



Youth Wellbeing in the Face of Antisemitism
March Resiliency Roundtable
3.27.23
Shared Resources

Table of Contents

MARCH RESILIENCY ROUNDTABLE SESSION MATERIALS – *pg. 2*

PRE-SESSION LEARNING MATERIALS – *pg. 2*

RESOURCES SHARED BY PANELISTS – *pg. 2-6*

One America Movement

Project Shema

Be the Narrative

LiveSecure, JFNA

Jewish Teen Education & Engagement Funder Collaborative, JFNA

The Network of Jewish Human Service Agencies

ADDITIONAL ORGANIZATIONAL SUPPORT RESOURCES – *pg. 6-8*

CONTINUED LEARNING – *pg. 8*

Youth Wellbeing in the Face of Antisemitism March 27th, 2023 – Resiliency Roundtable – Shared Resources

Please note, this list of resources is not exhaustive but rather a compilation of materials shared by panelists and collected from community members for the March 2023 Resiliency Roundtable.

March Resiliency Roundtable:

[Overview](#)

[Recording](#)

[Opening Slides](#)

RECOMMENDED PRE-SESSION LEARNING MATERIALS

We invite you to explore the articles and videos below to help contextualize our conversation.

1. [CBS Mornings](#): Jewish teens discuss encounters with antisemitism in school and online (Nov 2022)
 2. [NPR WNYC](#): Antisemitism Spikes, And Many Jews Wonder: Where Are Our Allies? (June 2021)
 3. [NBC News](#): Jewish teens say life on TikTok comes with anti-Semitism (Sept 2020)
-

SHARED BY OUR FACILITATORS

One America Movement

- [One America Movement Website](#)
- *Description*: The One America Movement partners with faith communities across religious, political, and racial divides to confront toxic polarization in our society. Founded in 2017, The One America Movement is one of the fastest growing organizations working to heal America's divides. We partner with faith communities and faith leaders to confront toxic polarization. Our vision is a resilient, strong, and united country working together to solve our common challenges.
- *Resources*:
 - [Eilu v'eilu Fellowship](#) - The Eilu v'Eilu Fellowship for Leading in Polarized Times is a selective cohort-based experience for Jewish clergy who are committed to reducing polarization in their professional and personal spheres.
 - Upcoming event: The One America Movement [Summit in Atlanta](#) - May 8-10, 2023
- *Get in touch*: Rabbi Rachel Schmelkin, Director of Jewish Programs at the One America Movement rachel@oneamericamovement.org, Rachel.schmelkin@gmail.com
 - Rabbi Rachel Schmelkin (she/her) - Since the lead-up to and aftermath of the "Unite the Right" rally in Charlottesville, VA, [Rabbi Rachel Schmelkin](#) has been dedicated to forming relationships across divides. Being able to collaborate with people across lines of difference was a critical part of the effort to resist and stand up against white supremacy. Prior to joining the [One America Movement](#) team, Rachel served as associate rabbi at Congregation Beth, Israel in Charlottesville, VA. During that time Rachel was a One America chapter leader and an active member of the Charlottesville Clergy Collective, The Women's Clergy Circle,

Youth Wellbeing in the Face of Antisemitism March 27th, 2023 – Resiliency Roundtable – Shared Resources

and Congregate Charlottesville. Rachel was ordained from Hebrew Union College-Jewish Institute of Religion in 2016. Rabbi Rachel holds fast to a teaching from Pirkei Avot (The Ethics of the Fathers) that says, “...be of the disciples of Aaron; loving peace and pursuing peace...” She believes that the work of the One America Movement allows her to put this teaching into action.

Project Shema

- [Project Shema Website](#)
 - *Description:* Project Shema is an independent nonprofit organization that trains and supports the Jewish community and allies to understand and address contemporary antisemitism, with an emphasis on how anti-Jewish ideas can emerge in progressive spaces and in discourse around Israel and Palestine.
 - *Get in touch:* Oren Jacobson, Co-Founder and Executive Director, Project Shema
ojacobson34@gmail.com
 - [Oren Jacobson](#) (he/him) is a civic entrepreneur, thought leader, and organizer focused on addressing systemic problems. He's the co-founder and Executive Director of [Project Shema](#), which trains and supports the Jewish community and allies to more effectively address contemporary antisemitism, with an emphasis on how anti-Jewish ideas can emerge in progressive spaces, including in discourse around Israel and Palestine. Through this work, he has advised major Jewish institutions and served as a subject matter expert on antisemitism to multinational corporations. He's the former National Chapter Development Director for the New Leaders Council, where he helped grow NLC into the largest leadership development organization in the progressive movement. Oren is also the co-founder of Men4Choice, a multi-state advocacy organization focused on bringing men into the fight to protect and expand reproductive freedom. He holds a Master's in International Relations from the University of Chicago, a Master's in Economics and Policy Analysis from DePaul University, and a Master's in Business Administration from Regis University.
-

Be the Narrative

- [Be The Narrative Website](#)
- *Description:* Be The Narrative, a national 501(c)(3) organization, develops interactive educational programs that connect Jewish and non-Jewish peers to learn about Judaism and dispel stereotypes. Student to Student[®] is a classroom-based experiential program that brings Jewish and non-Jewish high school students together to learn about Judaism through personal storytelling.
- *Resources:*
 - [Slidedeck](#) from Resiliency Roundtable presentation
 - [Impact page](#) - The impact of a Student to Student presentation goes well beyond the classroom and the school day. After engaging with Jewish Student Presenters, high school students have a better understanding of Jews and Judaism, increased awareness of religious

Youth Wellbeing in the Face of Antisemitism March 27th, 2023 – Resiliency Roundtable – Shared Resources

and cultural differences as well as commonalities, and a greater desire to interrupt antisemitic comments and stereotypes.

- [Press articles](#)
 - *Get in touch:* Rabbi Andrew Terkel, CEO, Be the Narrative aterkel@bethenarrative.org
 - [Rabbi Andrew H. Terkel](#) (he/him) joined [Be The Narrative](#) as its first CEO in 2022. With a background in Jewish youth, camping, and experiential education, Rabbi Terkel worked for the Union for Reform Judaism's (URJ) teen youth group on a national level and was the Director of Year Round Programs at the URJ Greene Family Camp in Texas. Prior to that, he served as an Assistant Rabbi at a congregation in Charleston, SC. He is driven by a desire to make Judaism accessible, engaging, and inspiring, and to help Jewish teens use their voices and grow into leaders. Rabbi Terkel was ordained by the Hebrew Union College – Jewish Institute of Religion in Los Angeles, CA where he also earned a Certificate in Jewish Non-Profit Management.
-

LiveSecure

- [LiveSecure Website](#)
 - *Description:* The Jewish Federations of North America are launched LiveSecure, an unprecedented \$54 million security campaign and initiative to ensure the security and resiliency of our communities. With LiveSecure grant funding, local Federations are able to provide the training, tools, and resources needed to protect those inside our Jewish Community Centers, synagogues, schools, senior centers, summer camps, and other centers of Jewish life. Nationally, we collaborate with the Secure Community Network (SCN), and through its role as the official liaison with the Department of Homeland Security and Federal Bureau of Investigation, to keep our communities safe.
 - *Resources:*
 - [National Jewish Security Standards](#) that guide the safety and security efforts LiveSecure is building in every Jewish Federation community across North America.
 - *Get in touch:* Debra Barton Grant, Associate Vice President LiveSecure, JFNA debra.grant@jewishfederations.org
 - Debra Barton Grant (she/her) is a lifelong, dedicated, and enthusiastic Jewish Communal Professional who has served Jewish communities in Jerusalem, Detroit, Palm Beach, Chicago, and as CEO in South Bend and Indianapolis, Indiana. In November 2021 Debby joined the executive team at JFNA as the Associate Vice President of the new initiative, LiveSecure. Through this program she is working with Jewish Federations across North America to help them either launch or enhance their Community Security Initiatives for their entire Jewish community. Along with collaborative work with SCN, ADL, CSS to address and mitigate the rising hate and antisemitism we are combating across our communities. She received her B.A from Indiana University and her Master of Social Work and Jewish Communal Leadership from the University of Michigan. Debby loves Jewish History, travelling, being a resource to young Jewish Communal professionals.
-

Jewish Teen Education and Engagement Funder Collaborative

- [Jewish Teen Education and Engagement Funder Collaborative Website](#)
 - *Description:* The Jewish Teen Education and Engagement Funder Collaborative is an innovative philanthropic experiment, uniting national and local funders and practitioners to create, nurture, sustain and scale contemporary approaches to Jewish teen education and growth.
 - *Resources:*
 - [Expanding Your Reach Masterclass Series](#) - Expanding Your Reach provides networking and learning for Jewish youth-serving professionals. These experiences will fuel your engagement work and connect you to colleagues for support, new ideas and fresh perspectives.
 - *Get in touch:* Rabbi Dena Shaffer, Director of Education & Learning
dena.shaffer@jewishfederations.org
 - Rabbi Dena (she/her) is a visionary and experienced Jewish leader serving the [Jewish Teen Education & Engagement Funder Collaborative](#) (powered by JFNA). Driven by her appreciation for the modern relevance of Jewish wisdom and gratitude for her own formative spiritual and educational experiences, Rabbi Dena takes pride in working to improve the lives of young people and the adults who care about them and raising the profile of teens, and their wellbeing, as a Jewish communal priority. She has previously served as the campus rabbi with Cornell University Hillel, the Associate Rabbi at Congregation Beth Israel in West Hartford, CT, and as the Executive Director of 4Front Baltimore, a Jewish teen initiative in Maryland. In addition to her Rabbinic ordination (HUC-JIR, Cincinnati '10), she holds a Certificate in Jewish Education for Adolescents and Emerging Adults through the Hebrew Union College-Jewish Institute of Religion and has expertise in adolescent development, experiential education, relationship building, and community structural change.
-

The Network of Jewish Human Service Agencies

- [The Network of Jewish Human Service Agencies Website](#)
- *Description:* The Network of Jewish Human Service Agencies advances the Jewish human service sector through advocacy, best practices, innovation and partnerships. The Network is an international membership association of more than 150 non profit human service agencies in the United States, Canada and Israel. Its members provide [a full range of human services](#) for the Jewish community and beyond, including healthcare, career, employment and mental health services, as well as programs for youth, families and seniors, Holocaust survivors, immigrants and refugees, persons with disabilities and caregivers.
- *Resources:*
 - [Slidedeck](#) from Resiliency Roundtable presentation
- *Get in touch:* Tricia Stern, LCSW, MPH Senior Vice President of Clinical Practice, The Network of Jewish Human Service Agencies tstern@networkjhsa.org
 - Tricia Stern (she/her) is a psychotherapist with specialization in working with children, adolescents, parents and families. Tricia directs [The Network's](#) engagement on the BeWell

Youth Wellbeing in the Face of Antisemitism March 27th, 2023 – Resiliency Roundtable – Shared Resources

initiative to meet the increasing mental health needs of youth, young adults and parents through intervention and prevention. She has served as a consultant to nonprofit and government agencies, including local and national Jewish organizations, to implement best practices for these populations. She is the founder and former Director of the Family PEACE Trauma Treatment Center at New York Presbyterian Hospital, an innovative program in New York City for traumatized children, adolescents and parents. Tricia served as Coordinator of the Child and Adolescent Services Department at Jewish Family Service of MetroWest, NJ, where she initiated new treatment programs and expanded community partnerships and collaborations. Tricia received a dual masters degree in Social Work and Public Health from Columbia University and a certificate in Child and Adolescent Psychotherapy from New York University and in Child Parent Psychotherapy through the University of California San Francisco.

ADDITIONAL ORGANIZATIONAL SUPPORT RESOURCES

- **ADL**
 - *Description:* ADL is the leading anti-hate organization in the world. Founded in 1913, its timeless mission is “to stop the defamation of the Jewish people and to secure justice and fair treatment to all.” Today, ADL continues to fight all forms of antisemitism and bias, using innovation and partnerships to drive impact.
 - *Resources:*
 - [Words to Action](#)[®] is an interactive education program designed to help Jewish youth and college students examine their identities and be equipped with constructive and effective responses to combat antisemitism and anti-Israel bias in their lives, including:
 - recognizing the implications of antisemitism on oneself and community;
 - responding to stereotypes and prejudice;
 - processing internalized antisemitism; and
 - situating antisemitism inside a broader matrix of oppression.
 - Free [lesson plan](#) on Contemporary Antisemitism
- **BBYO Adolescent Center for Wellness**
 - *Description:* The BBYO Center for Adolescent Wellness (BBYO-CAW) seeks to identify and provide best practices in adolescent health and wellness so that YSOs can be places where adolescents thrive.
 - *Resources:*
 - *kulanu: Synagogues in Action Against Antisemitism* resource for [Talking About Antisemitism With Young People](#) created by BBYO and ADL
 - Trauma-informed antisemitism [workshops](#) in partnership with ADL
 - *Get in touch:* Drew Fidler, Director, Center for Adolescent Wellness dfidler@bbyo.org

Youth Wellbeing in the Face of Antisemitism March 27th, 2023 – Resiliency Roundtable – Shared Resources

- **[The Blue Dove Foundation](#)**
 - *Description:* In the Jewish community, discussions about mental illness and substance abuse tend to be rare, if they happen at all. As a result, many individuals and their families suffer in private and lack the information necessary to address their issues. The Blue Dove Foundation is working toward advancing these conversations, eradicating shame and educating the community.
 - *Resources:*
 - Resource describing [Antisemitism's Impact on Mental Health](#)
 - Huffpost article: [How Discrimination Affects Your Mental And Physical Health](#)
 - *Get in touch:* Carly Coons, Director of Education and Programming
carly@thebluedovefoundation.org
- **[Jewish Education Project](#)**
 - *Description:* Our vision is for Jewish youth and their families to engage in Jewish educational experiences that enable them to thrive as Jews and in the world. Our mission is to inspire and empower educators to create transformative Jewish experiences.
 - *Resources:*
 - [Shine a Light on Antisemitism](#) - The #ShineALight Initiative is a national project designed to create a collective light of celebration spreading the Jewish joy of Chanukah and the beautiful traditions we honor in our homes with our families.
 - [Responding to Antisemitism](#) - The Jewish Education Project is releasing this collection in response to Antisemitic events in the world.
 - [#antisemitism: Coming of Age during the Resurgence of Hate](#) book authored by Dr. Samantha Vinokor-Meinrath
 - *Get in touch:* Dr. Samantha Vinokor-Meinrath, Senior Director of Knowledge, Ideas and Learning
svinokor-meinrath@jewishedproject.org
- **[Jewish on Campus](#)**
 - *Description:* Jewish on Campus is the movement of the Jewish future. We seek to revive pride in Judaism by emboldening a new generation of Jews through education, social media campaigning, and grassroots organizing. As a movement of young Jewish people, we seek to end antisemitism on college campuses and beyond.
 - *Resources:*
 - [Resources tab on website](#)
- **[Jews for Racial & Economic Justice \(JFREJ\)](#)**
 - *Description:* Jews for Racial & Economic Justice is the home for Jewish New Yorkers organizing with our neighbors and allies to transform New York from a playground for the wealthy few into a real democracy for all of us, free from all forms of racist violence.
 - *Resources:*
 - [Organizing Against Antisemitism resources](#) including:

Youth Wellbeing in the Face of Antisemitism March 27th, 2023 – Resiliency Roundtable – Shared Resources

- [Understanding Antisemitism](#) paper
 - [Unraveling Antisemitism](#) poster and [discussion guide](#)

 - **[Moving Traditions](#)**
 - *Description:* Moving Traditions emboldens Jewish youth to thrive through the pursuit of personal wellbeing (shleimut), caring relationships (hesed), and a Jewish and feminist vision of equity and justice (tzedeck). Combining positive psychology with Jewish values, we partner with Jewish institutions across North America to engage Jewish teens, families, and communities.
 - *Resources:*
 - [Antisemitism, Teen Wellbeing & the Pedagogy of Difficult Conversations - Moving Traditions](#)
 - [Teen Perspectives: Antisemitism & Teen Wellbeing - Moving Traditions](#)
 - *Get in touch:* Alisha Pedowitz, Director of Teen Education apedowitz@movingtraditions.org

 - **[Prizmah](#)**
 - *Description:* Prizmah: Center for Jewish Day Schools strengthens the North American day school field. We are the network for Jewish day schools and yeshivas, enhancing their ability to excel and thrive, by deepening talent, catalyzing resources, and accelerating educational innovation.
 - *Resources:*
 - [Educating about antisemitism](#) resource list
 - [Knowledge Center](#) resources on antisemitism
 - [Talking to Jewish Kids about Antisemitic Hate Crimes](#) article by Dr. Deborah Gilboa
 - *Get in touch:* Rachel Dratch, Director of Educational Innovation racheld@prizmah.org
-

CONTINUED LEARNING

- [Leadership Certificate in Combating Antisemitism](#) at Spertus Institute for Jewish Learning & Leadership
- Textbook - [Antisemitism on Social Media](#) edited by Monika Hübscher and Sabine von Mering
- Free YouTube [video series](#) - Yad Vashem's *Antisemitism: From Its Origins to the Present*