Pediatric Care Advice (PCA) - Anatomical Index 2020

Abdomen or Digestive Symptoms	
	Abdominal Pain - Stress Related
	Abdominal Pain - Symptom
	Anal Fissure
	Anal Itching
	Constipation - Bowel Cleanout for Stool Impaction
	Constipation (Age 1-5)
	Constipation (Age 6-21)
	Constipation (Baby)
	Diarrhea (Age 1-5)
	Diarrhea (Age 6-21)
	Diarrhea (Baby on Breastmilk)
	Diarrhea (Baby on Formula)
	Diarrhea on Antibiotics
	Food Allergy
	Food Poisoning
	Hernia - Inguinal
	Pinworm Seen
	Stools - Unusual Color
	Vomiting (Age 1-5)
	Vomiting (Age 6-21)
	Vomiting (Baby on Breastmilk)
	Vomiting (Baby on Formula)
Arm or Leg Symptoms	
	Arm Injury
	Arm Pain - Muscle Strain
	Arm Pain - Symptom
	Finger Injury
	Growing Pains
	Joint Hypermobility Syndrome (Normal Loose Joints)
	Leg Injury
	Leg Pain - Muscle Cramps
	Leg Pain - Muscle Strain

	Leg Pain - Symptom
	Toe Injury
	Toenail - Ingrown
Behavior Problems	
	Behavior Training - Consequences
	Behavior Training - Rules and Discipline Basics
	Biting
	Hitting and Aggressive Behavior
	Incentives for Motivating Children
	School Avoidance
	Sibling Rivalry Toward a Newborn
	Siblings Arguing
	Spoiled Children - Prevention
	Stubborn Toddler
	Temper Tantrums
	Time-Out Technique
	Whining and Pestering
Bites / Stings	
	Animal Bite
	Bed Bug Bite
	Bee or Yellow Jacket Sting
	Fire Ant Sting
	Human Bite
	Insect Bite
	Lyme Disease
	Mosquito Bite
	Spider Bite
	Tick Bite
Chest or Breathing Symptoms	
	Asthma Attack
	Breath-Holding Spell
	Bronchiolitis (RSV)
	Chest Pain - Sore Muscles
	Chest Pain - Symptom
	Coronavirus (COVID-19) - Diagnosed or Suspected
	Coronavirus (COVID-19) Exposure - No Symptoms

	Coronavirus (COVID-19) Prevention
	Cough - Allergic
	Cough - Symptom (Age 0-5)
	Cough - Symptom (Age 6-21)
	Cough - Viral (Age 0-5)
	Cough - Viral (Age 6-21)
	Coughs and Colds: Medicines or Home Remedies?
	Croup
	Heartburn
	Influenza Exposure
	Influenza Seasonal (Age 0-5)
	Influenza Seasonal (Age 6-21)
	Laryngitis - Allergic
	Laryngitis - Viral
	Pneumonia - Bacterial
	Pneumonia - Viral
Ear Symptoms	
	Ear - Congestion
	Ear - Swimmer's
	Ear - Touching Habit (Normal)
	Ear Canal - Itchy
	Ear Fluid (Middle Ear Effusion)
	Ear Infection - Bacterial
	Ear Infection - Ruptured Eardrum
	Ear Infection - Viral
	Ear Infections - Prevention
	Ear Injury
	Ear Pierced (Healed) - Minor Infection
	Ear Pierced (New) - Minor Infection
	Ear Tube Surgery
	Earache - From Air Travel
	Earache - Symptom
	Earwax Buildup
Eating Problems	
	Appetite Slump - Young Child
	Baby Bottle Tooth Decay - Prevention

	Overweight Older Child - Prevention and Treatment
	Overweight Toddler - Preventing Over-Feeding and Over-Eating
	Picky Eater
	Solid Foods (Baby Foods)
	Thin Body Type (Normal Slenderness)
	Weaning From the Bottle - 12 Months or Older
	Weaning From the Bottle - Before 12 Months
	Weaning From the Breast - 12 Months or Older
	Weaning From the Breast - Before 12 Months
Eye Symptoms	
	Chalazion (Lump on Eyelid)
	Eye Allergy
	Eye Foreign Body
	Eye Infection - Bacterial
	Eye Infection - Viral
	Eye Injury
	Eye Irritation
	Eye Pink - Symptom
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Fever Symptoms	Sty
Fever Symptoms	Acetaminophen (Tylenol) Dosage Table
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Fever Symptoms	Acetaminophen (Tylenol) Dosage Table Fever - Facts Versus Myths
Fever Symptoms	Acetaminophen (Tylenol) Dosage Table Fever - Facts Versus Myths Fever - How to Take the Temperature
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Fever Symptoms Genital or Urinary Symptoms	Acetaminophen (Tylenol) Dosage Table Fever - Facts Versus Myths Fever - How to Take the Temperature Fever (Age 0-5) Fever (Age 6-21) Heat Reactions
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	Vulvitis from Soap
Head or Brain Symptoms	
	Dizziness - From Dehydration
	Dizziness - From Sudden or Prolonged Standing
	Dizziness - Symptom
	Hair Loss - From Hair Twisting Habit
	Hair Loss - From Severe Stress
	Hair Loss - From Tight Hair Style
	Head Injury
	Headache - Migraine
	Headache - Muscle Tension
	Headache - Symptom
	Lice - Head
	Motion Sickness
Miscellaneous - Other	
	Antibiotics - When Do They Help?
	Emergency Symptoms Not to Miss
	Vaccine Concerns - You're Undecided
	Vaccine Reactions - Normal
	Vaccine Reactions - Specific Details
	Vaccines - Infections They Prevent
Mouth / Teeth / Throat Symptoms	
	Canker Sores
	Cold Sores (Fever Blisters)
	Drinking Fluids During Illness
	Herpangina
	Herpes Gingivostomatitis
	Medication - Giving Liquid Medicine to Cooperative Child
	Medication - Giving Pills to Cooperative Child
	Medication - Refusal to Take
	Mono (Infectious Mononucleosis)
	Mouth Injury
	Mouth Ulcers (Mouth Sores) - Symptom
	Oral Allergy Syndrome
	Perioral Food Rash
	Sore Throat - Symptom

	Strep Exposure
	Teething
	Throat Infection - Viral
	Throat Infection - Strep
	Tongue - Geographic
	Tonsil Infection - Strep
	Tonsil Infection - Viral
	Tooth Injury
	Toothache
Neck or Back Symptoms	
	Back Pain - Muscle Strain
	Back Pain - Symptom
	Neck Pain - Muscle Strain
Newborn or Infant Problems	
	Bottle-Feeding (Formula) Questions
	Breastfeeding - Baby Questions
	Breastfeeding - Milk and Feeding Questions
	Breastfeeding - Mother's Breast Symptoms
	Breastfeeding - Mother's Diet and Alcohol Use
	Breastfeeding - Mother's Illness
	Breastfeeding - Mother's Medicines and Smoking
	Circumcision Problems
	Colic (Crying Baby)
	Cradle Cap
	Diaper Rash
	Jaundiced Newborn
	Newborn - Flying and Mountain Travel
	Newborn Appearance
	Newborn Birthmarks
	Newborn Illness - How To Recognize
	Newborn Rashes
	Newborn Reflexes and Behaviors
	Pacifiers
	Spitting Up (Normal Reflux)
	Tear Duct - Blocked
	Thrush

	Umbilical Cord - Bleeding
	Umbilical Cord - Cord Care
	Umbilical Cord - Delayed Separation Past 3 Weeks
	Umbilical Cord - Minor Infection of Cord or Navel
	Umbilical Cord - Normal Navel Care After Cord Falls Off
	Umbilical Granuloma
	Umbilical Hernia
Nose Symptoms	
	Colds (Age 0-5)
	Colds (Age 6-21)
	Nasal Rinses Children and Teens
	Nasal Suction
	Nose Allergy (Hay Fever)
	Nose Injury
	Nosebleed
	Sinus Infection - Bacterial
	Sinus Infection - Viral
	Sinus Pain or Congestion - Symptom
Skin - Localized Symptoms	
	Acne
	Athlete's Foot
	Blisters - Friction
	Boil
	Breast Buds
	Bruises
	Burns
	Cellulitis
	Contact Dermatitis - Allergic
	Contact Dermatitis - Irritant
	Cracked Skin (Feet)
	Cracked Skin (Hands)
	Cuts and Scrapes
	Fingernail Infection - Bacterial
	Fingernail Infection - Yeast
	Frostbite
	Granuloma Annulare

	Hand-Foot-And-Mouth Disease
	Heat Rash
	Impetigo - Infected Sores
	Jock Itch
	Keratosis Pilaris
	Lymph Node - Normal
	Lymph Node Infection - Bacterial
	Lymph Node Infection - Viral
	Molluscum Contagiosum
	Pityriasis Alba
	Poison Ivy - Oak - Sumac
	Puncture Wound
	Rash Localized - Cause Unknown
	Ringworm of the Body
	Ringworm of the Scalp
	Shingles (Zoster)
	Splinters (Slivers)
	Suture Questions
	Tinea Versicolor
	Wart - Plantar
	Warts
	Wound Infection
Skin - Widespread Symptoms	
	Amoxicillin Rash
	Chickenpox
	Dry Skin
	Eczema (Atopic Dermatitis)
	Fifth Disease
	Hives
	Measles Vaccine Rash
	Pityriasis Rosea
	Rash Widespread - Cause Unknown
	Roseola
	Scabies
	Scarlet Fever
	Sunburn

	Viral Rash
Sleep Problems	
	Sleep - Bedtime Resistance
	Sleep - Confusional Arousals
	Sleep - Early Morning Riser
	Sleep - Nightmares
	Sleep Problem from Feeding Until Asleep
	Sleep Problem from Holding Until Asleep
	Sleep Problems - Prevention
	Sleep Talking
	Sleep Terrors
	Sleeping with Parents (Bed-Sharing) - How To End It
	Sleeping with Parents (Bed-Sharing) - Pros and Cons
	Sleepwalking
Toilet Training Problems	
	Bedwetting
	Frequency-Urgency Syndrome
	Toilet Readiness Training
	Toilet Training - How to Start
	Toilet Training Resistance - Constipation from Stool Holding
	Toilet Training Resistance - Encopresis without Constipation