

Survey: Depression Screen: PHQ-9

Description: BF PHQ9P

Privacy level: Any staff member

- | | | |
|-----|---|--|
| 1. | Over the last 2 weeks, how often have you been bothered by the following problem? Little interest or pleasure in doing things. | Not at all Several days More than half the days Nearly every day |
| 2. | Over the last 2 weeks, how often have you been bothered by the following problem? Feeling down, depressed, or hopeless. | Not at all Several days More than half the days Nearly every day |
| 3. | Over the last 2 weeks, how often have you been bothered by the following problem? Trouble falling or staying asleep, or sleeping too much. | Not at all Several days More than half the days Nearly every day |
| 4. | Over the last 2 weeks, how often have you been bothered by the following problem? Feeling tired or having little energy. | Not at all Several days More than half the days Nearly every day |
| 5. | Over the last 2 weeks, how often have you been bothered by the following problem? Poor appetite or overeating. | Not at all Several days More than half the days Nearly every day |
| 6. | Over the last 2 weeks, how often have you been bothered by the following problem? Feeling bad about yourself - or that you are a failure or have let yourself or family down. | Not at all Several days More than half the days Nearly every day |
| 7. | Over the last 2 weeks, how often have you been bothered by the following problem? Trouble concentrating on things, such as reading the newspaper or watching television. | Not at all Several days More than half the days Nearly every day |
| 8. | Over the last 2 weeks, how often have you been bothered by the following problem? Moving or speaking so slowly that other people could have noticed? Or the opposite - being so fidgety or restless that you have been moving around a lot more than usual. | Not at all Several days More than half the days Nearly every day |
| 9. | Over the last 2 weeks, how often have you been bothered by the following problem? Thoughts that you would be better off dead or of hurting yourself in some way. | Not at all Several days More than half the days Nearly every day |
| 10. | If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people? | Not difficult at all Somewhat difficult Very difficult |

Extremely difficult |

11. Comments: