

Agenda and Objectives

Section 1: Welcome and Introductions – 45 Minutes

Objectives:

Participants will:

- Be welcomed and oriented to the site, time frame, and training materials.
- Be introduced to the trainer.
- Review what they can expect to learn in this workshop.
- Be introduced to each other.

Section 2: Introduction to Child Development – 1 Hour 15 Minutes

Objectives:

Participants will:

- Understand why knowledge of child development is essential for effective child welfare practice.
- Identify their learning needs for this workshop.
- Have a common understanding of the concept of “normal” and the four developmental domains.
- Know basic concepts and principles of normal child development.
- Know the CAPM definitions of “Vulnerability of the Child” the “Protective Capacities of the Adult.”

Section 3: The Impact of Trauma on Development – 2 Hours

Objectives:

Participants:

- Are aware of Trauma-Informed Care as a statewide goal, including available resources.
- Can identify different traumatic events and the ways individuals experience trauma differently.

- Can describe the ways trauma and the resulting toxic stress can alter development and increase child vulnerability.
- Can identify three common types of trauma experienced by families in the child welfare system.
- Are aware of how adults may react to past or present traumatic events and the ways this may reduce parental protective capacity.
- Will understand the need for all member of the child welfare community to practice healthy coping strategies and self-care habits including mindfulness.

Section 4: Infants and Toddlers – 3 Hours

Objectives:

Participants will:

- Be aware of the normal milestones of children birth to three years.
- Be able to describe the potential negative outcomes of abuse and neglect on infants' and toddlers' physical, cognitive, social, and emotional development.
- Be able to describe why infants and toddlers are at high risk of abuse and neglect.
- Understand the basic needs of children with developmental delays and disabilities.

Section 5: Engaging, Assessing, and Service Planning – 1 Hour

Objectives:

Participants will:

- Know guidelines for engaging children at different developmental stages.
- Know how to prepare to engage children and identify behavioral indicators of maltreatment and developmental delays.
- Know how to identify indicators of maltreatment and developmental delays in infants and toddlers.
- Know strategies for providing services that promote the healthy development of abused and neglected children.

Section 6: Preschool Children – 2 Hours 30 Minutes

Objectives:

Participants will:

- Know the processes and milestones of normal development of children between the ages of three and five.
- Understand the effects abuse and neglect can have on the physical, cognitive, social, and emotional development of preschool children.
- Be able to describe why preschoolers are at risk of abuse and neglect.
- Understand common mental health and development problems in preschoolers.

Section 7: School-Aged Children – 4 Hours

Objectives:

Participants will:

- Know the processes and milestones of normal development of children between the ages of 6 and 11.
- Understand the potential negative outcomes of abuse and neglect on the physical, cognitive, social, and emotional development of school-aged children.
- Know the aspects of school-aged development that can be challenging to caregivers, and the ways school-aged children are vulnerable to maltreatment.
- Be aware of learning disabilities and the need for support in the school setting.
- Understand common mental health and development problems in school-aged children.
- Know how to identify indicators of maltreatment and developmental delays in school-aged children.
- Know strategies for providing services that promote the healthy development of abused and neglected school-aged children.

Section 8: Adolescents – 3 Hours

Objectives:

Participants will:

- Know the processes and milestones of normal development of children ages 12 to 18.
- Understand the potential negative outcomes of abuse and neglect on the physical, cognitive, social, and emotional development of adolescents.
- Know what aspects of adolescents may be particularly challenging to caregivers and may increase risk of maltreatment.
- Know how to identify indicators of maltreatment and developmental delays in adolescents.

Section 9: Transfer of Learning and Workshop Close – 30 Minutes

Objectives:

Participants will:

- Differentiate between behaviors and labels.
- Identify how they will use the material from this workshop on the job.