

GRIEF DISORDER (03/22) (101517)

Category: TEMPLATES TO RELEASE

Scheduled appt type: _____

CC Prolonged Grief
 Onset of symptoms: Nature of the loss / person who died: Was loss sudden / traumatic? Symptoms present most days for months, increasing to nearly daily for the past month: Intense longing / yearning for the deceased person (Y/N) Preoccupation with thoughts or memories of the deceased person (Y/N) Clinically significant distress or impairment in social, family, school functioning? No history of major depressive disorder, post-traumatic stress disorder Absence of other chronic medical condition Current medications

HPI Clinically significant symptoms (Y/N) Identity disruption (e.g., feeling as though part of oneself has died) since the death Marked sense of disbelief about the death

freeform Avoidance of reminders that the person is dead Intense emotional pain (e.g., anger, bitterness, sorrow) related to the death Difficulty reintegrating into relationships and activities since the death Emotional numbness as a result of the death Feeling that life is meaningless as a result of the death Intense loneliness as a result of the death

ROS

Structured ROS

Pert: crying more than usual	<input type="checkbox"/>
Pert: decreased interest in social activities and hobbies that used to be pleasurable	<input type="checkbox"/>
Pert: feeling sad	<input type="checkbox"/>
Pert: diffused abdominal pain	<input type="checkbox"/>
Pert: not sleeping well	<input type="checkbox"/>
Pert: loss of appetite	<input type="checkbox"/>
Pert: weight loss or gain	<input type="checkbox"/>
Pert: fatigue	<input type="checkbox"/>
Pert: headache	<input type="checkbox"/>
Pert: body aches	<input type="checkbox"/>

Structured exam

Pert: concentration	<input type="checkbox"/>
Pert: activity level	<input type="checkbox"/>
Pert: mood & affect	<input type="checkbox"/>
	<input type="checkbox"/>

NL: auscultation of heart: regular rate & rhythm, no murmur	
NL: auscultation of lungs: clear & equal breath sounds without rales, rhonchi or wheeze	
NL: nourished	
Pert: activity level: responsive & interested in environment	
Pert: general appearance: alert, pleasant, not ill appearing, no distress	

Remaining template documentation elements

Counseling:	
Coordination of Care:	
Diagnosis:	()
Assessment:	Prolonged Grief Disorder meeting the DSM-5 criteria (***) awaiting code set update (***)
Plan:	Discussion with family about grief Reviewed that prolonged grief disorder can put patient at higher risk for other medical problems or mental health disorders Discussed community resources / support groups / online resources (such as Columbia's Center for Complicated Grief (https://complicatedgrief.columbia.edu/for-the-public/complicated-grief-public/overview/) Stressed encourage open communication Discussed grief-based cognitive therapy, stressed psychotherapy as first-line treatment Reviewed goal of developing a narrative of what happened, to revise and re-create the patient's relationship with the loved one, and to reinvest in living (at age-appropriate levels) Discussed if / when medication would be considered Prompt follow if any concerns of worsening depressive symptoms or suicidal thoughts Recheck in office in:
Patient Instructions:	

Remaining workflow elements

Procedures

Orders

