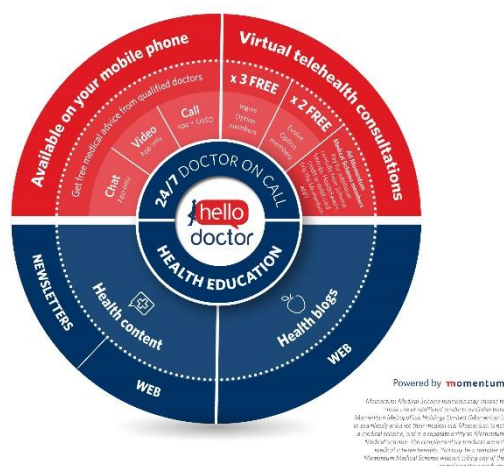


Focus on Hello Doctor⁺

“Do I really need to see a doctor?” That’s an important question to ask; and one that’s best answered by Hello Doctor. Trade the stress and uncertainty of that indecision for peace of mind and talk to a doctor on your phone, anytime, anywhere for free advice.

Momentum Medical Scheme members get free access to Hello Doctor, where you can get the medical advice you need, 24/7. Hello Doctor is available on your **Momentum App**. Just click the icon on your home screen, request a phone call and the doctor will phone you back. No service fees or charges apply when you use the Hello Doctor **advice** service. All you need is data or a WiFi connection and since our doctors call you – you won't even need to use your airtime.

Telehealth consultations – an additional paid for service that offers more than just free advice over the phone. A full telehealth consultation can be held with a doctor, for a fee of just R292 per consultation. Doctors can diagnose and treat certain conditions and electronically prescribe certain scheduled medications. Acute medicine prescriptions can be sent to your pharmacy of choice. Members on the Evolve Option get two free telehealth consultations per year, while members on the Ingwe Option get three free telehealth consultations per year. Members on all options may also choose to pay for a telehealth consultation using available funds in their HealthSaver⁺, medical savings account, or a credit or debit card (credit/debit card payment is available in the Momentum App only).



Please note that when using Hello Doctor, you still need to comply with the Scheme Rules that include the use of Designated Service Providers, as determined by your Momentum Medical Scheme option. Hello Doctor's services are discretionary; in-person medical consultations or examinations are advised for any adverse symptoms or medical emergencies.

+Momentum Medical Scheme members may choose to make use of additional products available from Momentum Group Limited and its subsidiaries as well as Momentum Multiply (herein collectively referred to as Momentum). Momentum is not a medical scheme and is a separate entity to Momentum Medical Scheme. Momentum products are not medical scheme benefits. You may be a member of Momentum Medical Scheme without taking any of the products offered by Momentum.