

Character Profiles

Life Science (Lower Middle) Unit 3

Character Profiles

Character A:

Basic Health	Information
Gender	Female
Height	65 inches
Weight	145 lbs
Age	22
Activity Level	Extra Active

Daily Food	Diary
Breakfast	300 calories
Snack	300 calories
Lunch	700 calories
Snack	500 calories
Dinner	1050 calories

Character Profiles

Character B:

Basic Health	Information
Gender	Male
Height	76 inches
Weight	210 lbs
Age	22
Activity Level	Sedentary

Daily Food	Diary
Breakfast	700 calories
Snack	500 calories
Lunch	2000 calories
Snack	500 calories
Dinner	2500 calories