

# Survey: GAD-7

**Description:** Generalized Anxiety Disorder - 7 survey (May 2022)

**Instructions:** Please answer all of the following questions

**Privacy level:** Any staff member

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|--|---------------------------|
| Over the LAST TWO WEEKS, how often have you been   | Not at all   Several days |
| 1. bothered by the following problem: Feeling nervous, anxious or on edge?               | More than half the days   |
|  | Nearly every day          |
| Over the LAST TWO WEEKS, how often have you been   | Not at all   Several days |
| 2. bothered by the following problem: Not being able to stop or control worrying?        | More than half the days   |
|  | Nearly every day          |
| Over the LAST TWO WEEKS, how often have you been   | Not at all   Several days |
| 3. bothered by the following problem: Worrying too much about different things?          | More than half the days   |
|  | Nearly every day          |
| Over the LAST TWO WEEKS, how often have you been   | Not at all   Several days |
| 4. bothered by the following problem: Trouble relaxing?                                  | More than half the days   |
|  | Nearly every day          |
| Over the LAST TWO WEEKS, how often have you been   | Not at all   Several days |
| 5. bothered by the following problem: Being so restless that it is hard to sit still?    | More than half the days   |
|  | Nearly every day          |
| Over the LAST TWO WEEKS, how often have you been   | Not at all   Several days |
| 6. bothered by the following problem: Becoming easily annoyed or irritable?              | More than half the days   |
|  | Nearly every day          |
| Over the LAST TWO WEEKS, how often have you been   | Not at all   Several days |
| 7. bothered by the following problem: Feeling afraid as if something awful might happen? | More than half the days   |
|  | Nearly every day          |