

Indoor environments have a direct impact on the well-being, readiness and resiliency of service members and their families. With over 90% of time spent indoors, we begin by meeting service members right where they are with innovative solutions that can be implemented immediately in the home, creating a better tomorrow for our military.

During this session, presenters will share science-backed, third party-verified solutions that are proven to promote wellness and will ultimately contribute to an increased quality of life, offer valuable insights into policies, scientific advancements and successful implementations, and provide guidance on building resilient communities.



Rob Bellmar

President,
Vitacorps



Pete Sims

Managing Director,
DOD, Corvias



Mark Colón

Deputy Assistant
Secretary of Defense
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Elizabeth Miles

Vice President,
Residential, IWBI



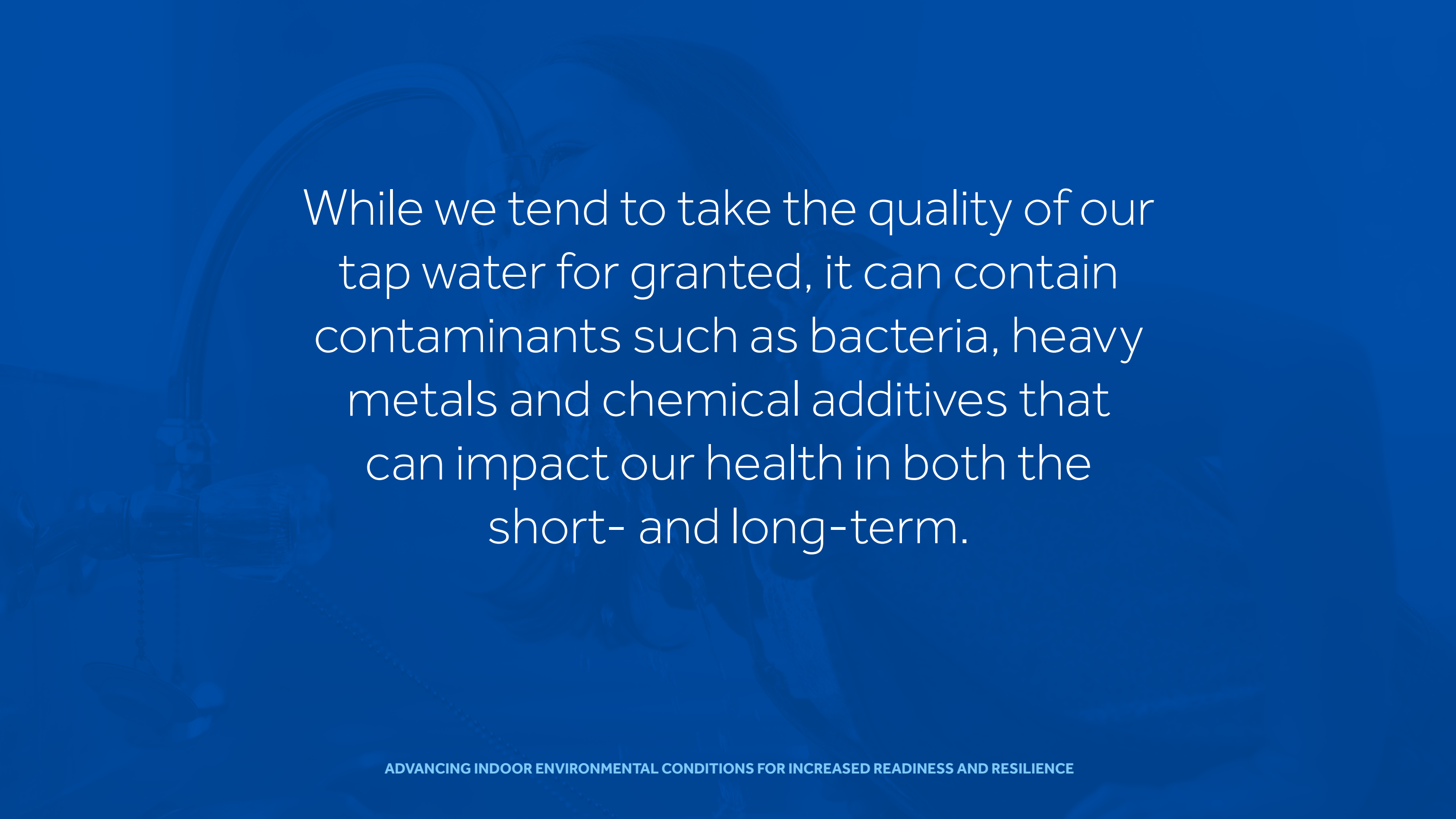
Kathleen Hicks
Deputy Secretary
of Defense

“Ensuring that these spaces are safe; appealing to current and prospective Service members, their families, and the civilian workforce; and supportive of their physical, emotional and cognitive well-being is therefore a national security imperative.

It is also our moral obligation to the people who defend our nation.”

Indoor air quality
can be up to
5x worse
than the air outdoors.

Light has a powerful effect on our bodies, from our moods, energy levels and alertness, to our sleep/wake cycle and cognitive functions.



While we tend to take the quality of our tap water for granted, it can contain contaminants such as bacteria, heavy metals and chemical additives that can impact our health in both the short- and long-term.