

The Medication Plan (Med Plan) in NextStep Solutions is a type of Note used for documenting on medications prescribed for a client and can also be used to document client observations, similar to a Mental Status Exam (MSE). Med Plans are used in both Outpatient Agencies and Residential Care settings.

Access and Document in the Med Plan

After prescribing a client medication in [DrFirst](#), you will want to document the prescribed medications in the Med Plan. It is important to note that the Med Plan Note type is [configurable](#), and your Agency may or may not see some of the options listed in the steps below.

1. Navigate to Medication Management: **Main Menu > Treatment Planning Menu > Medication Management.**
2. Search for and select the client if not already displayed.
3. Click the **Medication Plan** button.
4. Upon entering the Med Plan, a message is displayed "Would you like to sync this client's meds from ePrescribe into NextStep?" Click the **Yes** button to pull in the information entered into DrFirst.
Note: If you already opened the Med Plan for the client prior to prescribing in DrFirst, click the **Update (Draft)** button and then click the **Sync Meds** button.
5. In the **Diagnosis (DSM-5)** section:
 - a. Review or add diagnosis information. To enter a new diagnosis, type into the search bar and click the **Search** button or click the **List All** button to list all available diagnoses options and select one from the list.
 - b. The **Effective Diagnosis Date** is defaulted to today's date, change if necessary.
 - c. Click the **Diagnosis Type** drop-down and select the diagnosis type.
 - d. Select **Diagnosis specifiers** from the list if applicable or click the **Add Custom Specifier** button.
Note: If adding a custom specifier an Information window is displayed, "Please note that anything entered here may not be officially sanctioned by the DSM-5. Please use responsibly." Click **Yes** to continue and enter the specifier.
 - e. Click the **Add Diagnosis** button.
6. In the **Persistent Notes** section:
 - a. Enter your clinical opinion in the **Subjective and Objective Data** field to justify the prescription written for the client.
Note: Click **Fill with last** to bring in previous text that was entered in this field for the client.
 - b. Enter the **Assessment and Plan** for the client.
7. The **Date of Service** field defaults to today's date. Type into the field if the date needs to be changed or click into the field and select from the calendar.

8. In the **Medications** section, the following information is displayed for the client which is synced from DrFirst:

- **Prescribed Medications:** A list of prescribed medications by your Agency as well as any other active medications they are taking that are not PRN. Click **Show Discontinued Medications** to view discontinued prescribed meds.
- **PRN:** This section is collapsed by default. Click the drop-down arrow in the **PRN** header to display any prescribed/or active as-needed medications.

Note: If your Agency is not utilizing DrFirst/ePrescribing, you will be required to manually enter prescriptions into NextStep directly, as shown here:

Add a Medication to This Plan:

Select Medication

or enter new med:

Equivalent to:

1. Strength: Dosage: Form: Route:

Frequency: Take as needed

Start: Stop:

Special Instructions:

9. In the **Allergies** section, review the client’s allergies as entered into DrFirst.

10. In the **Side Effects** section, select the checkbox(es) that apply.

11. In the **Vitals** section, complete the fields as necessary.

12. The **Vitals History** section displays previously recorded vitals. Click on a specific **Vital** column header to view a line graph of that vital over time.

13. Complete the various evaluative criteria statements and checkboxes to document a complete evaluation, including components of a Mental Status Exam (MSE). Examples:

GENERAL OBSERVATIONS		
Appearance		
<input type="checkbox"/> Well Groomed	<input type="checkbox"/> Unkempt	<input type="checkbox"/> Disheveled
Build		
<input type="checkbox"/> Average	<input type="checkbox"/> Thin	<input type="checkbox"/> Overweight
Demeanor		
<input type="checkbox"/> Average	<input type="checkbox"/> Hostile	<input type="checkbox"/> Mistrustful
<input type="checkbox"/> Withdrawn	<input type="checkbox"/> Preoccupied	<input type="checkbox"/> Demanding
Eye Contact		
<input type="checkbox"/> Average	<input type="checkbox"/> Avoidant	<input type="checkbox"/> Intense
Activity		
<input type="checkbox"/> Average	<input type="checkbox"/> Agitated	<input type="checkbox"/> Slowed
Speech		
<input type="checkbox"/> Clear	<input type="checkbox"/> Slurred	<input type="checkbox"/> Rapid
<input type="checkbox"/> Pressured		

THOUGHT CONTENT			
Delusions			
<input type="checkbox"/>	Grandiose	<input type="checkbox"/>	Persecutory
<input type="checkbox"/>	Bizarre	<input type="checkbox"/>	Nihilistic
<input type="checkbox"/>	None Reported		
Other			
<input type="checkbox"/>	Autistic	<input type="checkbox"/>	Obsessional
<input type="checkbox"/>	Guilty	<input type="checkbox"/>	Ideas of Reference
<input type="checkbox"/>	Preoccupied	<input type="checkbox"/>	Guarded

14. If your Agency is set up for Meaningful Use, complete the questions in the **Meaningful Use - ONC** section.
15. Complete the fields in the **Billing Data Box** as you normally would.
16. (Optional) Search pre-existing Notes via the **Search Notes** section using any of the filters described below.
 - From the **Service Provider** drop-down, search by Any User or select a specific user.
 - Populate the **Service Date on or after** and the **Service Date on or before** fields with a date range of pre-existing Notes to search.
 - From the **Chart Type** drop-down, select a specific Chart Type if you don't want to search by All Notes & Case Manager Summary.
 - From the **Case Selection** drop-down, select a specific Case if you don't want to search by All Cases.
 - Select the **Show Billing Info** checkbox if you'd like billing details displayed for past Notes.
 - Select the **Show Progress Indicators** checkbox if you'd like the progress indicators displayed for past Notes.
 - Select the **Show Dynamic Fields** checkbox if you'd like dynamic fields displayed for past Notes.
 - Select the **Show Note Updates** checkbox if you'd like to see a history of when past Notes were updated and by who.
 - Enter text into the **Keyword Search** field to search Note text.
 - Click the **Show Notes** button.
17. Click the **Update (Final)** button to sign/seal the Note.

Note: You can click the **Update (Draft)** button which allows you to save your note as a draft and come back to it later.