

## Focus on the oncology management programme

We understand that a cancer diagnosis can be overwhelming, so we have tried to make registering on our oncology programme as simple as possible.

### How to access the oncology/cancer benefits

Step 1	If you are diagnosed with cancer, consult with an oncologist or haematologist, if it was not an oncologist or haematologist who diagnosed you. The type of provider will depend on the type of cancer. Make sure you use the network provider applicable to your benefit option
Step 2	The doctor will decide on a treatment approach and communicate this to us for pre-authorisation
Step 3	The doctor will need to submit your histology, pathology and/or radiology reports to confirm your diagnosis to the Oncology Team via email at <a href="mailto:oncology@momentumhealth.co.za">oncology@momentumhealth.co.za</a> . The doctor also needs to submit a treatment plan on a specific SAOC/ICON form, including the required ICD-10 codes and any other relevant information for the treatment required
Step 4	The request will be evaluated by the Oncology Team. If required, we may contact you or your doctor for additional information
Step 5	Once we have all the information we need, your doctor will receive a response within 2 to 3 working days

### What are the benefit limits?

Benefit option	Overall annual limit
Ingwe Primary Care and Ingwe Active	Limited to Prescribed Minimum Benefits at State facilities
Ingwe Connect	Limited to Prescribed Minimum Benefits at Connect Network hospitals for approved in-patient care. For out-patient care, you need to make use of ICON oncologists
Evolve	R200 000 per beneficiary per year, thereafter a 20% co-payment applies. Momentum Medical Scheme Reference Pricing applies to chemotherapy and adjuvant medication. SAOC Tier 1 benefits apply, subject to approval
Custom	R300 000 per beneficiary per year, thereafter a 20% co-payment applies. Momentum Medical Scheme Reference Pricing applies to chemotherapy and adjuvant medication. SAOC Tier 1 benefits apply to Associated and Any Options, subject to approval



Benefit option	Overall annual limit
Incentive	R400 000 per beneficiary per year, thereafter a 20% co-payment applies. Momentum Medical Scheme Reference Pricing applies to chemotherapy and adjuvant medication. SAOC Tier 1 to 2 benefits apply to Associated and Any Options, subject to approval. Cases which meet clinical criteria for exception management have access to certain specialised oncology medicines and treatment on Tier 3, up to a sub-limit of R200 000 within the oncology limit
Extender	R500 000 per beneficiary per year, thereafter a 20% co-payment applies. Momentum Medical Scheme Reference Pricing applies to chemotherapy and adjuvant medication. SAOC Tier 1 to 2 benefits apply to Associated and Any Options, subject to approval. Cases which meet clinical criteria for exception management have access to certain specialised oncology medicines and treatment on Tier 3, up to a sub-limit of R200 000 within the oncology limit
Summit	No annual limit applies. Momentum Medical Scheme Reference Pricing applies to chemotherapy and adjuvant medication. SAOC Tier 1 to 2 benefits apply, subject to approval. Cases which meet clinical criteria for exception management have access to certain specialised oncology medicines and treatment on Tier 3, up to a sub-limit of R200 000

**Your benefit option and chronic provider determine which specialists and pharmacy you may use**

Benefit option and chronic provider	Oncologist, haematologist and pharmacy
Ingwe Primary Care and Ingwe Active	State facilities
Ingwe Connect	ICON Network oncology providers – <a href="#">click here</a> for the list Medipost Pharmacy for medicine If you obtain your oncology benefits from a non-network provider, you will be liable to pay 20% of the accounts for all oncology benefits, including pathology, radiology and medication
Evolve	List of Evolve Network oncologists – <a href="#">click here</a> for the list Medipost Pharmacy for medicine If you obtain your oncology benefits from a non-network provider, you will be liable to pay 20% of the accounts for all oncology benefits, including pathology, radiology and medication
Custom, Incentive and Extender – State chronic provider	ICON Network oncology providers – <a href="#">click here</a> for the list Medipost Pharmacy for medicine Treatment is subject to the ICON Essential Treatment Protocols If you obtain your oncology benefits from a non-network provider, you will be liable to pay 20% of the accounts for all oncology benefits, including pathology, radiology and medication

Benefit option and chronic provider	Oncologist, haematologist and pharmacy
Custom, Incentive and Extender – Associated chronic provider	Any SAOC registered oncology provider Medipost pharmacy for medicine
Custom, Incentive and Extender – Any chronic provider	Any SAOC registered oncology provider Any pharmacy for medicine
Summit	Any SAOC registered oncology provider Any pharmacy for medicine

### Active treatment

Active treatment is when a patient receives chemotherapy, radiotherapy (radiation) or brachytherapy depending on their diagnosis. Treatment is approved in accordance with the SAOC or ICON guidelines, Scheme Rules and benefit design.

- Chemotherapy - adjuvant chemotherapy is given to destroy any left-over cells after surgery to prevent possible reoccurrence. Palliative chemotherapy manages symptoms and slows disease progression. Momentum Medical Scheme Reference Pricing applies to both chemotherapy and adjuvant medication.
- Radiotherapy uses high-energy rays to destroy cancer cells. While radiotherapy also damages healthy cells, cancer cells cannot repair themselves, but healthy cells usually can. Palliative radiotherapy may also be given.
- Materials used in the administration of the active treatment, eg drips, needles and supporting treatment are covered with the active treatment.
- The treatment plan also includes consultations, infusion fees, pathology, radiology and medication required to treat the disease.
- Consultations with the oncologist are covered at 100% of the Momentum Medical Scheme Rate at the applicable network provider as per your benefit option.
- Pathology tests related to the condition are covered at 100% of the Momentum Medical Scheme Rate if requested by the treating network doctor, subject to being pre-authorized.
- Radiology related to the condition is covered at 100% of the Momentum Medical Scheme Rate if requested by the treating network doctor, subject to being pre-authorized. This includes:
  - Basic x-rays and scans
  - Specialised radiology (CT, MRI and nuclear scans) - a co-payment may apply
 If a scan is not directly related to the cancer, it will not be covered from the oncology benefit.



### **Non-active treatment**

Momentum Medical Scheme will pay for follow-up (non-active) treatment after the initial treatment is completed, subject to pre-authorisation.

This includes:

- Hormonal therapy, which is used for several different types of cancers, eg breast and prostate cancer and is covered according to SAOC and ICON guidelines.
- Follow-up care, including consultations, pathology and radiology as listed above.
- Pain control for extensive spread of the disease.
- Lymph drainage (physiotherapy) done by an accredited therapist provided the complication is as a result of radiation and axillary clearance.
- Registered clinical coaches who assist patients and their families who require follow-up care.

### **What is not covered from the oncology benefit?**

- Treatment not provided for within the SAOC or ICON guidelines and formularies or the Scheme Rules.
- Acute medication, eg antibiotics, antidepressants, anxiety or sleeping tablets, vitamins and homeopathic medicines. These may be paid from available Day-to-day benefits.
- External breast prosthesis, special bras, stoma products and oxygen. These are covered from the Major Medical Benefit applicable limit based on your benefit option.
- Reconstruction surgery does not form part of the oncology limit but is funded from the Major Medical Benefit. In the case of breast cancer, if the mastectomy was not done while the member was on Momentum Medical Scheme, we will request supporting documentation.
- Benefits for Hospice and home-based nursing care. This is paid from the relevant Major Medical Benefit, and will need to be pre-authorised in consultation with the treating oncologist. Limits apply depending on your benefit option. Please note that Hospice and private nursing are not covered on the Ingwe Option.
- Mental health benefits required as an impact of oncology need to be authorised. If authorised, treatment will be paid from the mental health benefit and limits applicable to your benefit option.
- Treatment of chronic conditions which arise due to the impact of medication will be subject to your chronic benefit.
- Wigs are funded from available Day-to-day benefits.



### How to avoid co-payments

- Use doctors and pharmacies within your benefit option’s networks. With the help of your treating doctors, ensure that the treatment falls within the appropriate guidelines and formularies.
- Ask your doctor to use generic medication. Your doctor will make the final decision on whether the generic medication is appropriate, but the funding of the medicine may be impacted.
- Where limits apply, treatment needs to be within the benefit limits on your benefit option.
- Ensure the correct ICD-10 codes related to the cancer are indicated on all claims submitted to us, including the pathology and radiology claims. Speak to your doctors to ensure they submit claims with the correct ICD-10 codes, per the treatment plans submitted, or as provided when authorised.

### When does oncology qualify as a Prescribed Minimum Benefit?

Not all cancer treatment is considered Prescribed Minimum Benefit treatment. This does not, however, mean there will be no cover if the cancer is not a Prescribed Minimum Benefit. Oncology benefits still apply to non-Prescribed Minimum Benefit cancer treatment, except on the Ingwe Option, which covers Prescribed Minimum Benefits only.

Once oncology limits for the treatment of cancer are exceeded, the Scheme will fund 80% of the benefit for the remainder of the year, which means you will be liable for 20% of the cost.

### Contact details

If you have any queries or need more information, you are welcome to contact us.

Member contact centre      0860 11 78 59 – WhatsApp or call  
Email                              [oncology@momentumhealth.co.za](mailto:oncology@momentumhealth.co.za)  
Web                                   [momentummedicalscheme.co.za](http://momentummedicalscheme.co.za)

### Support centres for oncology patients

Cancer Association of South Africa (CANSAs)	Toll free: 0800 22 66 22	Email <a href="mailto:info@cansa.org.za">info@cansa.org.za</a>
People Living With Cancer (PLWC)	Toll free: 0800 03 33 37 Tel: 021 565 0039	Email <a href="mailto:info@plwc.org.za">info@plwc.org.za</a>
Reach for a dream	Tel: 011 880 1740	Email <a href="mailto:info@reachforadream.org.za">info@reachforadream.org.za</a> Web <a href="http://reachforadream.org.za">reachforadream.org.za</a>
The Sunflower Fund	Toll free: 0800 12 10 82	Web <a href="http://sunflowerfund.org.za">sunflowerfund.org.za</a>



## Glossary of terms used in this document

Term	Description
Momentum Medical Scheme Reference Pricing	Momentum Medical Scheme Reference Pricing is the maximum rand value that the Scheme will pay for a medicine. If you claim for a medicine that costs more than the reference pricing, you will need to pay the difference in cost.
Generic medication	A generic drug is a pharmaceutical drug that is equivalent to a brand-name product in dosage, strength, route of administration, quality, performance, and intended use, but does not carry the brand name. The generic drug has the same active pharmaceutical ingredient as the original, but may differ in characteristics such as manufacturing process, colour, taste and packaging.
ICD-10 code	This is a system of coding that notes various medical records including diseases, symptoms, abnormal findings and external causes of injury. It is your diagnosis code.
ICON	Independent Clinical Oncology Network
Oncologist	A doctor who specialises in the diagnosis and treatment of cancer.
Prescribed Minimum Benefits	<p>Prescribed Minimum Benefits (PMBs) is a list of benefits for which all medical schemes in South Africa have to provide cover in terms of the Medical Schemes Act 131 of 1998 and the Regulations thereto. In order to access these benefits:</p> <ul style="list-style-type: none"><li>• Your medical condition must qualify for cover and be part of the defined list of Prescribed Minimum Benefit conditions.</li><li>• The treatment needed must match the treatments in the defined benefits.</li><li>• You must use the Scheme's Designated Service Providers.</li></ul> <p>If you voluntarily choose to use non-designated service providers, the Scheme will pay benefits up to the Momentum Medical Scheme Rate and relevant co-payments will apply. If you use non-designated service providers in cases of an emergency medical condition, it is deemed involuntary and co-payments are therefore waived. If your medical condition and treatment do not meet the above criteria to access these benefits, we will pay according to the benefits on your chosen benefit option.</p>
SAOC	South African Oncology Consortium