

## The Manchester Clinical Supervision Scale

Drawing on your experience of receiving clinical supervision please indicate your level of agreement with the following 36 statements by checking the number which best represents your answers.

### Rating Scale:

1 – Strongly Disagree, 2 – Disagree, 3 – Somewhat Agree, 4 – Agree, 5 – Strongly Agree

	1	2	3	4	5
Other work pressures interfere with CS sessions (PRIORITY/TIME)	<input type="checkbox"/>				
It is difficult to find the time for CS sessions (PRIORITY/TIME)	<input type="checkbox"/>				
CS sessions are not necessary/don't solve anything (BUY-IN)	<input type="checkbox"/>				
Time spent on CS takes me away from my real work in the clinical area (BUY IN/TIME)	<input type="checkbox"/>				
I can 'unload' during my CS session (THERAPEUTIC ALLIANCE)	<input type="checkbox"/>				
Fitting CS sessions in can lead to more pressure at work (PRIORITY/BUY IN)	<input type="checkbox"/>				
I find CS sessions time consuming (BUY IN)	<input type="checkbox"/>				
My supervisor gives me support and encouragement (THERAPEUTIC ALLIANCE)	<input type="checkbox"/>				
CS does not solve personal issues (CLINICAL VS ADMIN VS THERAPY)	<input type="checkbox"/>				
CS sessions are intrusive (SCOPE OF PRACTICE/THERAPEUTIC ALLIANCE)	<input type="checkbox"/>				
CS gives me time to 'reflect' (BUY IN/THERAPEUTIC ALLIANCE)	<input type="checkbox"/>				
Work problems can be tackled constructively during CS sessions (BUY IN/THERAPEUTIC ALLIANCE)	<input type="checkbox"/>				
CS sessions facilitate reflective practice (BUY IN/THERAPEUTIC ALLIANCE)	<input type="checkbox"/>				
If there is something I don't understand there is always someone to ask	<input type="checkbox"/>				
My supervisor offers an 'unbiased' opinion (THERAPEUTIC ALLIANCE)	<input type="checkbox"/>				
I can discuss sensitive issues encountered during my clinical casework with my supervisor	<input type="checkbox"/>				
Having someone different to talk about to personal issues was a great help	<input type="checkbox"/>				
My CS sessions are an important part of my work routine (BUY IN)	<input type="checkbox"/>				
My supervisor is never available when needed	<input type="checkbox"/>				
I learn from my supervisor's experiences	<input type="checkbox"/>				
It is important to make time for CS sessions	<input type="checkbox"/>				
My supervisor provides me with valuable advice	<input type="checkbox"/>				
My supervisor is very open with me	<input type="checkbox"/>				
Sessions with my supervisor widen my clinical knowledge base	<input type="checkbox"/>				
CS is unnecessary for experienced/established staff	<input type="checkbox"/>				
My supervisor puts me off asking about sensitive issues	<input type="checkbox"/>				
My supervisor acts in a superior manner during our sessions	<input type="checkbox"/>				
CS is for newly qualified/inexperienced staff only	<input type="checkbox"/>				
Clinical Supervision makes me a better practitioner	<input type="checkbox"/>				
Without CS the quality of patient care would deteriorate	<input type="checkbox"/>				
CS sessions motivate staff	<input type="checkbox"/>				
I feel less stressed after seeing my supervisor	<input type="checkbox"/>				
CS improves the quality of care I give to my patients	<input type="checkbox"/>				
I can widen my skill base during my CS session	<input type="checkbox"/>				
My supervisor offers me guidance with patient care	<input type="checkbox"/>				
I think receiving clinical supervision improves the quality of care I give	<input type="checkbox"/>				