

# The El Paso Approach: Providing Community Resourced Mental Healthcare To Active Duty Service Members and Their Families

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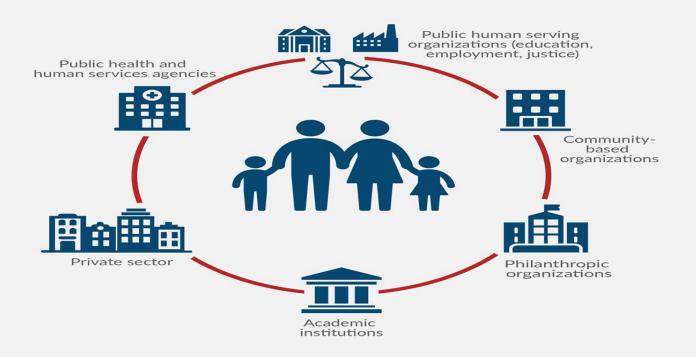


### The City of El Paso Veteran and Military Affairs



City of El Paso and Ft. Bliss Collaboration

#### The Human Services Ecosystem



Our responsibility is to establish clear and equitable community + installation expectations that address military-community partnerships while identifying innovative efforts and resources to ensure our military and their families are provided the high quality of life they deserve



#### **OUR MISSION**

Endeavors passionately serves vulnerable people in crisis through our innovative, personalized approach.

We seek to provide comprehensive, effective, and innovative services that encourage growth, allowing people to build better lives for themselves, their families, and their communities. Why? Because we believe that everyone holds the capacity to grow, heal, change, succeed, and affect others positively.

### **OUR VISION**

We restore dignity and improve the quality of life for the vulnerable people we serve through the benefits of our programs.

We seek to unify families and communities torn apart by poverty, unemployment, or neglect by providing real, practical solutions and a path to earned income. We do this through a wide array of programs and services supporting children, families, veterans and those struggling with mental illness and other significant disabilities.

#### **CORE VALUES**



Accountability and Integrity



Care and Compassion



Teamwork



Commitment to Making a Difference



Community Involvement



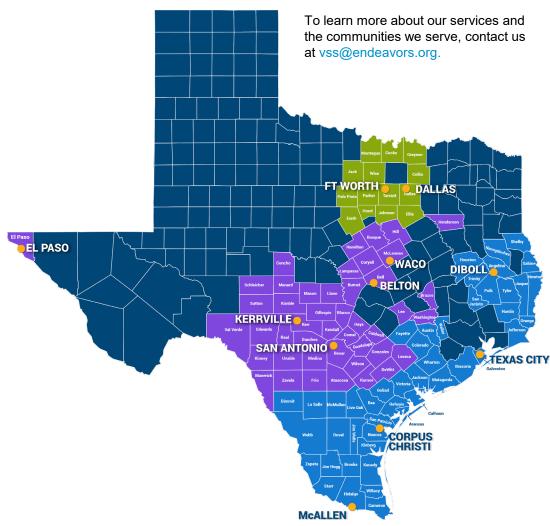
### SUPPORTIVE SERVICES FOR VETERAN FAMILIES

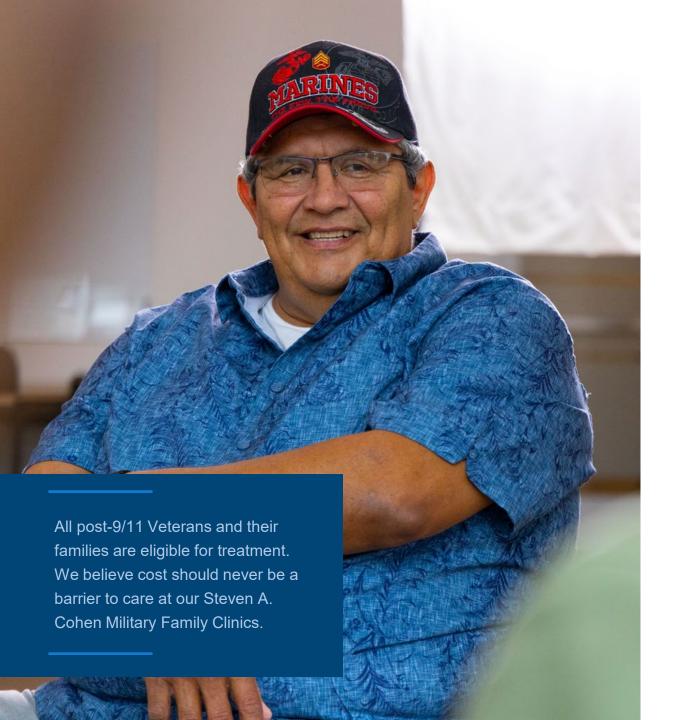
#### HOUSING HOMELESS VETERANS

Our Supportive Services for Veteran Families Program rapidly re-houses and prevents homelessness among very low-income Veterans and their families by providing homelessness prevention and stabilization services, one-on-one case management, and assistance in obtaining VA and other public benefits.

In an effort to prevent Veteran homelessness, we provide financial assistance for qualifying Veterans on a case-by-case basis. Case managers build individualized recovery plans for each Veteran and work to rapidly place them in housing. Our plans are designed to connect the Veteran with their specific resource needs—legal, mental health, education, financial counseling, and any other assistance they need to recover.

Endeavors serves over 100 counties in Texas, dozens of which are considered rural areas with limited resources.





### STEVEN A. COHEN MILITARY FAMILY CLINICS

MENTAL HEALTH MATTERS

The Steven A. Cohen Military Family Clinics at Endeavors in San Antonio, El Paso, and Killeen provide in-person and virtual high-quality, accessible, and integrated mental health care to Veterans (regardless of role while in uniform, discharge status, or combat experience) active duty service members (with a TRICARE referral), and military families.

All clinics use evidence-based practices, provided by credentialed staff trained to work with military populations. We believe cost should never be a barrier to care. Life-skills, wellness events, support groups, case management support, and local referrals to help with education, employment, financial assistance, housing, and legal issues are also available via the Cohen Clinics.

For more information, visit endeavors.org/cohen-clinics or call 1-833-CVN-VETS.



## VETERAN WELLNESS HOENARER/ETERANS

For Veterans, making wellness a priority helps create a positive, stable post-military life. Because creating and maintaining healthy habits after leaving the military can be hard, we've created the brand-new Endeavors Veteran Wellness Center (VWC) to provide a multitude of wellness services. From mental to physical health, this center offers Veterans many services that will help them improve their quality of life, as well as the quality of life for their families, military dependents, and the care community.

Our state-of-the-art VWC in San Antonio, TX, offers comprehensive and integrated mental and physical health services to support the daily wellness needs of any-era Veterans and their families. The VWC provides telehealth and in-person mental health services to Veterans with chronic long-term mental health needs (e.g., bipolar disorder, psychotic disorders) and their families. Members have access to integrated health, mental health, and holistic activities, including acupuncture, yoga, and tai chi, as well as a large state-of-the-art fitness center.

For more information, visit endeavors.org/vwc or call **726-207-4892**.

VWC services are outlined with the following six principles of wellness:





### Our **Partnership** Plan





Our movement begins with Special Olympics....

A worldwide
movement that can
team up with and
provide support to
our military families
and services
members.



Partnering with the Department of Defense

The **providers** of military support to secure the security of our country.



To Enact the Exceptional Family Member Program

Managing the care and services for family members with special needs



And to Begin to Serve Our Military Families

Serve as **first line** of communication, inside and outside the gates , for our military families and services members

#### Let's Continue The Movement!







### How **Special Olympics** can work collaboratively with **EFMP**

- Provide community connection and family support
- Ease of transition for family and service members from one installation to another
- Focus on military service member holistic health and goals

How Special Olympics and our Service Members can work collaboratively together through Unified Sports

 Unified Sports involve people with and without intellectual disabilities and promote inclusion in sports and everyday life!

#### Contact us at

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Norm Arias, COO of Special Olympics: <a href="mailto:narias@sotx.org">narias@sotx.org</a>

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### Questions



