

Changes to Momentum's complementary products for 2025

You may choose to make use of additional products available from Momentum Group Limited and its subsidiaries as well as Momentum Multiply (herein collectively referred to as Momentum). Momentum is not a medical scheme and is a separate entity to Momentum Medical Scheme. Momentum products are not medical scheme benefits. You may be a member of Momentum Medical Scheme without taking any of the products offered by Momentum.

Momentum GapCover

Momentum GapCover has been restructured into GapCover Supreme and Primary. Members can choose between the more affordable GapCover Primary, or the more extensive benefits offered by GapCover Supreme.

Momentum HealthSaver

Momentum HealthSaver will no longer limit transactional cards to two per contract. In addition, members who do not have a valid South African ID document, can now apply for a HealthSaver Card using their passport. When members apply for a new Momentum HealthSaver with credit, the amount of credit advanced upfront will be pro-rated, based on the number of months remaining in the year.

Momentum Multiply

Momentum Multiply has provided significant value to its members this year by moving from a traditional loyalty programme to incentivising healthy behaviour. Momentum Multiply now offers a digital health and fitness assessment to all its members, as knowing your health is the first step to improving your health.

Wysa, an emotional intelligent chatbot, is another new feature to help support members with their mental wellness. Wysa is an AI-powered companion that engages members in conversations about their feelings and challenges. It provides support through evidence-based techniques and strategies and access to a variety of self-help resources, including mood trackers, journaling prompts, and guided exercises focused on cognitive behaviour therapy, mindfulness, and emotional regulation. Wysa is private, easy to use, and available 24/7 on the Momentum App under Multiply.

By leveraging data and personalised insights, Momentum Multiply will continue to offer tailored recommendations and rewards that align with individual health goals, making it easier for members to stay on track and achieve their wellness objectives. Individual members will be able to use those rewards to pay their monthly medical scheme contributions, thereby leveraging their health to maintain the cover they need.



Momentum Multiply has also added 4 new big brands as part of the Multiply partners – Ultrahuman, Puma, Multiply Padel and Travelstart.

For more information about Momentum’s complementary products, click [here](#).