

JO BLOGGS

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AHPRA MED0000000000

PERSONAL PROFILE

In my current role as an anaesthetic PHO at [Hospital name], I have gained skills in obstetric and general anaesthesia. I thoroughly enjoy being involved in perioperative anaesthetic care and am keen to continue to progress a career in anaesthetics. I am hard-working and a keen team player; I strive to continually learn new skills and enjoy the focus, attention to detail and situational awareness that anaesthesia provision requires. I hope to contribute to evidence-based care and the delivery of education in anaesthesia.

QUALIFICATIONS AND AWARDS

2016	Bachelor of Medicine and Bachelor of Surgery <i>Distinction</i>	University of Queensland
2015	Excellence award for research – competitive award Bursary awarded	University of Queensland
2012	Bachelor of Sciences	University of Queensland

SOCIETY MEMBERSHIP

2020-	Society for Education in Anaesthesia UK
2019-	Australian Society of Anaesthetists membership
2018-	ANZCA trainee membership
2018-2019	Australian Medical Association Council of Doctors in Training hospital representative

DETAILED PRACTICING HISTORY

02/2020 – 02/2021	Principal House Officer Anaesthetics Hospital E, Town F, State X Anaesthetic responsibilities including pre, peri and postoperative care and acute pain service. Obstetric anaesthesia covered in hours and on call. Sole anaesthetic team member on site.
08/2019 – 02/2020	Senior House Officer Hospital E, Town F, State X General Medicine and Cardiology
02/2019 – 08/2019	Senior House Officer Hospital C, Town D, State X Emergency medicine and Intensive care
02/2018 – 02/2019	Junior House Officer Hospital C, Town D, State X Rotations in Anaesthetics (10 weeks), Emergency Medicine, Intensive Care, Paediatrics
02/2017 – 02/2018	Intern Hospital A, Town B, State X Rotations in Anaesthetics, General Medicine, General Surgery, Obstetrics and Gynaecology, Psychiatry and Emergency Medicine.

VOLUNTEER ROLES

I have been a committed volunteer at Brisbane Homeless Connect since 2013. This involves helping with meal preparation and serving. I attend a minimum of once a month and value the opportunity to help my community.

RELEVANT PROCEDURAL SKILLS

Independent		Developing	
Insertion of airway adjuncts	>50	Intubation	87
Insertion of LMA	153	TAP block	6
Epidural insertion	58	Popliteal nerve block	4
Spinal anaesthesia	65	Combined spinal epidural	3
Central line insertion	32	Chest drain insertion	2
Arterial line insertion	49		
US guided venous access	16		

INFORMATION TECHNOLOGY SKILLS

- Proficient in the use of electronic records iEMR Powerchart and anaesthetic record, SAA.
- Experience with telemedicine clinics
- Experience with the use of Stata toolbox for research statistics
- Proficient in the use of Microsoft Teams, Word, Excel and PowerPoint
- Touch typing speed 64 wpm

QUALITY ASSURANCE

Audit, Research and Service Improvement

2020	<i>Audit of epidural monitoring</i> – retrospective audit of 100 cases Poor compliance led to implementation of further training and planned re-audit <i>Study of the relative risk of aspiration with different degrees of head up tilt at endoscopy.</i> Research assistant. Ethics application approved.
2019	<i>Audit and literature review of desaturation events during procedural sedation in the Emergency Department</i> Led to change of protocol to include high flow nasal cannula for all procedural sedation. Repeat audit showed strong reduction in desaturation events <i>Patient Information Leaflet Development:</i> Information after sedation in the emergency department.
2018	<i>Audit of blood glucose control in ICU</i> Good standards achieved. This was a follow up audit to complete the audit cycle.

Mortality and Morbidity Meetings and Presentations

2020	3 case presentations at anaesthetic M&M Attendance at a total of 8 M&M
2019	1 case presentation at cardiology M&M 2 case presentations at Intensive Care M&M Attendance at 3 M&M meetings for cardiology and ICU
2018	Attendance at 5 M&M in anaesthetics, medicine and paediatrics

PUBLICATIONS AND PRESENTATIONS

Publications

- 2020 Letter to the editor: Gas flow through different mask types
Bloggs, J and Nito I Anaesthesia Volume 8(2) July 2020 p53
- 2019 Abstract published: Reducing the risk of periprocedural desaturation with high flow nasal oxygen Bloggs, J and Nito I ANZCA Bulletin December 2019 p24

Presentations

- 2020 Journal club presentation March, June and August
Epidural monitoring audit, departmental presentation
- 2019 Poster presentation Australian College for Emergency Medicine ASM
"Reducing the risk of periprocedural desaturation with high flow nasal oxygen"
First author
Desaturation during sedation audit, departmental presentation
New patient information leaflet, multidisciplinary presentation perioperative team
- 2018 Case presentation Migraine with aura
Journal club presentation August, September
Intern orientation – "What is ward call?" group presentation
Blood glucose control audit, departmental presentation
- 2017 Case presentation: Hepatorenal failure, department of medicine

TEACHING

I am passionate about education and have consistently received positive feedback from my small group teaching sessions and presentations. I would like to include teaching in my career moving forward. I am an associate lecturer at the University of Queensland.

Teaching presentations

- 2021 Airway skills for interns
Preoperative scoring for laparotomy, departmental peer group teaching
- 2020 ECG interpretation for medical students
Airway anatomy, departmental peer group teaching
Ultrasound use for central line insertion, practical teaching for residents
- 2019 Blood gas interpretation for medical students and interns
Sepsis and septic shock management
- 2017 Management of community acquired pneumonia, peer group teaching

Exam practice for medical students

- 2019 Organised a mock OSCE for 3 medical students. Coordinated 2 colleagues assisting and the setup.
Year 4 OSCE examiner for University of Queensland

Supervision and mentoring

- 2021 Participated in buddy system, mentoring an individual intern
- 2020 Supervision of medical students taking histories, examination and cannulation regularly during my terms in medicine and ICU

MANAGEMENT AND LEADERSHIP

- 2020 Roster for 10 juniors on full shift for 6 months.
- 2019 Education Committee elected trainee representative for 6 months
- 2018 AMA Council of Doctors in Training hospital representative

PROFESSIONAL DEVELOPMENT

2020	ANZCA Part Zero Course Human Factors in a Healthcare Environment, Online University of East Anglia UK National Airway training Course for Anaesthetic Trainees Monash Perioperative Medicine short course ANZCA Feedback modules, online training
2019	Basic Assessment and Support in Intensive Care Course Bloodsafe e-learning – Critical Bleeding module Introduction to research ethics: working with people, Online University of Leeds UK Clinical supervision with confidence, Online University of East Anglia UK Everyday coaching skills for better conversations, online learning iLearn
2018	Advanced Life Support Instructor Course completed Clinical Educator Preparation and Support, Queensland Health
2017	Advanced Life Support – Instructor potential Neonatal Resuscitation Course

INTERESTS OUTSIDE MEDICINE

I am committed to the pursuit of training to be an anaesthetist and I benefit from enhancing many of my non-technical skills including time management, teamwork, attention to detail, and communication skills through extracurricular activities, as well as having fun and relaxing.

I play netball each week with my local team and support children learning netball as a coach prior to playing my competitive matches. I also enjoy travelling, both abroad and finding new hiking paths in Australia. I love to bake and am developing my cake decorating skills.

VERIFICATION STATEMENT

I verify that the information contained within this Curriculum Vitae is true and correct as 31/01/2021.

Signature:

REFEREES

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