

Survey: SCARED - Parent

Description: Screen for Child Anxiety Related Disorders (SCARED) Parent Version (May 2022)

Instructions: Below is a list of sentences that describe how people feel. Read each phrase and pick which of the listed choices seems to describe your child for the last 3 months.

Privacy level: Any staff member

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|---|---|
| 1. When my child feels frightened, it is hard for him/her to breathe. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 2. My child gets headaches when he/she is at school. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 3. My child doesn't like to be with people he/she doesn't know well. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 4. My child gets scared if he/she sleeps away from home. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 5. My child worries about other people liking him/her. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 6. When my child gets frightened, he/she feels like passing out. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 7. My child is nervous. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 8. My child follows me wherever I go. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True
 |
| 9. People tell me that my child looks nervous. | Not True or Hardly Ever True
Somewhat True or Sometimes True Very True or Often True |

10. My child feels nervous with people he/she doesn't know well.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
11. My child gets stomachaches at school.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
12. When my child gets frightened, he/she feels like he/she is going crazy.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
13. My child worries about sleeping alone.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
14. My child worries about being as good as other kids.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
15. When my child gets frightened, he/she feels like things are not real.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
16. My child has nightmares about something bad happening to his/her parents.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
17. My child worries about going to school.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
18. When my child gets frightened, his/her heart beats fast.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
19. He/she gets shaky.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
20. My child has nightmares about something bad happening to him/her.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
21. My child worries about things working out for him/her.	Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
	Not True or Hardly Ever True Somewhat True or Sometimes

22.	When my child gets frightened, he/she sweats a lot.	True Very True or Often True Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True Not True or Hardly Ever True Somewhat True or Sometimes True Very True or Often True
23.	My child is a worrier.	
24.	My child gets really frightened for no reason at all.	
25.	My child is afraid to be alone in the house.	
26.	It is hard for my child to talk with people he/she doesn't know well.	
27.	When my child gets frightened, he/she feels like he/she is choking.	
28.	People tell me that my child worries too much.	
29.	My child doesn't like to be away from his/her family.	
30.	My child is afraid of having anxiety (or panic) attacks.	
31.	My child worries that something bad might happen to his/her parents.	
32.	My child feels shy with people he/she doesn't know well.	
33.	My child worries about what is going to happen in the future.	
34.	When my child gets frightened, he/she feels like throwing up.	

35. My child worries about how well he/she does things.

Not True or Hardly Ever True |
Somewhat True or Sometimes
True | Very True or Often True
|

36. My child is scared to go to school.

Not True or Hardly Ever True |
Somewhat True or Sometimes
True | Very True or Often True
|

37. My child worries about things that have already happened.

Not True or Hardly Ever True |
Somewhat True or Sometimes
True | Very True or Often True
|

38. When my child gets frightened, he/she feels dizzy.

Not True or Hardly Ever True |
Somewhat True or Sometimes
True | Very True or Often True
|

39. My child feels nervous when he/she is with other children or adults and he/she has to do something while they watch him/her (for example: read aloud, speak, play a game, play a sport).

Not True or Hardly Ever True |
Somewhat True or Sometimes
True | Very True or Often True
|

40. My child feels nervous when he/she is going to parties, dances, or any place where there will be people that he/she doesn't know well.

Not True or Hardly Ever True |
Somewhat True or Sometimes
True | Very True or Often True
|

41. My child is shy.

Not True or Hardly Ever True |
Somewhat True or Sometimes
True | Very True or Often True
|