____

HPI History of constipation

freeform ROS _____

Structured ROS

Denies: fever/chills	_____
Denies: fatigue	_____
Denies: weight loss or gain	_____
Denies: malaise	_____
Denies: red eyes or eye drainage	_____
Denies: sore throat	_____
Denies: mouth ulcers	_____
Denies: runny nose and/or nasal congestion	_____
Denies: ear pain	_____
Denies: daytime cough	_____
Denies: nighttime cough disturbing sleep	_____
Pert: nausea	_____
Pert: vomiting	_____
Reports: constipation	_____
Pert: localized abdominal pain	_____
Pert: blood in stool	_____
Pert: cramping	_____
Pert: rectal bleeding	_____
Pert: diffused abdominal pain	_____
Pert: decreased appetite	_____
Pert: dysuria	_____
Pert: urinary frequency	_____
Denies: enuresis	_____
Denies: cold intolerance	_____

Denies: hair or skin texture changes	
--------------------------------------	--

Structured exam

NL: general appearance: alert, pleasant, not ill appearing, no distress	
NL: conjunctivae & lids: pink & moist	, no pallor or icterus (asked patient/parent to pull down lower eyelids to assess sclera and conjunctiva which was observed via video connection)
NL: external ears & nose	
NL: nares (nasal mucosa, septum and turbinates): clear	through video connection anterior nares inspected and clear without nasal flaring
NL: oropharynx: moist mucous membranes, without pharyngeal erythema or intraoral lesions	, through video connection limited oropharynx inspection completed and normal
NL: without meningeal signs	patient/parent asked to flex and extend neck without any difficulty on visualization or compensatory elevation of shoulders
NL: respiratory effort: no retractions, no tachypnea	, also no audible grunting or other indication for increased work of breathing
NL: extremities: no edema, brisk capillary refill	, with cooperation of patient/parent through video visualization of good perfusion with brisk capillary refill confirmed (asking patient/parent to demonstrate)
NL: Findings:	no gross distension of abdomen
NL: inspection (includes subcutaneous tissue): no rash	, no rash, no petechiae or bruising or other markings of skin

Remaining template documentation elements

Counseling:	
Coordination of Care:	
Diagnosis:	Constipation, unspecified(K59.00)
Assessment:	
	History reviewed and exam considered with limitations acknowledged due to nature of virtual visit through a synchronous telecommunications system Most likely diagnosis is functional constipation as patient not ill appearing and no other concerning signs or symptoms Discussed constipation at length, its

Plan:	causes and treatments Discussed increasing fruits and fiber in diet as well as adequate fluid intake. Also discussed responding to body cues of need to stool Medication trial of: Call if no better 1 week Discussed under what circumstances a face-to-face office visit would be appropriate recheck in office prn
Patient Instructions:	

Remaining workflow elements

Procedures

Orders
