



Well People



Well Pets



Well Practice



Well Community

# 2026 EMPLOYEE BENEFITS GUIDE

January 1, 2026 through December 31, 2026



## Welcome to WellHaven

WellHaven has a reputation for being “best in class”. We work hard every day to make a difference – a difference in the lives of our pets and pet families. We exist to strengthen the positive ripple effect that derives from happy, successful vet hospital leaders and teams, care that truly addresses the needs of pet parents, and, by extension, healthy pets. When the animals feel the love, everyone feels the difference.

## Table of Contents

Eligibility & Enrollment . . . . .	3
Mid-Year Changes . . . . .	4
What's new this year? . . . . .	5
TouchCare . . . . .	6
Benefit & Risk Management Services and your ID Card . . . . .	11
Medical Plan Summary . . . . .	13
Understand your Medical Plan Deductible & Out of Pocket Maximum . . . . .	14
Choosing the Right Provider . . . . .	15
Preventive Care & Telehealth . . . . .	16
Health Savings Account (HSA). . . . .	17
Flexible Spending Account (FSA) . . . . .	20
Dental Plan Summary . . . . .	21
Vision Plan Summary . . . . .	23
Life & AD&D Insurance . . . . .	24
Voluntary Life & AD&D . . . . .	25
Short-Term Disability . . . . .	26
Long-Term Disability . . . . .	27
Critical Illness. . . . .	28
Hospital Indemnity. . . . .	29
Accident . . . . .	30
Guardian Value Added Benefits. . . . .	31
Employee Assistance Program . . . . .	33
Peanut Butter. . . . .	34
PTO, Holidays . . . . .	35
Leave of Absence . . . . .	36
AbsenceResources. . . . .	37
Bereavement Leave. . . . .	38
Professional License . . . . .	39
Professional Liability. . . . .	39
Continuing Education (CE) . . . . .	40
Pet Wellness Plans & Scrubs. . . . .	41

Additional Employee Discounts . . . . .	42
Benefits Premium Cost . . . . .	43
401(K) & Wealth Management . . . . .	49
Help & Assistance . . . . .	50
Appendix- Resources . . . . .	51
Appendix- Key Definitions. . . . .	52
Important Notices. . . . .	53



# Eligibility

You may be and/or become eligible to enroll in our benefits plan if one of the following apply:

- At the time of hire, if you are classified as Full Time Regular and scheduled to work 30 or more hours per week.
- You are reclassified, due to an Employee Classification Change, as Full Time Regular and scheduled to work 30 or more hours per week.
- You meet the minimum number of hours required for medical insurance eligibility during one of our annual measurement periods.

You may also enroll your eligible dependent(s) in the same plans you enroll yourself. Eligible dependents include:

- Legally married spouse
- Qualified domestic partner\*
- Dependent child(ren) up to age 26

\*To enroll a domestic partner, you must complete the appropriate Domestic Partner Affidavit Form and/or provide a copy of your state approved registration. There are tax implications when enrolling a domestic partner.

Eligible employees may participate in the benefit plans on the first day of the month following or coinciding with 30 days of employment (hire) or status change.

\*\*Acquisition new hires and campus employees are eligible 1<sup>st</sup> of month following date of hire.



# Enrollment

You will enroll in the benefit plans through the Benefit Portal within the Paycom system. Please watch for an email, from “Paycom Self Service”. You will want to enroll at least 15 days prior to your benefits start date. You must enroll within 30 days of your eligibility date. You will also enroll during our annual Open Enrollment period.



**Please note!** If you do not complete your enrollment during your designated window, you will not be able to enroll or make changes unless you experience a Qualifying Life Event, or until the next open enrollment period.

# Mid-Year Changes

Unless you have a Qualifying Life Event (QLE), you cannot make mid-year benefit changes. Within 30 days of a QLE, you must make a change. QLE examples include:

- Marital or domestic partnership status change
- Birth or adoption of an eligible child(ren)
- Death of a spouse, domestic partner, child(ren) or other qualified dependent
- Change in your employment status that affects your eligibility for benefits
- Change in your spouse or domestic partner's employment status that affects his/her/their eligibility for benefits
- Change in your child(ren)'s dependent status or eligibility for benefits
- Change in coverage under another employer-sponsored plan
- Directive from a Qualified Medical Child Support Order

Please contact Human Resources if you have any questions or believe you may qualify for an election change.



Please note! To make changes to your benefit elections, you **MUST** notify HR within 30 days of the Qualifying Life Event (including newborns). Be prepared to show documentation supporting the QLE such as a marriage license, birth certificate, or a divorce decree. If changes are not submitted on time, you must wait until the next Open Enrollment period to make your election changes.

QLE changes are processed through the Benefit Portal within the Paycom system.

# Carrier Line Up

## 2026 BRMS/Cigna Network

## 2026 Guardian Life

Dental

Life AD&D

Voluntary Life & AD&D

Short-Term Disability

Long-Term Disability

Critical Illness

Hospital Indemnity

Accident

## 2026 Wex Benefits

Flexible Spending Account

Health Savings Account

Dependent Day Care Account

Commuter/Transit Account

## 2026 TouchCare

Healthcare Concierges

Medicare Consultation Services

## 2026 John Hancock – 401 (K) Provider

Match 25% of first 8% of contributions or 2% maximum contribution

## 2026 AbsenceResources

Leave of absence provider



# Healthcare concierge and caring advocacy

Confidential, expert assistance, *at no cost to you*

## Who is TouchCare?

TouchCare is your personal health assistant. TouchCare is here to provide free, confidential assistance to help take the stress out of healthcare. Let TouchCare help find in-network doctors, get cost estimates, deal with billing issues, explain your benefits, and provide Medicare consultations...*all at no cost to you.*

## How can I get help?

It's easy to open a case. You can call **866-486-4085** (M-F, 8 am - 9 pm EST), visit [www.touchcare.com](http://www.touchcare.com) and log into our member portal, email [assist@touchcare.com](mailto:assist@touchcare.com), or download our TouchCare app on your mobile device.

## You'll need to register with TouchCare:

### 1. Get Started

Visit [www.touchcare.com](http://www.touchcare.com) and click on **member login** or **download our mobile app**. Click 'new member' on the sign-up page.

### 2. Verify your email

Upon creating your account, you will be asked to **verify your email address**. Find the verification email in your inbox and **click 'verify email'**.

### 3. Complete our form

Click the link in our email to finish registration by **completing our quick intake form and release form**. Finally, **enter a password to create your account and open your first case**.



Get the app



**Confidential, compassionate support to help you save time, stress, and money.**

Stay up-to-date with Touchcare on Instagram. Follow us: [@touchcarehealth](https://www.instagram.com/touchcarehealth)



## 1. How can TouchCare help me?

TouchCare is here to help you get the most out of your benefits, which translates to you saving money and using your benefits smarter. As your advocate and expert Health Assistant, TouchCare can assist with:

- Benefits navigation for health insurance & voluntary benefits
- Medicare Consultations - **NEW**
- Billing & claims negotiation
- Provider searches & appointment scheduling Cost comparisons
- Procedure preparation assistance RxCare
- and more!

## 2. How do I schedule a consultation?

After you are registered, you can schedule a visit for a Benefit Refresher or Rx Consult, visit: <https://www.touchcare.com/get-scheduled/>.

## 3. How much does TouchCare cost?

TouchCare is completely free for members. In many instances, TouchCare can save money for our members – so it pays you to use TouchCare!

## 4. Is my information confidential?

TouchCare is completely HIPAA compliant, which means all your information is securely stored and never shared with your employer. TouchCare reports general statistics (like how many employees have used TouchCare in the past year), but TouchCare never shares personally identifiable information.

## 5. What are some typical questions members ask?

- There's an error on my bill, can you help me fix this?
- Where can I get an MRI?
- Can you help me find an in-network dentist near me? What's an FSA?
- Where can I get tested for COVID-19?
- Am I paying too much for my prescription drugs?
- What plan did I enroll in again?
- How much have I met toward my deductible?
- Is fertility testing covered in my plan?
- Can you help me find an in-network therapist?
- What's the best plan for my family and me?
- I need bloodwork, what's the cheapest option?
- I'll be turning 65 soon and I don't know if I should enroll in Medicare, stay on WellHaven's plan or have both?

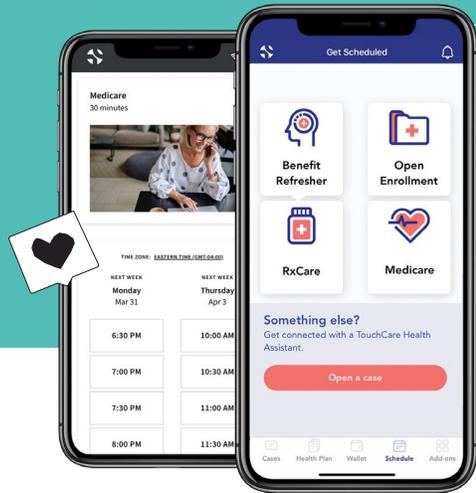
## 6. Can my dependents use TouchCare?

Absolutely! TouchCare is completely free to use for you and your dependents.

# Medicare Consultations



**Get scheduled today!**  
 Ready for a Medicare consult? Schedule your appointment online, through our app, or via our member portal under the "Get Scheduled" tab.



## Curious about when to go on Medicare?

Our specialists are here to provide personalized support—whether you're exploring coverage options, checking eligibility, comparing plans, or navigating the Medicare enrollment process.

**Get scheduled now by visiting:**

[www.touchcare.com/medicare](http://www.touchcare.com/medicare)



**Lightning fast**  
 In just 15 minutes, your Medicare Specialist will review your benefit plan and prescription details in advance, ensuring you get the most value from your consultation.

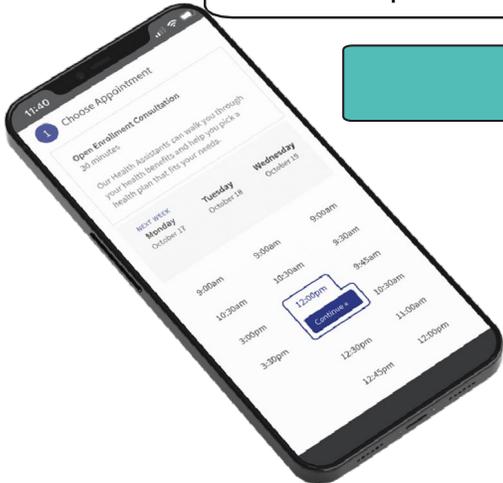


**Totally Free**  
 This personalized consultation is completely free for you and your family— courtesy of your generous employer through TouchCare.

**Fully Personalized**  
 Our personalized approach ensures that you receive tailored advice. We help you navigate Medicare by assessing your healthcare needs and explaining plan options in clear terms.

**Comprehensive Research**  
 Our specialists provide expert, unbiased support—going beyond generic resources to help you make informed decisions for both your health and your finances.

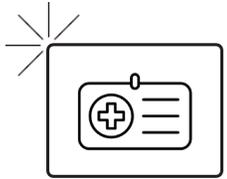
## How does it work?



**Choose a time and date that works for your schedule.**

**Fill out our quick intake form to let us know your needs.**

**Join TouchCare for your personalized consultation.**



Get advice on state and federal guidelines as it relates to your specific needs.

# TouchCare Medicare Consultation Scheduling | FAQs

## 1. What is TouchCare Medicare Consultation Scheduling Service?

TouchCare's Medicare Consultation Scheduling allows members to easily schedule one-on-one consultations with a dedicated Medicare Specialist. Whether you need guidance on coverage options, eligibility, plan comparisons, or navigating the enrollment process, our specialists are to provide personalized support.

## 2. When will this service be available?

The Medicare Consultation Scheduling service is typically available between the hours of 9 am and 6 pm EST. Members will be able to schedule appointments at their convenience.

## 3. Who is eligible to use this service?

All TouchCare members, including employees and their eligible family members, can take advantage of this service at no additional cost.

## 4. How do I schedule a Medicare consultation?

*Scheduling a consultation is quick and easy:*

**Online:** Log into your TouchCare account and click the "Medicare Consultation" tab to choose an available time. A Medicare Support Specialist will call you on the date / time you selected using the number you provided

**Phone:** Call our Member Services team at 866-486-4085, and they will assist you with scheduling a session.

**Schedule Directly:** Access [www.touchcare.com/medicare](http://www.touchcare.com/medicare) to complete a brief questionnaire, select a time / date for a Medicare Specialist to contact you for your consultation.

## 5. Is my information confidential?

Our Medicare specialists can assist with a wide range of topics, including:

- ✓ Understanding Medicare Part A, B, C, and D
- ✓ Comparing Medicare Advantage and Medigap plans
- ✓ Reviewing eligibility and enrollment timelines
- ✓ Estimating potential out-of-pocket costs
- ✓ Assisting with transitions from employer-sponsored insurance to Medicare.

## 6. Can I schedule follow-up appointments if I have more questions?

Absolutely! If you have additional questions or need ongoing assistance, you're welcome to schedule follow-up consultations as needed. We're here to support you throughout the entire process.

## 7. Is there a cost associated with this service?

No, this service is provided at no additional cost to TouchCare members. Our goal is to ensure that every member has access to the expert guidance they need to make informed decisions about Medicare.

## 8. How long do the consultations typically last?

Most consultations are scheduled for 30 minutes and might last the entire duration of time depending on the complexity of the questions that are being asked. If more time is needed, additional follow-ups can be scheduled.

# TouchCare Medicare Consultation Scheduling | FAQs

## 9. What if I need urgent assistance with Medicare decisions?

If you have urgent concerns or need immediate assistance, please contact Touch Care's Client Services team directly at [clientservices@touchcare.com](mailto:clientservices@touchcare.com) or by calling our support line. We'll do our best to expedite your request.

## 10. What makes TouchCare's Medicare consultation service unique?

Our personalized approach ensures that each member receives tailored advice based on their specific situation. Unlike generic resources, TouchCare's specialists offer **unbiased, expert** guidance to help you make the best decisions for your health and financial well-being.

TouchCare's specialists are individuals who have at least five years of experience working with individuals who are assessing or who utilize Medicare. They are familiar with state and federal guidelines and requirements and are available to assist you with any questions, concerns or needs you might have relating to Medicare.



## TouchCare Medicare

Specialists are available to provide personalized support—whether you're exploring coverage options, checking eligibility, comparing plans, or navigating the Medicare enrollment process.

[www.touchcare.com/medicare](http://www.touchcare.com/medicare)

Ready for a Medicare consult? Schedule your appointment online, through our app, or via our member portal under the "Get Scheduled" tab.

Available on the App Store

Get it on Google play

Get the app!

# Benefit & Risk Management Services “BRMS”

## My Benefits through BRMS

### 1. Who is BRMS?

A Third-Party Administrator (TPA) who will be assisting your employer in managing your benefits plan. BRMS provides comprehensive claims administration and customer support for your medical plan through Cigna.

### 2. When you need support, call TouchCare our healthcare concierge for the following information:

- How to find a provider
- ID Cards
- Claim Status
- Medical and Pharmacy Benefits
- Plan Documents such as SBCs, SPDs, etc
- And much more

### 3. Who can I contact regarding my claim status and information?

- You can access your claims information by visiting [www.myhealthbenefits.com](http://www.myhealthbenefits.com).

### 4. Who can my doctor/providers contact for information about my plan or to check my eligibility?

Your doctor/providers can contact BRMS for any benefit and plan-related questions through one of two methods:

- Contact Provider Services through the Number listed on your ID card
- Visit [brmsprovidergateway.com](http://brmsprovidergateway.com)

## MyHealthBenefits.com

### New User Registration

With MyHealthBenefits®, you have access to an all-inclusive resource library, current benefit information, digital ID cards, our pricing comparison tool, and much more! Log into [myhealthbenefits.com](http://myhealthbenefits.com) to take advantage of these tools.

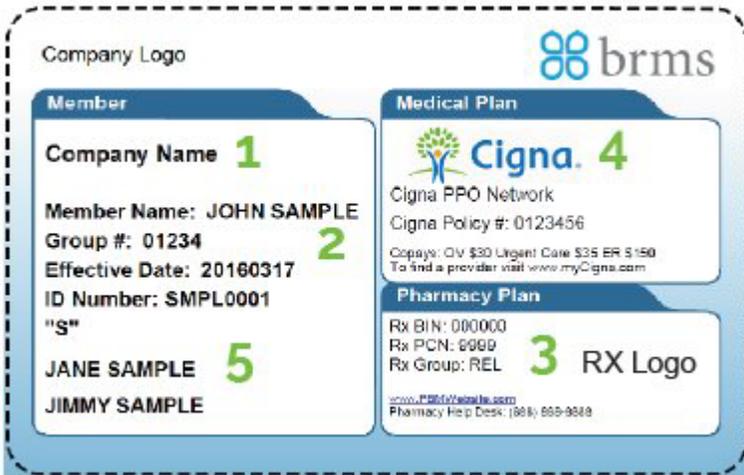
Registering for your new MyHealthBenefits account is required to view and manage your benefits.

Follow the steps below to complete your registration.

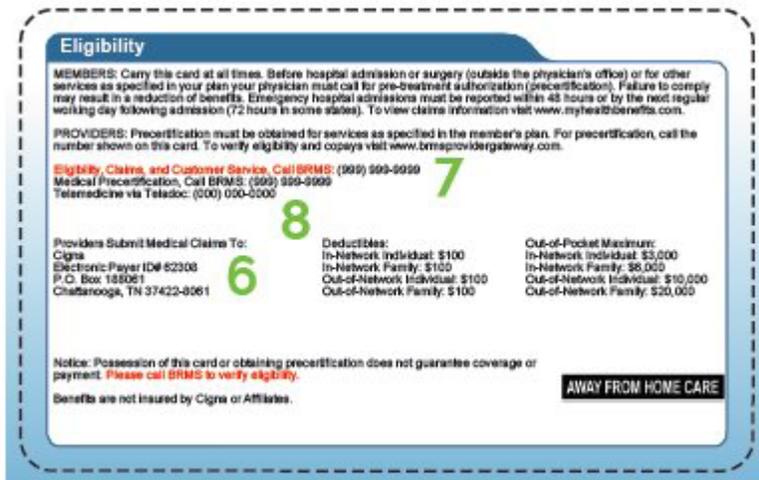
1. In your web browser, enter [www.myhealthbenefits.com](http://www.myhealthbenefits.com).
2. You will be directed to the benefits system login page. All users will be required to go through the registration process to create a new username and password.
3. To register for an account, click **Create New Account**.
4. Complete the registration process. You will be required to validate your account with an active email address.
5. Once your email address has been validated, your account will be successfully verified.
6. Click **Log In** to enter your account credentials.
7. Enter your username and password, and the system will prompt you to validate your identity by entering a code. (sent via phone call, text message or email). Note: This second step in the authentication process will be required every time an attempt to access your account is made from a device the system does not recognize.
8. Upon completing the multi-factor verification, you will be taken to your MyHealthBenefits dashboard.

# Benefit & Risk Management Services “BRMS”

## Understanding Your ID Card



1. Eligibility Information
2. Medical Plan Group Number
3. Pharmacy Information
  - Fairos Rx
4. Coverage/Network
5. Dependents
6. Claims Submission
7. Member Customer Service (TouchCare’s Number)
8. Teladoc



### PROVIDER INFORMATION

- Please verify eligibility through [www.MyHealthBenefits.com](http://www.MyHealthBenefits.com).
- Do NOT verify with Cigna.
- Providers will need to submit all claims to Cigna.
- Do NOT send claims to BRMS.

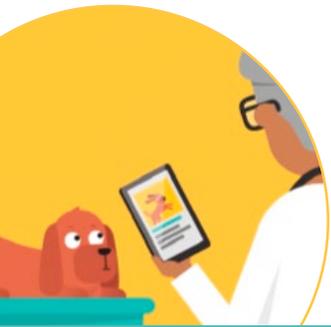


# Medical Plan Summary

WellHaven has partnered with BRMS/Cigna to offer you both a competitive Qualified High-Deductible Health Plan (QHDHP) with the coordination of a Health Savings Account (HSA), as well as a Preferred Provider (PPO) Plan.

Both plans allow you the freedom to visit either In-Network or Out-of-Network providers; however, staying within the Cigna network of providers (in-network) will provide you with least out-of-pocket costs.

The following chart outlines highlights of both plans. Please refer to the Summary of Benefits Coverage (SBC), available in Paycom for a full listing of covered services and “Which Plan is Right for Me and My Family?” in this guide.



With an QHDHP, you will need to meet the calendar year deductible before medical and prescription drug benefits begin. Once the deductible is met, you will pay the coinsurance up to the out-of-pocket maximum as outlined below. Use the Health Savings Account (HSA) to pay for these costs.

With the PPO, you will pay a copay for Primary Care, Urgent Care, Specialist, prescription drug benefits, without needing to meet the medical plan deductible.

Plan	Cigna High-Deductible Health Plan		Cigna PPO Plan	
	In-Network	Out-of-Network*	In-Network	Out-of-Network*
Services				
Deductible	\$3,300 Individual / \$6,600 Family		\$3,500 per person / \$7,000 Family	
Out-of-Pocket Maximum	\$5,000 per person/ \$10,000 Family		\$6,700 per person / \$13,500 Family	
Preventive Care	Covered in full	After Deductible, you pay 40%	Covered in full	After Deductible, you pay 40%
Primary Care Visit	After Deductible, you pay 20%	After Deductible, you pay 40%	\$40 Copay	After Deductible, you pay 40%
Specialist Visit	After Deductible, you pay 20%	After Deductible, you pay 40%	\$60 Copay	After Deductible, you pay 40%
Diagnostic Lab and X-Ray	After Deductible, you pay 20%	After Deductible, you pay 40%	After Deductible, you pay 20%	After Deductible, you pay 40%
Urgent Care	After Deductible, you pay 20%	After Deductible, you pay 40%	Same as Office Visit	After Deductible, you pay 40%
Emergency Room	After Deductible, you pay 20%	Paid at in-network level	Deductible applies and a \$300 copay, after deductible you pay 20%	Paid at in-network level
Inpatient Hospital/Outpatient Hospital	After Deductible, you pay 20%	After Deductible, you pay 40%	After Deductible, you pay 20%	After Deductible, you pay 40%
Chiropractic Care – 12 visit max/year	After Deductible, you pay 20%	After Deductible, you pay 40%	\$40 Copay	After Deductible, you pay 40%
Acupuncture – 12 visit max/year	After Deductible, you pay 20%	After Deductible, you pay 40%	\$40 Copay	After Deductible, you pay 40%
Prescription Drugs <sup>1</sup> – Retail and Mail Order – Fair Rx Generic/Pref-Brand/Brand/Specialty	After Deductible, you pay 20%	After Deductible, you pay 20%	\$20 Copay / \$40 Copay / \$60 Copay / 50% up to \$300 max Mail Order: 3x Retail Specialty drugs – 30-day supply only	

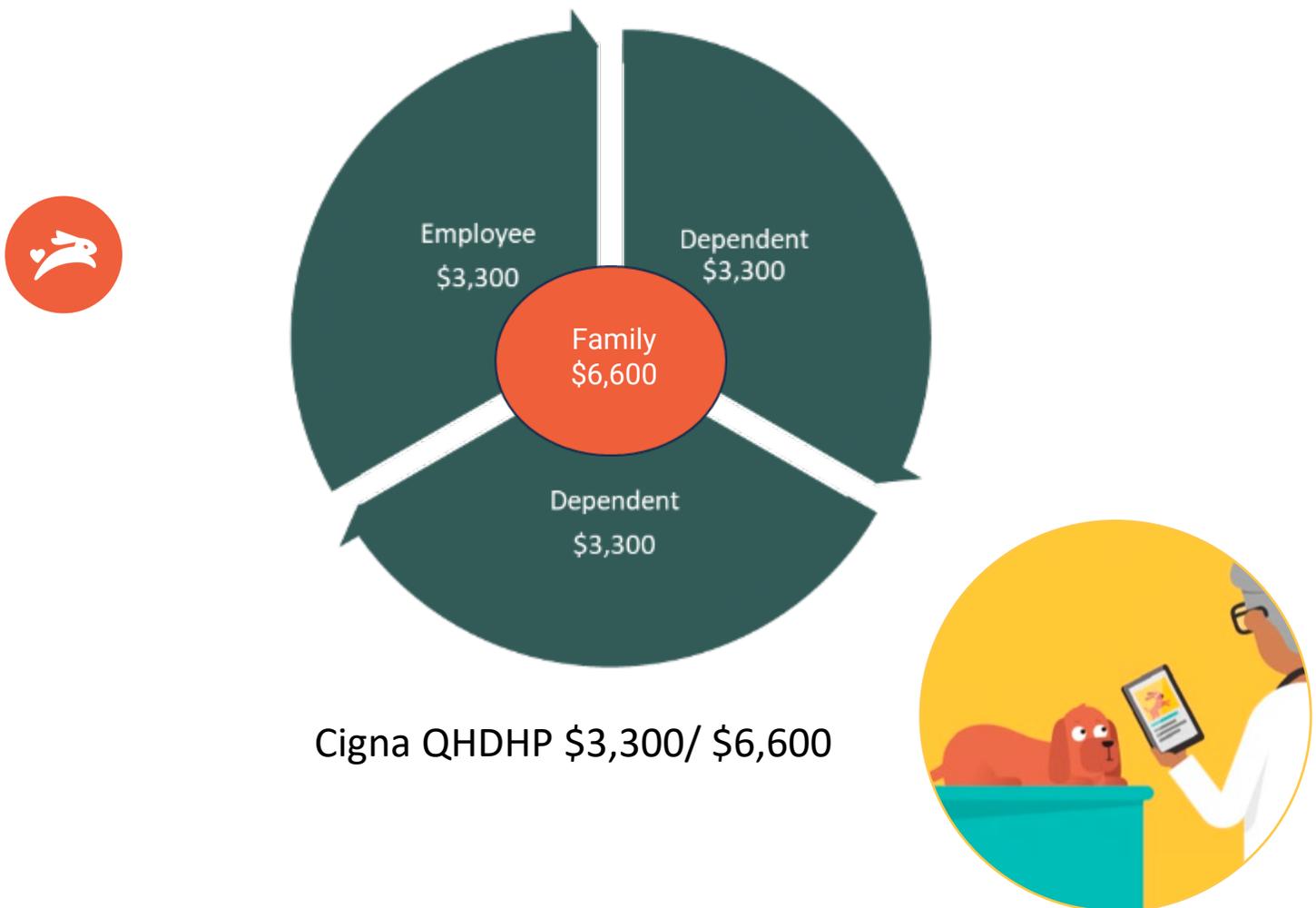
1. Compound drugs covered at 50% coinsurance

\*Disclaimer – If you visit an Out-of-Network provider, you are responsible for charges above usual, customary, and reasonable (UCR) limits.

# Understanding your Plan Deductible and Out-of-Pocket Maximum.

## Embedded Deductible & OOPM

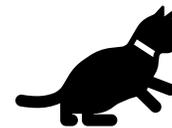
- Each covered family member meets their own individual deductible/OOPM.
- Once any one family member meets the individual deductible, the plan's benefits will begin to pay for that member.
- Other family members will still have to meet their individual deductibles until the family deductible has been met; if the family deductible has been met by any combination of family members, the plan's benefits will pay for all family members for the rest of the plan year.
- Similarly, once any one family member meets the individual OOPM, the plan will cover 100% of services for that member; once the family OOPM is met by any combination of family members, the plan will cover 100% for all members for the rest of the year.



# CHOOSING THE RIGHT HEALTHCARE PROVIDER

A trip to the ER can easily cost three times as much as a visit to an urgent care, convenience clinic, and your wait time will likely be considerably longer. Follow the guidelines shown here to help you determine where to go first to get care.

<b>Teladoc</b>	<ul style="list-style-type: none"> <li>• <b>No copay for general medical visits for Teladoc</b></li> <li>• Diarrhea and constipation</li> <li>• Headaches and migraines</li> <li>• Rash and skin problems</li> <li>• Sore throat and stuffy nose</li> <li>• Sprains and strains</li> <li>• Urinary tract infections</li> <li>• Allergies</li> <li>• Back problems</li> <li>• Bronchitis</li> <li>• Cold and flu symptoms</li> <li>• Ear infections</li> </ul>
<b>Doctor's Office</b>	<ul style="list-style-type: none"> <li>• Annual exams and general health issues</li> <li>• Cold and flu symptoms (e.g., stuffy nose, cough, fever)</li> <li>• Minor aches and pains</li> <li>• Vaccinations</li> </ul>
<b>Retail Health Clinic (e.g., Walgreens Health Care Clinic or CVS MinuteClinic)</b>	<ul style="list-style-type: none"> <li>• Common conditions such as pink eye and strep throat</li> <li>• Minor wounds, abrasions and skin conditions (e.g., rash from poison ivy)</li> </ul>
<b>Urgent Care</b>	<ul style="list-style-type: none"> <li>• Diagnostic X-rays and laboratory tests</li> <li>• Minor broken bones (e.g., fingers, toes)</li> <li>• Minor infections and rashes</li> <li>• Sprains, strains and cuts</li> <li>• Stomach pain</li> </ul>
<b>Emergency Room</b>	<ul style="list-style-type: none"> <li>• Chest pain, shortness of breath and other symptoms of heart attack or stroke</li> <li>• Heavy bleeding</li> <li>• Major broken bones (e.g., arms, legs)</li> <li>• Major lacerations and burns</li> </ul>



## SAVE MONEY USING Teladoc and IN-NETWORK Providers!

**Just need a quick double check of your instinct feeling? Call Teladoc there is no copay! If the feel you need to see an in-person provider, they will tell you!**

Your insurance company develops networks by contracting with doctors, hospitals, labs and other providers that have agreed to provide health care services to members at negotiated—or discounted—rates. You'll generally pay less out of pocket when you use providers in your plan's network, usually referred to as in-network providers.

Bottom Line: Use in-network providers whenever possible to get the lowest rate. To find in-network providers in your area or to find out whether your current provider is in your plan's network, visit your insurance company's website or TouchCare for support in finding a provider.



## Preventive Care

No Cost to You!

Did you know that our medical plans cover In-Network preventive care at no cost to you? No deductible, no copays – the plan covers preventive services in full.

Preventive care includes the following:

- Annual checkups for adults, including routine screenings, immunizations and routine gynecological exams
- Routine checkups for children, including routine screenings, assessments, and immunizations
- Breastfeeding support and one new non-Hospital grade breast pump including its accompanying supplies
- Depression screening for all adults, including screening for maternal depression
- Women's contraception – IUD, contraceptive patch and ring, diaphragm, and the Pill (not all brands covered in full)
- Provider counseling and Tobacco cessation medications
- The above list is not all inclusive.

## Key Definitions

- The deductible is the amount you need to pay before the plan begins to pay benefits.
- Coinsurance is the percentage of the allowable charges that the Plan/you will pay after the deductible is met.
- The out-of-pocket maximum is the maximum amount you will pay for covered services in a given calendar year. Deductibles, copayments, and coinsurance all count toward the out-of-pocket maximum.



Please note! Premiums do not count toward the out-of-pocket maximum.



Please note! Not all brands of medications are covered in full, and limitations do apply. Contact TouchCare for additional details on what is covered under the Plan.

# Teladoc

## Telemedicine

No COST to You!



Telehealth through Teladoc doctors are available 24/7 for virtual appointments – from diagnosis and treatment to prescriptions, all in one call that you can make any time and from anywhere. Appointments are typically available in less than 15 minutes. No co-payment.

Conditions covered include allergies, back pain, common cold, pink eye, rashes, sore throat, flu/covid assessment and more. **Teladoc** makes it easy to get quality care for every member of your family.

**Teladoc** board-certified doctors can diagnose and treat non-emergency medical conditions, prescribe medications, and send prescriptions to your pharmacy!

Visit [Teladoc.com](https://www.teladoc.com) | Call 1-800-TELADOC (800-835-2362) | Download the App

# Health Savings Account Summary

We understand how important it is to have the freedom to make your own decisions regarding your health care dollars. A Health Savings Account (HSA), combined with the Qualified High-Deductible Health Plan (QHDHP), can keep your health care spending choices in your hands. Enrolling in the QHDHP, which is governed by the IRS, may allow you to participate in a Health Savings Account (HSA).



In addition to your individual HSA contributions, WellHaven will contribute \$625 for the individual plan / \$1,250 for the dependent plan annually to your account.

## What is an HSA?

A Health Savings Account (HSA) is a personal health care bank account that you can use to pay out-of-pocket qualified expenses with pre-tax dollars. It is designed to give employees more accountability and control of their health care decisions. An HSA allows you to:

- Be prepared for unexpected health care expenses not accounted for in your personal finances
- Increase tax savings
- Save and “roll over money” if you do not spend it in the calendar year
- Carry it with you. The money in your account is always yours, even if you change health plans or jobs
- Create health care savings for retirement

## Benefits of an HSA

There are many benefits of using an HSA, including the following:

- It is portable. The money in your HSA is carried over from year to year and is yours to keep, even if you leave the company.
- It is a tax-saver. An HSA provides a triple tax advantage:
  - Your contributions to the HSA are made with pre-tax dollars
  - Funds within the HSA accrue tax-free
  - You can withdraw funds tax-free (if used for eligible medical expenses)

## HSA Enrollment at a Glance

Enrolling is easy! Follow these steps to set up your HSA Account.



**Please note!** Follow all instructions directed by Wex Health Benefits to finalize your HSA account set up.

# HSA Frequently Asked Questions

## ? Who is eligible for an HSA?

To participate in an HSA, you must be enrolled in a QHDHP and cannot:

- Be covered under another non-qualified health plan such as your spouse's PPO Plan;
- Be covered by a traditional Flexible Spending Account (FSA) such as your spouse's FSA through his/her/their work;
- Be enrolled in Medicare or Tricare ; if you collect Social Security, you are automatically enrolled in Medicare part A, making you ineligible to contribute to the HSA
- Have received Veterans Administration (VA) services within the past 3 months (care for service-related injury or illness is exempt);
- Be claimed as a dependent on someone else's tax return.

## ? What are eligible qualified expenses?

Expenses for the treatment or prevention of a physical or mental condition. As long as you have a balance in your HSA, you may use the funds to pay or reimburse yourself for:

- Deductibles, copays, and coinsurance
- Eligible prescription fees
- Dental care costs (non-cosmetic)
- Contact lenses and other vision expenses
- Certain over-the-counter pharmacy items

IRS Publication 502 provides a complete list of eligible expenses and can be found at [www.irs.gov](http://www.irs.gov).

## ? How do I use my HSA dollars?

You use your Wex Health Benefits (HSA) debit card for eligible purchases and to pay doctor/hospital bills online. If you pay for a service with a different credit card, cash, or check, you can still get reimbursed through your HSA.

## ? What if I use my HSA dollars for an ineligible expense?

If you are under the age of 65, you will be subject to applicable taxes and an excise tax penalty of 20% - please consult Wex Health Benefits to complete a mistaken contribution form before April 15<sup>th</sup> to avoid penalties and taxes.

## ? Can I use my HSA dollars to pay for expenses incurred by my domestic partner?

Yes, but only if you claim your domestic partner as a federal tax dependent when you file your taxes.

## ? What happens to my HSA if I leave WellHaven? Or if I retire?

The HSA is always yours to keep, including the company's \$625 / \$1,250 annual contribution. If you retire, an HSA is a great retirement savings account. The HSA dollars you save for retirement will help you continue to pay medical expenses well into your retirement. After age 65, you can use these dollars for reasons other than paying medical expense. You will be required to pay the monthly administration fee.

## ? I have enrolled in WellHaven's QHDHP for myself only. Can I use my WellHaven HSA to pay for medical costs incurred by my family members not enrolled in the QHDHP?

Yes, you can use your HSA for eligible expenses incurred by your legal spouse and tax dependents, whether they are enrolled on your Medical Plan through WellHaven.

## ? Do I need to keep my receipts for HSA qualified expenses?

Yes, keep your HSA receipts for each year with your income tax return. Speak with a tax advisor before purging records.

# Health Savings Account Contributions

For 2026 WellHaven will contribute \$625 towards your HSA account for Employee-Only coverage and \$1,250 if you elect dependent coverage, to offset the annual deductible limit.

Contribute to your HSA and take advantage of:

- Pre-tax contributions
- Tax free payment of qualified medical expenses
- Tax free earnings
- HSA account growth as funds rollover year-to-year



The following chart outlines current contribution amount annual limits. This may change year to year.



**Please note!** You can change/start/stop your contribution amount at any time throughout the year, provided you do not exceed the annual maximum.

The 2026 HSA maximum employee contribution amount is \$4,400 for individual coverage and \$8,750 for family coverage, this includes the employer contributions. Additionally, if you are 55+ years of age, you can make an additional “catch-up” contribution of \$1,000.

2026 WellHaven Medical Plan Enrollment	2026 HSA Plan Enrollment Eligibility	2026 HSA Maximum Contribution Limit	2026 WellHaven HSA Contribution	2026 Total Employee Contribution Limit—Annual	2026 Total Employee Contribution Limit—Per Pay Period
Employee Only	Individual < Age 55	\$4,400	\$625	\$3,775	<b>\$157.29</b>
	Individual > Age 55	\$5,400	\$625	\$4,775	<b>\$198.96</b>
Employee + Spouse/ DP	Family < Age 55	\$8,750	\$1,250	\$7,500	<b>\$312.50</b>
	Family > Age 55	\$9,750	\$1,250	\$8,500	<b>\$354.17</b>
Employee + Child(ren)	Family < Age 55	\$8,750	\$1,250	\$7,500	<b>\$312.50</b>
	Family > Age 55	\$9,750	\$1,250	\$8,500	<b>\$354.17</b>
Employee + Family	Family < Age 55	\$8,750	\$1,250	\$7,500	<b>\$312.50</b>
	Family > Age 55	<b>\$9,750</b>	<b>\$1,250</b>	<b>\$8,500</b>	<b>\$354.17</b>

# Flexible Spending Accounts (FSAs)

An FSA allows you to set aside money before it is taxed and use it to pay for eligible medical, dental, and vision expenses, plus there is a dependent care account to help pay for daycare expenses.

- You choose how much to contribute based on your personal needs – up to the maximum annual allotment
- It's like getting a 25%-40% discount since all qualified expenses are paid for on a pre-tax basis!



**Health Care FSA** - you are not required to be enrolled in the WellHaven medical plan to participate.

**Dependent Care FSA** – eligible dependents include:

- Child(ren) up to age 12
- Disabled Dependent or Spouse
- Elder Care – tax dependent

**Commuter/Transit** – Commuter benefits allow you to put money from your paycheck aside each month, before taxes are taken out, for qualified mass transit expenses. Example: Train, Bus, Subway, Ferry, Vanpool (must seat at least 6 adults). Please see WellHaven's Knowledge base for a separate flyer.

The following chart outlines the types of FSAs, current contribution maximums, and rollover rules.

See the [Wex](#) website for a full list of eligible expenses.



**Locked-in** – your annual contribution election is “locked in” for the year = you cannot make changes, except for qualifying life events (QLEs).

**When are FSA funds available?**

**Limited Purpose & General Purpose Health Care FSA** funds are available on the first day of the Plan year.

- Plan Year for 2026 = 1/1/2026–12/31/2026

**Dependent Care FSA and Commuter/Transit** funds are available once your payroll contribution(s) has been deposited into your FSA account.

Medical Insurance Enrollment	WellHaven Medical Plan	Medical Plan Outside of WellHaven	Eligible Health Care FSA	Type of Health Care Eligible Expenses	Maximum Employee Contribution in 2026	Last Day to Incur Expenses	Last Day to Submit Expenses	FSA Balance on 3/31/2026	Rollover Balance 1st Day to Use \$ in 2026
QDHP	✓	✓	<b>Limited Purpose</b>	• Dental • Vision	• \$3,400	12/31/2026	3/31/2027	<ul style="list-style-type: none"> <li>• Up to \$680 can rollover to 2026</li> <li>• Balances over \$680 are Forfeited by Employee</li> </ul>	4/1/2027
PPO	✓	✓	<b>General Purpose</b>	• Dental • Vision • Medical	• \$3,400	12/31/2026	3/31/2027	<ul style="list-style-type: none"> <li>• Up to \$680 can rollover to 2026</li> <li>• Balances over \$680 are Forfeited by Employee</li> </ul>	4/1/2027
<b>Eligible FSA</b>									
N/A	N/A	N/A	<b>Dependent Care</b>	N/A	\$5,000	12/31/2026	3/31/2027	<ul style="list-style-type: none"> <li>• Balances of any amount are forfeited by Employee</li> <li>• Balances will continue to rollover until it is used, or you are no longer eligible</li> </ul>	N/A
N/A	N/A	N/A	<b>Commuter/Transit</b>	N/A	\$4,080* (\$340 Monthly Max)	12/31/2026	3/31/2027	<ul style="list-style-type: none"> <li>• Balances of any amount are forfeited by Employee</li> <li>• Balances will continue to rollover until it is used, or you are no longer eligible</li> </ul>	N/A



# Dental Plan Summary

In addition to protecting your smile, dental insurance helps pay for dental care and usually includes regular checkups, cleanings and X-rays. Several studies suggest that oral diseases, such as periodontitis (gum disease), can affect other areas of your body—including your heart. Receiving regular dental care can protect you and your family from the high cost of dental disease and surgery.

WellHaven has partnered with Guardian to bring you two Dental PPO Plans. Both Dental PPO plans allow you the freedom to see a dentist of your choice or access the PPO network of dentists. If you use a dentist participating in the PPO network, your out-of-pocket expenses will be reduced, as fees are subject to a negotiated rate. If you use a non-network provider, you are responsible to pay the difference in cost between the non-network provider's charges and the allowed amount.

## New Oral Health Rewards Program

If you visit your dentist for preventative dental care and your dental claims do not exceed the annual dental threshold amount, then the set maximum rollover amount can be rolled over. If your claims were all from an in-network provider, additional dollars will rollover. This amount can be used in future years. The rollover account can continue to accrue rollover funds until you reach the rollover account limit.



Please note! You can use your HSA and FSA dollars to pay for qualified dental costs including orthodontia.



Plan	Buy Up Plan		Base Plan	
	In-Network	Out-of-Network	In-Network	Out-of-Network
Deductible	\$50 Individual / \$150 Family		\$75 Individual / \$225 Family	
Annual Benefit Maximum	\$1,500 Per Person		\$1,000 Per Person	
Preventive Care				
Exams	Deductible Waived	Deductible Waived	Deductible Waived	Deductible Waived
X-Rays	Paid at 100%	Paid at 100% of allowed amount.*	Paid at 100%	Paid at 100% of allowed amount*
Cleanings				
Basic Restorative	After Deductible, you pay 20%	After Deductible, you pay 20% of allowed amount.*	After Deductible, you pay 20%	After Deductible, you pay 20% of allowed amount*
Major Restorative	After Deductible, you pay 50%	After Deductible, you pay 50% of allowed amount.*	After Deductible, you pay 50%	After Deductible, you pay 50% of allowed amount.*
Orthodontia (Children and Adults)	You pay 50%, deductible does not apply	You pay 50% of allowed amount, deductible does not apply	Not Covered	
	Up to \$1,000 lifetime maximum benefit	Up to \$1,000 lifetime maximum benefit		
Rollover Threshold	\$700		\$500	
Rollover Amount	\$350		\$250	
Rollover In-network Amount	\$500	N/A	\$350	N/A
Rollover Account Limit	\$1,250		\$1,000	

# Which Dental Plan is Right for Me and My Family?

## Scenario: Employee only enrolled

	Recommended Option
<p><b>LOW USAGE SCENARIO</b></p> <p>Summary usage of this employee:</p> <ul style="list-style-type: none"><li>Received their annual cleaning</li></ul> <p>Employee does NOT have a need for orthodontia coverage.</p>	<p><b>Base Plan</b> – the employee does not have a need for additional dental services or orthodontia coverage and therefore, should consider paying the lower premium for the Base Plan.</p>

## Scenario: Employee enrolled with family

	Recommended Option
<p><b>HIGH USAGE SCENARIO</b></p> <p>Summary usage of this family:</p> <ul style="list-style-type: none"><li>Received their annual cleanings</li><li>Has a child utilizing orthodontia coverage</li><li>Has a need for fillings</li></ul>	<p><b>Buy Up Plan</b> – the employee and his/her/their family have a need for additional dental services and orthodontia coverage and therefore, should consider paying the higher premium for the Buy Up Plan.</p>



# Vision Plan Summary

Driving to work, reading a news article and watching TV are all activities you perform every day. Your ability to do these activities, though, depends on your vision and eye health. Vision insurance can help you maintain your vision as well as detect various health problems. The WellHaven Vision Plan is offered through Vision Service Plan (VSP).

WellHaven’s vision plan entitles you to specific eye care benefits. Our policy covers routine eye exams and other procedures, and provides specified dollar amount or discounts for the purchase of eyeglasses and contact lenses. See the chart below for a brief summary of these benefits.

Please refer to the Summary of Benefits, available in Paycom Self Service, for a full listing of covered services.



The Vision Plan provides you with the freedom to see an eye doctor of your choice or access the VSP vision network of providers. If you use a provider participating in the network, your out-of-pocket expenses will be reduced. If you use a non-network provider, in-network benefits and discounts will not apply and benefits will be paid according to a set benefit reimbursement schedule.

**Please note!** Look to using your HSA or FSA dollars to pay for qualified vision costs including purchasing glasses, contacts, and even contact lens solution.

Services	In-Network	Out-of-Network
Exams	\$10 Copay, then covered in full	\$10 Copay, then covered up to \$45
Hardware (Materials) Copay	\$25 Copay	\$25 Copay
Lenses		
Single Vision	Covered in full after Copay	After Copay, covered up to \$30
Lined Bifocal	Covered in full after Copay	After Copay, covered up to \$50
Lined Trifocal	Covered in full after Copay	After Copay, covered up to \$65
Lenticular	Covered in full after Copay	After Copay, covered up to \$100
Progressive	\$0 to \$175 Copay	After Copay, covered up to \$50
Frames	After Copay, covered up to \$130	After Copay, covered up to \$70
Contact Lenses		
Elective	Covered up to \$130	Covered up to \$105
Medically Necessary	Covered in full	Covered up to \$210
Fit & Follow-Up	Up to \$60 Copay	Not covered
Coverage Frequency		
Exams	Covered every 12 months	
Lenses	Covered every 12 months	
Frames	Covered every 24 months	

# Life and AD&D Insurance

## Basic Life and Accidental Death & Dismemberment (AD&D) Insurance:

Life insurance can help provide for your loved ones if something were to happen to you. WellHaven provides benefit eligible employees with \$25,000 in Basic Life and AD&D insurance through **Guardian Life**. This benefit is provided to you at no cost.

- Guaranteed issue amount of \$25,000.
- Includes portability with evidence of insurability and ceases at age 70.
- Conversion
- Accelerated Life benefit of 80% of the face amount
- Seatbelt/Airbag coverage
- Benefits reduce by 50% at age 70.



Please be sure to update your beneficiary.



Coverage	Benefit Amounts	Guaranteed Issue Amount
Employee	\$25,000	\$25,000

Next you will be looking at voluntary supplemental life insurance, think about your personal circumstances. Are you the sole provider for your household? What other expenses do you expect in the future (for example, college tuition for your child)?

Depending on your needs, you may want to consider buying supplemental life insurance. If you purchase supplemental life insurance, you will receive an equal amount of AD&D coverage. AD&D pays an additional benefit if you die as the result of an accident, as well as a benefit payable if you survive but lose a limb or your eyesight as the result of an accident.

# Voluntary Life and AD&D



**Voluntary Supplemental Life and Accidental Death & Dismemberment (AD&D) Insurance:**

While WellHaven provides you with Basic Life and AD&D insurance, some employees may want to purchase additional coverage. Through **Guardian**, you have the option of purchasing additional coverage at attractive rates and the convenience of payroll deductions.

**Employee** coverage – the cost is based on your age as of January 1<sup>st</sup>, 2026 and amount of coverage you select. Employees may elect up coverage in the amount of \$5,000 up to \$300,000 of coverage in increments of \$5,000. Amounts elected **over \$200,000** will require **evidence of insurability**.

Employees may elect coverage for their spouses/domestic partners and child(ren) if they have coverage.

**Spouse/Domestic Partner** coverage premium is based on the employee’s age. You may elect spousal coverage in increments of \$5,000 up to \$100,000 of coverage. Amounts elected **over \$25,000** will require **evidence of insurability**. Spousal coverage can not exceed more than 50% of the employees elected amount.

***Note:** Except at the minimum value of \$5,000 then the spouse life is available at the same level of employee’s \$5,000.*

**Child(ren) coverage** – Children under 14 days old are only covered for \$1,000. Child(ren) 15 days to age 26 years old may be covered up to \$10,000 in increments of \$1,000.00. Whether you have one child or six children the cost is the same.

Employee and Spousal/Domestic Partner rates may be adjusted on January 1<sup>st</sup> in accordance with the age-banded chart.

Please note: Employees may elect to increase employee coverage each year during open enrollment without submitting evidence of insurability in increments of \$5,000 up to the Guaranteed Issue amount of \$200,000, if they enrolled during this initial open enrollment period for the coverage period of 1/1/2026-12/31/2026. Once your annual elections exceed \$200,000 an E of I form will be required.

Coverage	Benefit Amounts	Guaranteed Issue Amount
Employee	Increments of \$5,000 with a minimum of \$10,000, up to \$300,000	\$200,000
Spouse or Domestic Partner	Increments of \$5,000, up to the lesser of \$100,000 or 50% of the employee’s supplemental life insurance amount	\$25,000
Child(ren)	Birth to 14 days : Flat \$1,000 Over age 14 days to 26 years: \$1,000 Increments up to \$10,000 maximum	\$10,000

# Voluntary Short-Term Disability

## Short-Term Disability:

Short-Term Disability (STD) is an employee paid benefit that provides partial income protection if you are unable to work due to an illness or injury that is not work related. Your benefit covers a portion of your weekly salary up to 12 weeks. You may enroll in this benefit without completing an evidence of insurability. This benefit is subject to pre-existing conditions. What that means if you enroll into this benefit and have a disability claim within the 1<sup>st</sup> twelve months of your enrollment, the carrier will review your medical records three months prior to your effective date of coverage. If you were treated or diagnosed within the preceding three months of your effective date, the claim would not be covered. If you were enrolled on the prior carrier's short term disability policy, time under that policy will satisfy your preexisting time.

For example: Your date of hire with WellHaven Pet Health was 1/15/2025. The short-term disability benefits were effective 3/1/2025. You are pregnant and deliver a baby February 17<sup>th</sup>, 2026. This short-term disability claim would more than likely be declined as a pre-existing condition.

For example: Your date of hire with WellHaven Pet Health was 10/1/2025, short term disability benefits were effective November 1, 2025. In March of 2026, you go hiking, fall and break your leg. You file a disability claim, provided there were no prior injuries, or treatment for this leg this claim would more than likely be paid.

**Note: All claims should be sent to Guardian for a final determination of coverage.**

	Short-Term Disability
Eligibility	All active full-time employees working at least 30 hours per week
Benefits Begin	On 8th Day - Elimination Period
Benefit Duration	Up to 12 Weeks' – including Elimination Period
Weekly Benefit %	60% of 12 months salary with bonuses and commissions included
Maximum Weekly Benefit	\$1,500

## STD Calculation

Hourly Rate	x Hours Per Week	= Weekly Payroll	x %	= Benefit	x Rate	Sub-Total	/10 = Monthly Premium	/2 = Per Pay Period
\$15.00	40.00	\$600.00	.60	\$360.00	0.179	\$64.44	\$6.44	\$3.22

## Things To Consider

- If your state provides a Paid Leave Program, you may want to reach out to Guardian to discuss how the State Program and this employer-sponsored STD Program would be paid.
- Once you are enrolled in the short-term disability plan for twelve consecutive months, pre-existing conditions do not apply.
- Premium is paid with post tax dollars; benefits received are not taxable.
- Please review your certificate of coverage for full details of this plan.

# Voluntary Long-Term Disability

## Long-Term Disability:

Long-Term Disability (LTD) is an employee paid benefit that provides partial income protection if you are unable to work for more than 90 days. The benefit provides you with 60% of your monthly earnings during your approved disability period on a tax-free basis, up to a maximum of \$15,000/\$8,000 per month.

This year you may enroll in this benefit without completing an evidence of insurability. This benefit is subject to pre-existing conditions. What that means if you enroll into this benefit and have a disability claim within the 1<sup>st</sup> twelve months of your enrollment, the carrier will review your medical records three months prior to your effective date of coverage. If you were treated or diagnosed within the preceding three months of your effective date, the claim would not be covered. If you were enrolled on the prior carrier's long term disability policy, time under that policy will satisfy your pre-existing period.

Example: You have enrolled for the disability benefits for the first time effective January 1<sup>st</sup>, 2026. In May of 2026, you go out on short term disability due to a condition you had been treated for in October '25. Because this illness was treated in the preceding three months of your effective date of coverage, this LTD claim would be denied.

Example: You have enrolled for the disability benefits for the first time effective January 1<sup>st</sup>, 2026. In May of 2027, you go out on disability for a condition you have been treating for over the course of your life. Because you were on the policy for 12 months prior to the disability, pre-existing conditions do not apply.

**Note: All claims should be sent to Guardian for a final determination of coverage.**

	Long-Term Disability
Eligibility	All active full-time employees working at least 30 hours per week
Benefits Begin	90 Day Elimination Period
Monthly Benefit %	60% of 12 months salary with bonuses and commissions included
Maximum Monthly Benefit	\$15,000 – DVM/Sr. Leadership \$8,000 – all other
Benefit Duration	Up to Normal Social Security Retirement Age

### LTD Calculation

Hourly Rate	x Hours Per Week	= Weekly Payroll	x 52 Weeks	Monthly Payroll	x Rate	Sub-Total	/100 = Monthly Premium	/2 = Per Pay Period
\$15.00	40.00	\$600.00	\$31,200	\$2,600	0.506	\$1315.60	\$13.23	\$6.58

## Things To Consider

- If your state provides a Paid Leave Program, you may want to reach out to Guardian to discuss how the State Program and this employer-sponsored LTD Program would be paid.
- Once you are enrolled in the long-term disability plan for twelve consecutive months, pre-existing conditions do not apply.
- Premium is paid with post tax dollars, benefits received are not taxable.
- Long Term Disability benefits include two years of own occupation. DVM own occupation to age 65.
- Please review your certificate of coverage for full details of this coverage.

# Voluntary Critical Illness

Critical illnesses often have out-of-pocket expenses that medical insurance doesn't cover. This coverage pays you a lump sum if you are diagnosed with a covered condition.

<b>Cancer</b>	<b>Vascular</b>	<b>Other</b>
Invasive Cancer	Heart Attack	Organ Failure
Carcinoma In Situ	Stroke	Kidney Failure
Benign Brain Tumor	Heart Failure	Infectious Contagious Disease
Skin Cancer \$250	Coronary Arteriosclerosis	

Employees can choose \$10,000, \$20,000 or \$30,000 coverage amounts.

Spouses/Domestic partners can be covered for 100% of the employee's amount.

Child(ren) can be covered for 50% of the employee amount.

Wellness Benefit for certain routine wellness screenings or procedures. Employee \$50, Spouse \$50, Child \$50 once per year.

## Cost Per Pay Period

Employee	<25	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
<b>10,000</b>	\$1.40	\$1.70	\$2.20	\$2.85	\$4.05	\$5.80	\$8.10	\$11.00	\$16.35	\$23.05	\$35.05
<b>20,000</b>	\$2.80	\$3.40	\$4.40	\$5.70	\$8.10	\$11.60	\$16.20	\$22.00	\$32.70	\$46.10	\$70.10
<b>30,000</b>	\$4.20	\$5.10	\$6.60	\$8.55	\$12.15	\$17.40	\$24.30	\$33.00	\$49.05	\$69.15	\$105.15
<b>Spouse</b>											
<b>10,000</b>	\$1.40	\$1.70	\$2.20	\$2.85	\$4.05	\$5.80	\$8.10	\$11.00	\$16.35	\$23.05	\$35.05
<b>20,000</b>	\$2.80	\$3.40	\$4.40	\$5.70	\$8.10	\$11.60	\$16.20	\$22.00	\$32.70	\$46.10	\$70.10
<b>30,000</b>	\$4.20	\$5.10	\$6.60	\$8.55	\$12.15	\$17.40	\$24.30	\$33.00	\$49.05	\$69.15	\$105.15
<b>Child(ren)</b>											
<b>\$5,000, \$10,000, \$15,000</b>	<b>Included in employee's cost</b>										

### Rate Example:

Employee is age 35 and enrolls for \$20,000 worth of coverage cost is \$5.70 per pay period

Employee is age 43 and enrolls self and children for \$10,000 of coverage; cost is \$4.05 per pay period

Employee is age 52, enrolls self, spouse and children for \$30,000 of coverage; cost is \$48.60 per pay period

### Condition Definitions

- Stroke: Stroke must be severe enough to cause neurological deficits at least 30 days after the event.
- Heart Failure: An insured must be placed on an organ transplant list to be eligible for the Heart failure benefits.
- Coronary Arteriosclerosis: Coronary Arteriosclerosis must be severe enough to require a coronary artery bypass graft.
- Organ Failure: Organ failure includes both lungs, liver, pancreas or bone marrow and requires the insured to be placed on an organ transplant list.
- Kidney Failure: An insured must be placed on an organ transplant list to be eligible for the Kidney failure benefits.
- Infectious Contagious Disease benefit is only payable if: 1) the insured is diagnosed with a covered infectious or contagious disease by a doctor while insured by Guardian and 2) the insured is hospital confined due to the infectious or contagious disease for 5 or more consecutive days. The Infectious Contagious Disease benefit covers Antibiotic resistant bacteria (including MRSA), Coronavirus (including Covid-19), Diphtheria, Encephalitis, Legionnaire's Disease, Lyme Disease, Malaria, Meningitis, Necrotizing fasciitis (flesh eating bacteria), Osteomyelitis, Rabies and Tuberculosis. This benefit will pay for only one Infectious Contagious Disease, once per lifetime.

# Hospital Indemnity

Insurance can cover some of the cost associated with a hospital stay, letting you focus on recovery.

Being hospitalized for illness or injury can happen to anyone, at any time. While medical insurance may cover hospital bills, it may not cover all the costs associated with a hospital stay. That's where hospital indemnity coverage can help.

## Who is it for?

Hospital indemnity insurance is for people who need help covering the costs associated with a hospital stay if they suddenly become sick or injured.

## What does it cover?

If you are admitted to a hospital for a covered sickness or injury, you'll receive payments that can be used to cover all sorts of costs, including:

Deductibles and co-pays, Travel to and from the hospital for treatment, childcare service assistance while recovering.

## Why should I consider it?

Health coverage is becoming more expensive, with higher co-pays, premiums, and deductibles. Hospital indemnity insurance can help pay for out-of-pocket costs associated with being hospitalized, giving you more of a financial safety net for unplanned expenses brought on by a hospital stay. Plus, hospital indemnity insurance is portable, and payments are made directly to you – even if you didn't incur any out-of-pocket expenses.

## NOTES:

- These benefits are paid through payroll deduction on a post-tax basis.
- Hospital Indemnity pays out based on a schedule of events / services.

Benefit	High Plan	Low Plan
<b>Hospital/ICU Admission</b> limited to 2 admission(s) per insured and 10 admission(s) per covered family per benefit year.	\$1,000 / \$2,000 Per Admission	\$500 / \$1,000 Per Admission
<b>Hospital / ICU Confinement</b> limited to 30 day(s) per insured per benefit year	\$200/\$400 Per Confinement	\$100/\$200 Per Confinement

## UNDERSTANDING YOUR BENEFITS – HOSPITAL INDEMNITY

Hospital Admission and Hospital ICU Admission benefits are not payable on the same day. Premium will be waived if you are hospitalized for more than 30 days. Hospital admission or confinement benefits are not payable for a newborn unless the child is admitted to the Neonatal ICU. Hospital/ICU confinement benefits are not payable on the same day as Hospital/ICU admission benefit. After initial enrollment, Hospital Indemnity coverage will continue if insured is actively at work.

## Cost per Pay Period

Tier	High Plan	Low Plan
Employee	\$9.06	\$4.53
Employee + Spouse	\$14.05	\$7.02
Employee + Child(ren)	\$13.95	\$6.98
EE + Family	\$18.94	\$9.47

# Accident

## Who is it for?

Nobody can predict when an accident might happen. That's why accident insurance is an important add-on policy for people who want to supplement the health and disability insurance coverage they already have individually or through an employer.

## What does it cover?

Accident Insurance pays you lump sum of benefits after you suffer an accident. This could be more than 40 different circumstances, including: emergency treatment, ambulance, burns, dislocations, fractures, hospital confinement, and surgery.

## Why should I consider it?

Health coverage may become more expensive, with higher co-pays, premiums, and deductibles. Accident insurance can be a simple, affordable way to help supplement and cover additional expenses your health and disability insurance may not cover, including x-rays, ambulance services, deductibles, and even things like rent or groceries. Plus, accident insurance is portable, and payments are made directly to you.

Please refer to certificate of coverage for full plan description on the Paycom Portal. This coverage is only for accidents.

## 24-hour coverage!

Fractures	Up to	\$6,000
Dislocations	Up to	\$5,000
Burns	Up to	\$12,000
Hospital Admission		\$1,000
Hospital Daily Confinement	\$250	Per Day
Accidental Death	Up to	\$25,000
Wellness Screening		\$50 per enrolled member per year

### Cost Per Pay Period

Employee Only	\$6.71
Employee +Spouse	\$9.88
Employee + Child(ren)	\$10.32
Employee + Family	\$13.49

#### NOTES:

*These benefits are paid through payroll deduction on a post-tax basis.*

# Guardian Value Add Benefits

## EstateGuidance® Online Will Preparation

Secure your wishes with a legally binding will. EstateGuidance makes drafting a will easy with online tools that walk you through the process in minutes. You can also draft a living will to ensure you get the end of life care you desire and final arrangement document expressing your wishes for your funeral services.



Complete a customized will:

No cost to you



Have your will printed and sent to you:

\$14.99



Draft a living will:

\$14.99



Draft final arrangement document:

\$9.99

### How to access

24/7 live assistance

### Call

1 855 239 0743

TRS: Dial 711

### Visit

estateguidance.com

App: GuidanceNow<sup>SM</sup>

Enter promotional code: Guardian

People procrastinate for many reasons, but thanks to the Will Preparation service, you can prepare or update your important documents easily and economically. And, you'll add to your peace of mind knowing that you're helping to protect your family's financial future.



# ID Theft Protection Services

Prevention and resolution tools to safeguard your data and restore its integrity if it is used fraudulently.

Services include:

- 24/7 access to identity protection specialists
- Credit card and document registration
- Lost and stolen credit and debit card assistance
- 24/7 identity fraud support

**How to access ID Theft Protection:**

**Access code 18327**

**Call**

**1.877.409.9597 (within US)**

**1.816.396.9192 (outside of US)**

# Global Emergency Assistance Services

Connects you to qualified healthcare providers, hospitals, pharmacies, and other services if you experience an emergency while traveling 100 miles away from home or outside the country for up to 90 days. Requests for reimbursement for medical transport or other services arranged independently by you will not be accepted.

## How it can help:



### Medical Emergency Assistance

Medical consultation, evaluation, and referrals

Medical monitoring

Emergency medical evacuation and more



### Travel Emergency Assistance

Care of minor children

Compassionate visit

Return of traveling companion and more



### Additional Emergency Assistance

Lost Luggage

Document assistance

Legal and interpreter referrals and more

## How to access

Reference number 01-AA-GLI-10231

### Email

[medservices@assistamerica.com](mailto:medservices@assistamerica.com)

### Call

1.800.872.1414 (within the US)

1.609.986.1234 (outside the US)

### Download

Assist America mobile app Available on Google Play and the App Store



# Employee Assistance Program (EAP)

We all need help every now and then. Problems are just a part of everyday life. In addition to the benefits outlined in this Guide, WellHaven also provides you access to an Employee Assistance Program (EAP) through ComPsych under an agreement with Guardian.

As a full-time employee, you are automatically enrolled in this Program, and this benefit is provided at no cost to you.

**Life is challenging. We can help. Confidential 24/7 support.**



**Services:**  **Guardian** | **COMPSYCH**  
GuidanceResources® Worldwide

## Confidential Emotional Support

3 face-to-face or virtual sessions per person, per issue, per year

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts

## Work and Lifestyle Support

- Child, elder and pet care
- Moving and relocation
- Shelter and government assistance

## Legal Guidance

- Divorce, adoption and family law
- Wills, trusts and estate planning
- Free consultation and discounted local representation

## Financial Resources

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more

## Digital Support

- Connect to counseling, work-life support or other services
- Tap into an array of articles, podcasts, videos, slideshows
- Improve your skills with On-Demand trainings

## Online Will Preparation

- Quickly and easily complete a will on your computer with EstateGuidance®
- Specify guardians, trustees and property division
- Provide funeral and burial instructions

## Wellness Support

### Flexible 3-5 coaching session model

- Make positive lifestyle changes with health coaching
- Improve your nutrition, exercise habits, weight loss efforts
- Get help with smoking cessation, back care, resiliency and more

The EAP is **confidential** and available to you and your household 24 hours a day, 7 days a week.



**24/7 Live Assistance:**  
**Call: (855) 239.0743**  
**TRS: Dial 711**



**Online: [guidanceresources.com](https://guidanceresources.com)**  
**App: GuidanceNow<sup>SM</sup>**  
**Web ID: Guardian**

## Introducing Student Loan Refinancing

- We have partnered with Peanut Butter to help our employees tackle student debt.
- Our student loan assistance program includes:
  - Curated advice and insights to help you restructure your loans and save money
  - Access to refinancing marketplace designed to get you the best terms possible
  - Free counseling services
- Student loan refinancing options
  - \$200 rebate put towards student loan



# Paid Time Off (PTO)

WellHaven offers a generous PTO program designed to support your wellbeing, and the flexibility to use time accrued to meet your needs.

**PTO includes the following:**

- Sick Pay
- Vacation Time Off
- Personal Time Off

## PTO Eligibility

- Employees classified as Full Time (working 30+ hours per week)
- Eligible employees will accrue PTO starting on the first day of hire or status change
- PTO is available for use after ninety (90) days of hire or status change, or immediately for sick time as required by law.
- Prior acquisition seniority counts toward accrual rate.

Employee Classification	PTO Accrual Per Pay Period	Annual PTO Accrual	Maximum PTO Accrual CAP	Annual PTO Maximum Carryover
Salaried Exempt <i>Includes: Doctors, Hospital leadership, and certain Campus positions</i>	5.00 hours	120.00 hours	160.00 hours	Full amount accrued
Hourly Non-Exempt (<3 yos) <i>Includes: Hospital para staff and certain Campus positions</i>	3.33 hours	80.00 hours	120.00 hours	Full amount accrued
Hourly Non-Exempt (3+ yos) <i>Includes: Hospital para staff and certain Campus positions</i>	3.50 hours	84.00 hours	124.00 hours	Full amount accrued

## Paid Holidays

WellHaven recognizes the following **seven (7) annual Holidays:**

- New Year’s Day
- Memorial Day
- 4<sup>th</sup> of July
- Labor Day
- Thanksgiving Day
- Christmas Day
- Personal Floating Holiday

### Paid Holiday Eligibility

- Employees classified as Full Time (working 30+ hours per week)
- Eligible employees will be eligible for Holiday Pay on the first day of hire or status change

### Paid Holiday Benefit

- Paid Holidays are an 8.00-hour benefit for all eligible employees

### Working on a Company-Recognized Holiday

- Employees working on a Company-recognized Holiday will be paid for the hours worked as well as the 8.00 hours of Holiday

# Leave of Absence:

## Maternity Paternity Adoption Foster Paid Leave (MPAFL)

MPAFL entitles eligible employees to receive 2 weeks of paid Leave.

- Full-Time Classified Employees receive 80.00 hours paid at regular base rate.\*
- Part-Time Classified Employees receive an average (based on working hours) of 2 weeks paid at regular base rate.\*

\* Note for Doctors: MPAFL based on base rate + production over 6-month lookback.

## Voluntary Short -Term Disability

Short term disability entitles enrolled employees to receive disability income replacement while they are unable to work due to a non-work-related accident or illness subject to the plan provisions as provided in the certificate of coverage. Benefits begin after a 7-day waiting period and benefits are available for up to 12 weeks with a medical certification.

## Voluntary Long -Term Disability

Long term disability entitles enrolled employees to receive disability income replacement while they are unable to work due to a non-work-related accident or illness subject to the plan provisions as provided in the certificate of coverage. Benefits begin after a 90-day waiting period and benefits may continue to normal social security retirement age with a medical certification.

## The following Leaves must be reported to AbsenceResources as shown on the next page:

- Leave of Absence for birth of child, adoption, foster placement and/or bonding time
- Leave of Absence due to a medical absence for yourself or immediate family members for over 3 days.
  - This can be on an intermittent or continuous basis
- Leave of Absence due to military duty for yourself or your immediate family member's military duty

## Benefit Premiums:

While an employee is on an approved leave of absence (LOA), as designated by Absence Resources, WellHaven will typically continue to pay the regular employer-sponsored portion of health and welfare benefits premiums, as applicable. Employees must continue to pay their normal health and welfare benefits premiums during their LOA and/or set up a repayment plan with HR not to exceed 12 weeks upon return from an approved LOA. Failure to repay premiums while on LOA or establish a repayment plan, will result in discontinuance of health and welfare benefits after a 30-day notice period, or as allowed by applicable law.

## Reporting a Leave of Absence

To report a leave of absence, you can either

- Go to [www.absenceresources.com](http://www.absenceresources.com) or open the mobile app Absence Now, log in and click on Add New Leave
- Call and talk to a representative during business hours at 877.462.3652

### What information will AbsenceResources® need?

- Your Company Name: WellHaven Pet Health
- Your first and last name
- Estimated dates of leave
- Employee ID #
- Reason for your leave
- Attending physician phone number, fax and verbal authorization to contact them, if needed
- If caring for an immediate family member, their name, relation to you and birth date (if it is for a child)

### When and how should I follow up with AbsenceResources®?

To provide the following info, visit our website or mobile app.



- Update information related to your leave
- Submit an extension
- Confirm your return-to-work date
- To report date of delivery or placement of your child
- Report intermittent absences

Remember, you can contact AbsenceResources® with any questions you may have.

### When should a leave of absence and any other time you may qualify for a leave of absence, as indicated in your State Supplemental be reported to AbsenceResources?

Contact AbsenceResources® and follow your internal call-off procedures if/or when:

- You or an immediate family member is hospitalized for any amount of time
- You are incapacitated for more than three calendar days and are seeking treatment by a health care provider
- You will be absent periodically due to a chronic or permanent disabling condition of your own or of an immediate family member
- You are pregnant or missing work due to anything medically related to your pregnancy
- You are bonding with a newly born child or a recently placed adopted or foster child
- You are caring for an immediate family member (spouse/domestic partner, parent or child) who is ill or injured
- You are caring for an injured servicemember
- You need to miss work due to a qualified exigency related to an immediate family member's active service duty



Call: 877-GO2-FMLA(877-462-3652)  
TRS: Dial 711  
Fax: 877.309.0218



Online: [AbsenceResources.com](http://AbsenceResources.com)  
App: Absence Now



# Bereavement Leave

## Bereavement Leave

Full-Time Classified Employees that have been with WellHaven for at least six (6) months are eligible to receive Bereavement leave.

Bereavement Leave may be taken for immediate family members:

- Spouse
- Domestic Partner
- First Line Relatives – including those directly related to employee or Spouse/Domestic Partner
  - Parents – step/half/adopted/legal guardians
  - Siblings – step/half/adopted
  - Children – step/half/adopted
  - Grandparents – step/half/adopted
  - Grandchildren -step/half/adopted

Taken at the time of death for:

- Making funeral arrangements
- Attending the funeral and burial
- Paying respects to the family at a wake or memorial

Paid Benefit

- Three (3) days = 24 hours
- Paid at the employee's current base rate

Unpaid Benefit

- Additional two (2) days
- This leave is to reported to [HR@WellHaven.com](mailto:HR@WellHaven.com)



# Professional License

## Professional License Eligibility

The following employees are eligible to receive reimbursement for Professional License renewal costs:

- Employees classified as Full Time and working in an eligible position \*
- Employees classified as Part Time, working 20+ hours per week and in an eligible position \*

Employees are eligible upon hire.

\* Eligible positions are outlined in the table below.

## Professional License Renewal Benefit by Position

Position	DVM License	DVM DEA License	Renewal Cycle
DVM (DEA and DVM License) (Full Time: 30+ hours per week)	Yes	TBD, as needed	Per regulatory body renewal cycle
DVM (DEA and DVM License) (Part time: 20-29.99 hours per week)	Yes	TBD, as needed	Per regulatory body renewal cycle

Position	CVT/LVT/RVT License	Renewal Cycle
CVT/LVT/RVT (Full Time: 30+ hours per week)	Yes	Per regulatory body renewal cycle
CVT/LVT/RVT (Part time: 20-29.99 hours per week)	Yes	Per regulatory body renewal cycle
Practice Manager with CVT/LVT/RVT (Full Time: 30+ hours per week)	Yes	Per regulatory body renewal cycle
Practice Manager with CVT/LVT/RVT (Part time: 20-29.99 hours per week)	Yes	Per regulatory body renewal cycle

Other license/certifications may apply. Please see your Practice Manager for details.

# Professional Liability Insurance

WellHaven's Professional Liability Insurance provides coverage while working at any WellHaven hospital location. This coverage does not apply to DVM services performed outside of WellHaven.

# Continuing Education (CE)

## Continuing Education (CE) Eligibility

The following employees are eligible to participate in the Continuing Education Program:

- Employees classified as Full Time and working in an eligible position \*
- Employees classified as Part Time, working 20+ hours per week and in an eligible position \*

Employees are eligible upon hire.

If an employee has submitted their notice of resignation, they are no longer eligible to use CE hours or make CE – related purchases.

\* Eligible positions are outlined in the table below.

## CE Benefit by Position

Eligible Position	Annual Maximum Reimbursement for CE Tuition/Costs	Annual Maximum Paid Hours (aka. Paid Time) for attending CE Events
DVM (Full Time: 30+ hours per week)	\$1,500.00	24 hours
DVM (Part time: 20-29.99 hours per week)	\$750.00	16 hours
Practice Manager – Credentialed CVT/LVT/RVT (Full Time)	\$750.00	16 hours
Practice Manager – Non-Credentialed (Full Time)	\$500.00	16 hours
CVT/LVT/RVT (Full Time)	\$500.00	16 hours
Veterinary Assistant, CSR or Non-Credentialed Technician (Full Time)	\$125.00	8 hours

Those eligible for CE benefits have the option to combine two years' tuition (current year + following year) to use in the same calendar year:

- To attend a CE conference, etc.

DVM – CE may be used for:

- AVMA Annual Membership Dues
- One Local or State Veterinary Annual Membership
- Continuing Education Classes
- Any Expenses Related to Traveling to/from CE Classes



# Wellness Plans

Eligible employees may receive a maximum of two (2) wellness plans at any given time.

- Plans are for your personal pet(s).
- Employees enrolled in a plan receive 20% off services and products not covered under the plan.

Note: For pet food, employees are also eligible for a 50% discount through the Hill's VIP Market program when ordering through their hospital account.

## Wellness Plan Benefit Eligibility

- Employee is working for a hospital that uses the eVet system, and the hospital offers wellness plans.
- Employees must select from the currently available plans at their hospital.
- Employees are eligible on the first of the month following thirty (30) days of employment.
- Employees classified as Full Time (working 30+ hours per week) are eligible for up to two (2) plans.
- Employees classified as Part Time (regularly scheduled, not temp or per diem) are eligible for one (1) plan.
- Wellness Plans will expire on the last day of employment with WellHaven.



# Scrubs & WellHaven Branded Clothing

Scrubs and Clothing Eligibility and Benefit:

- Hospital-based employees that are both Full Time and Part Time are eligible for an annual scrubs/clothing allowance.

### Allotment Amount:

- Para Full-Time Allotment - \$120
- Para Part-Time Allotment - \$60
- Doctor Full Time Allotment - \$170
- Doctor Part Time Allotment - \$110

**New Hires:** The allotted amount will be added to the paycheck following 60 days of employment.

**Annual allotment:** The amount will be included in the January 25<sup>th</sup> paycheck for that year's scrub purchases.

**Usage:** The scrub allotment is a taxable benefit and is included in the employee's paychecks to make scrub purchases for the calendar year. Please adhere to your hospital's uniform guidelines when purchasing your scrubs.

# Additional Employee Discounts

## Hill's VIP Market Program

- Employees are eligible for a 50% discount on pet food when ordering through their hospital account via the Hill's VIP Market program.
- Food can be shipped directly to your home.

## IDEXX Lab Reference Discounts

- Eligible staff receive a courtesy discount through the IDEXX US program, applicable to doctors and staff [IDEXX Discount](#)

## Elanco Flea, Tick, and Heartworm Preventatives

- Your hospital leaders will partner with local Elanco representatives to schedule bi-annual lunch and learns. Elanco provides free heartworm and flea/tick prevention for 1-2 pets (please speak to your Elanco rep for more information.)



# Benefits Premium Cost

## Medical Plan PER PAYCHECK Pre-Tax Contributions

Coverage Level	Cigna QHDHP \$3,300	Cigna PPO \$3,500
Employee Only	\$ 85.66	\$ 89.70
Employee + Spouse	\$ 274.59	\$ 230.90
Employee Only + Child(ren)	\$ 214.45	\$ 180.34
Employee + Family (Spouse + Children)	\$ 448.36	\$ 406.03

## Dental Plan PER PAYCHECK Pre-Tax Contributions

Coverage Level	Buy Up Plan	Base Plan
Employee Only	\$ 9.61	\$ 6.18
Employee + Spouse	\$ 18.85	\$ 13.46
Employee Only + Child(ren)	\$ 21.20	\$ 15.14
Employee + Family (Spouse + Children)	\$ 32.59	\$ 23.26

## Vision Plan PER PAYCHECK Pre-Tax Contributions

Coverage Level	Employee Pays
Employee Only	\$ .48
Employee + Spouse	\$ 1.19
Employee Only + Child(ren)	\$ 1.23
Employee + Family (Spouse + Children)	\$ 2.42



Please note! Premiums are automatically deducted from your paycheck on a pre-tax basis per our Pre-Tax Section 125 Premium Only Plan. Refer to Human Resources if you have questions.

\*DOMESTIC PARTNER PREMIUMS – Domestic Partner (who does not qualify as a dependent of the employee, under Section 152 of the Internal Revenue Code) premiums will be paid post-tax. Employer contributions made on behalf of a domestic partner will be considered imputed income and taxed accordingly.

# Benefits Premium Cost

## Supplemental Life Insurance and AD&D

### Monthly Post-Tax Rates per \$1,000 of Benefit

Age Band	Rate - Employee	Rate – Spouse*
< 30	\$0.112	\$0.112
30 - 34	\$0.122	\$0.122
35 - 39	\$0.151	\$0.151
40 - 44	\$0.201	\$0.201
45 - 49	\$0.289	\$0.289
50 - 54	\$0.433	\$0.433
55 - 59	\$0.656	\$0.656
60 - 64	\$0.903	\$0.903
65 - 69	\$1.435	\$1.435
70-74	\$2.808	\$2.808
75+	\$2.808	\$2.808

\*Spouse rates based on employee’s age.

### Child Rate – Monthly per \$1,000 Benefit

Coverage Level	Employee Pays
All Ages (up to 26)	\$0.091

# Benefits Premium Cost - Employee

## Supplemental Life Insurance and AD&D

Cost per pay for employee (Guaranteed Issue Amount \$200,000)

Cost per pay for Spouse (Guaranteed Issue Amount \$25,000)

Age	<30	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
Coverage Election										
10,000	\$ 0.56	\$ 0.61	\$ 0.76	\$ 1.01	\$ 1.45	\$ 2.17	\$ 3.28	\$ 4.52	\$ 7.18	\$ 14.04
15,000	\$ 0.84	\$ 0.92	\$ 1.13	\$ 1.51	\$ 2.17	\$ 3.25	\$ 4.92	\$ 6.77	\$ 10.76	\$ 21.06
20,000	\$ 1.12	\$ 1.22	\$ 1.51	\$ 2.01	\$ 2.89	\$ 4.33	\$ 6.56	\$ 9.03	\$ 14.35	\$ 28.08
25,000	\$ 1.40	\$ 1.53	\$ 1.89	\$ 2.51	\$ 3.61	\$ 5.41	\$ 8.20	\$ 11.29	\$ 17.94	\$ 35.10
30,000	\$ 1.68	\$ 1.83	\$ 2.27	\$ 3.02	\$ 4.34	\$ 6.50	\$ 9.84	\$ 13.55	\$ 21.53	\$ 42.12
35,000	\$ 1.96	\$ 2.14	\$ 2.64	\$ 3.52	\$ 5.06	\$ 7.58	\$ 11.48	\$ 15.80	\$ 25.11	\$ 49.14
40,000	\$ 2.24	\$ 2.44	\$ 3.02	\$ 4.02	\$ 5.78	\$ 8.66	\$ 13.12	\$ 18.06	\$ 28.70	\$ 56.16
45,000	\$ 2.52	\$ 2.75	\$ 3.40	\$ 4.52	\$ 6.50	\$ 9.74	\$ 14.76	\$ 20.32	\$ 32.29	\$ 63.18
50,000	\$ 2.80	\$ 3.05	\$ 3.78	\$ 5.03	\$ 7.23	\$ 10.83	\$ 16.40	\$ 22.58	\$ 35.88	\$ 70.20
55,000	\$ 3.08	\$ 3.36	\$ 4.15	\$ 5.53	\$ 7.95	\$ 11.91	\$ 18.04	\$ 24.83	\$ 39.46	\$ 77.22
60,000	\$ 3.36	\$ 3.66	\$ 4.53	\$ 6.03	\$ 8.67	\$ 12.99	\$ 19.68	\$ 27.09	\$ 43.05	\$ 84.24
65,000	\$ 3.64	\$ 3.97	\$ 4.91	\$ 6.53	\$ 9.39	\$ 14.07	\$ 21.32	\$ 29.35	\$ 46.64	\$ 91.26
70,000	\$ 3.92	\$ 4.27	\$ 5.29	\$ 7.04	\$ 10.12	\$ 15.16	\$ 22.96	\$ 31.61	\$ 50.23	\$ 98.28
75,000	\$ 4.20	\$ 4.58	\$ 5.66	\$ 7.54	\$ 10.84	\$ 16.24	\$ 24.60	\$ 33.86	\$ 53.81	\$ 105.30
80,000	\$ 4.48	\$ 4.88	\$ 6.04	\$ 8.04	\$ 11.56	\$ 17.32	\$ 26.24	\$ 36.12	\$ 57.40	\$ 112.32
85,000	\$ 4.76	\$ 5.19	\$ 6.42	\$ 8.54	\$ 12.28	\$ 18.40	\$ 27.88	\$ 38.38	\$ 60.99	\$ 119.34
90,000	\$ 5.04	\$ 5.49	\$ 6.80	\$ 9.05	\$ 13.01	\$ 19.49	\$ 29.52	\$ 40.64	\$ 64.58	\$ 126.36
95,000	\$ 5.32	\$ 5.80	\$ 7.17	\$ 9.55	\$ 13.73	\$ 20.57	\$ 31.16	\$ 42.89	\$ 68.16	\$ 133.38
100,000	\$ 5.60	\$ 6.10	\$ 7.55	\$ 10.05	\$ 14.45	\$ 21.65	\$ 32.80	\$ 45.15	\$ 71.75	\$ 140.40
105,000	\$ 5.88	\$ 6.41	\$ 7.93	\$ 10.55	\$ 15.17	\$ 22.73	\$ 34.44	\$ 47.41	\$ 75.34	\$ 147.42
110,000	\$ 6.16	\$ 6.71	\$ 8.31	\$ 11.06	\$ 15.90	\$ 23.82	\$ 36.08	\$ 49.67	\$ 78.93	\$ 154.44
115,000	\$ 6.44	\$ 7.02	\$ 8.68	\$ 11.56	\$ 16.62	\$ 24.90	\$ 37.72	\$ 51.92	\$ 82.51	\$ 161.46
120,000	\$ 6.72	\$ 7.32	\$ 9.06	\$ 12.06	\$ 17.34	\$ 25.98	\$ 39.36	\$ 54.18	\$ 86.10	\$ 168.48
125,000	\$ 7.00	\$ 7.63	\$ 9.44	\$ 12.56	\$ 18.06	\$ 27.06	\$ 41.00	\$ 56.44	\$ 89.69	\$ 175.50
130,000	\$ 7.28	\$ 7.93	\$ 9.82	\$ 13.07	\$ 18.79	\$ 28.15	\$ 42.64	\$ 58.70	\$ 93.28	\$ 182.52
135,000	\$ 7.56	\$ 8.24	\$ 10.19	\$ 13.57	\$ 19.51	\$ 29.23	\$ 44.28	\$ 60.95	\$ 96.86	\$ 189.54
140,000	\$ 7.84	\$ 8.54	\$ 10.57	\$ 14.07	\$ 20.23	\$ 30.31	\$ 45.92	\$ 63.21	\$ 100.45	\$ 196.56
145,000	\$ 8.12	\$ 8.85	\$ 10.95	\$ 14.57	\$ 20.95	\$ 31.39	\$ 47.56	\$ 65.47	\$ 104.04	\$ 203.58
150,000	\$ 8.40	\$ 9.15	\$ 11.33	\$ 15.08	\$ 21.68	\$ 32.48	\$ 49.20	\$ 67.73	\$ 107.63	\$ 210.60
155,000	\$ 8.68	\$ 9.46	\$ 11.70	\$ 15.58	\$ 22.40	\$ 33.56	\$ 50.84	\$ 69.98	\$ 111.21	\$ 217.62
160,000	\$ 8.96	\$ 9.76	\$ 12.08	\$ 16.08	\$ 23.12	\$ 34.64	\$ 52.48	\$ 72.24	\$ 114.80	\$ 224.64
165,000	\$ 9.24	\$ 10.07	\$ 12.46	\$ 16.58	\$ 23.84	\$ 35.72	\$ 54.12	\$ 74.50	\$ 118.39	\$ 231.66
170,000	\$ 9.52	\$ 10.37	\$ 12.84	\$ 17.09	\$ 24.57	\$ 36.81	\$ 55.76	\$ 76.76	\$ 121.98	\$ 238.68
175,000	\$ 9.80	\$ 10.68	\$ 13.21	\$ 17.59	\$ 25.29	\$ 37.89	\$ 57.40	\$ 79.01	\$ 125.56	\$ 245.70

# Benefits Premium Cost -Employee

## Supplemental Life Insurance and AD&D

Cost per pay for Employee

Age	<30	30-34	35-39	40-44	45-49	50-54	55-59	60-64	64-69	70+
Coverage Election										
180,000	\$ 10.08	\$ 10.98	\$ 13.59	\$ 18.09	\$ 26.01	\$ 38.97	\$ 59.04	\$ 81.27	\$ 129.15	\$ 252.72
185,000	\$ 10.36	\$ 11.29	\$ 13.97	\$ 18.59	\$ 26.73	\$ 40.05	\$ 60.68	\$ 83.53	\$ 132.74	\$ 259.74
190,000	\$ 10.64	\$ 11.59	\$ 14.35	\$ 19.10	\$ 27.46	\$ 41.14	\$ 62.32	\$ 85.79	\$ 136.33	\$ 266.76
195,000	\$ 10.92	\$ 11.90	\$ 14.72	\$ 19.60	\$ 28.18	\$ 42.22	\$ 63.96	\$ 88.04	\$ 139.91	\$ 273.78
200,000	\$ 11.20	\$ 12.20	\$ 15.10	\$ 20.10	\$ 28.90	\$ 43.30	\$ 65.60	\$ 90.30	\$ 143.50	\$ 280.80
205,000	\$ 11.48	\$ 12.51	\$ 15.48	\$ 20.60	\$ 29.62	\$ 44.38	\$ 67.24	\$ 92.56	\$ 147.09	\$ 287.82
210,000	\$ 11.76	\$ 12.81	\$ 15.86	\$ 21.11	\$ 30.35	\$ 45.47	\$ 68.88	\$ 94.82	\$ 150.68	\$ 294.84
215,000	\$ 12.04	\$ 13.12	\$ 16.23	\$ 21.61	\$ 31.07	\$ 46.55	\$ 70.52	\$ 97.07	\$ 154.26	\$ 301.86
220,000	\$ 12.32	\$ 13.42	\$ 16.61	\$ 22.11	\$ 31.79	\$ 47.63	\$ 72.16	\$ 99.33	\$ 157.85	\$ 308.88
225,000	\$ 12.60	\$ 13.73	\$ 16.99	\$ 22.61	\$ 32.51	\$ 48.71	\$ 73.80	\$ 101.59	\$ 161.44	\$ 315.90
230,000	\$ 12.88	\$ 14.03	\$ 17.37	\$ 23.12	\$ 33.24	\$ 49.80	\$ 75.44	\$ 103.85	\$ 165.03	\$ 322.92
235,000	\$ 13.16	\$ 14.34	\$ 17.74	\$ 23.62	\$ 33.96	\$ 50.88	\$ 77.08	\$ 106.10	\$ 168.61	\$ 329.94
240,000	\$ 13.44	\$ 14.64	\$ 18.12	\$ 24.12	\$ 34.68	\$ 51.96	\$ 78.72	\$ 108.36	\$ 172.20	\$ 336.96
245,000	\$ 13.72	\$ 14.95	\$ 18.50	\$ 24.62	\$ 35.40	\$ 53.04	\$ 80.36	\$ 110.62	\$ 175.79	\$ 343.98
250,000	\$ 14.00	\$ 15.25	\$ 18.88	\$ 25.13	\$ 36.13	\$ 54.13	\$ 82.00	\$ 112.88	\$ 179.38	\$ 351.00
255,000	\$ 14.28	\$ 15.56	\$ 19.25	\$ 25.63	\$ 36.85	\$ 55.21	\$ 83.64	\$ 115.13	\$ 182.96	\$ 358.02
260,000	\$ 14.56	\$ 15.86	\$ 19.63	\$ 26.13	\$ 37.57	\$ 56.29	\$ 85.28	\$ 117.39	\$ 186.55	\$ 365.04
265,000	\$ 14.84	\$ 16.17	\$ 20.01	\$ 26.63	\$ 38.29	\$ 57.37	\$ 86.92	\$ 119.65	\$ 190.14	\$ 372.06
270,000	\$ 15.12	\$ 16.47	\$ 20.39	\$ 27.14	\$ 39.02	\$ 58.46	\$ 88.56	\$ 121.91	\$ 193.73	\$ 379.08
275,000	\$ 15.40	\$ 16.78	\$ 20.76	\$ 27.64	\$ 39.74	\$ 59.54	\$ 90.20	\$ 124.16	\$ 197.31	\$ 386.10
280,000	\$ 15.68	\$ 17.08	\$ 21.14	\$ 28.14	\$ 40.46	\$ 60.62	\$ 91.84	\$ 126.42	\$ 200.90	\$ 393.12
285,000	\$ 15.96	\$ 17.39	\$ 21.52	\$ 28.64	\$ 41.18	\$ 61.70	\$ 93.48	\$ 128.68	\$ 204.49	\$ 400.14
290,000	\$ 16.24	\$ 17.69	\$ 21.90	\$ 29.15	\$ 41.91	\$ 62.79	\$ 95.12	\$ 130.94	\$ 208.08	\$ 407.16
295,000	\$ 16.52	\$ 18.00	\$ 22.27	\$ 29.65	\$ 42.63	\$ 63.87	\$ 96.76	\$ 133.19	\$ 211.66	\$ 414.18
300,000	\$ 16.80	\$ 18.30	\$ 22.65	\$ 30.15	\$ 43.35	\$ 64.95	\$ 98.40	\$ 135.45	\$ 215.25	\$ 421.20

# Benefits Premium Cost - Spouse

## Supplemental Life Insurance and AD&D

Cost per pay for employee (Guaranteed Issue Amount \$200,000)

Cost per pay for Spouse (Guaranteed Issue Amount \$25,000)

Age	<30	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+
Coverage Election										
5,000	\$ 0.28	\$ 0.31	\$ 0.38	\$ 0.50	\$ 0.72	\$ 1.08	\$ 1.64	\$ 2.26	\$ 3.59	\$ 7.02
10,000	\$ 0.56	\$ 0.61	\$ 0.76	\$ 1.01	\$ 1.45	\$ 2.17	\$ 3.28	\$ 4.52	\$ 7.18	\$ 14.04
15,000	\$ 0.84	\$ 0.92	\$ 1.13	\$ 1.51	\$ 2.17	\$ 3.25	\$ 4.92	\$ 6.77	\$ 10.76	\$ 21.06
20,000	\$ 1.12	\$ 1.22	\$ 1.51	\$ 2.01	\$ 2.89	\$ 4.33	\$ 6.56	\$ 9.03	\$ 14.35	\$ 28.08
25,000	\$ 1.40	\$ 1.53	\$ 1.89	\$ 2.51	\$ 3.61	\$ 5.41	\$ 8.20	\$ 11.29	\$ 17.94	\$ 35.10
30,000	\$ 1.68	\$ 1.83	\$ 2.27	\$ 3.02	\$ 4.34	\$ 6.50	\$ 9.84	\$ 13.55	\$ 21.53	\$ 42.12
35,000	\$ 1.96	\$ 2.14	\$ 2.64	\$ 3.52	\$ 5.06	\$ 7.58	\$ 11.48	\$ 15.80	\$ 25.11	\$ 49.14
40,000	\$ 2.24	\$ 2.44	\$ 3.02	\$ 4.02	\$ 5.78	\$ 8.66	\$ 13.12	\$ 18.06	\$ 28.70	\$ 56.16
45,000	\$ 2.52	\$ 2.75	\$ 3.40	\$ 4.52	\$ 6.50	\$ 9.74	\$ 14.76	\$ 20.32	\$ 32.29	\$ 63.18
50,000	\$ 2.80	\$ 3.05	\$ 3.78	\$ 5.03	\$ 7.23	\$ 10.83	\$ 16.40	\$ 22.58	\$ 35.88	\$ 70.20
55,000	\$ 3.08	\$ 3.36	\$ 4.15	\$ 5.53	\$ 7.95	\$ 11.91	\$ 18.04	\$ 24.83	\$ 39.46	\$ 77.22
60,000	\$ 3.36	\$ 3.66	\$ 4.53	\$ 6.03	\$ 8.67	\$ 12.99	\$ 19.68	\$ 27.09	\$ 43.05	\$ 84.24
65,000	\$ 3.64	\$ 3.97	\$ 4.91	\$ 6.53	\$ 9.39	\$ 14.07	\$ 21.32	\$ 29.35	\$ 46.64	\$ 91.26
70,000	\$ 3.92	\$ 4.27	\$ 5.29	\$ 7.04	\$ 10.12	\$ 15.16	\$ 22.96	\$ 31.61	\$ 50.23	\$ 98.28
75,000	\$ 4.20	\$ 4.58	\$ 5.66	\$ 7.54	\$ 10.84	\$ 16.24	\$ 24.60	\$ 33.86	\$ 53.81	\$ 105.30
80,000	\$ 4.48	\$ 4.88	\$ 6.04	\$ 8.04	\$ 11.56	\$ 17.32	\$ 26.24	\$ 36.12	\$ 57.40	\$ 112.32
85,000	\$ 4.76	\$ 5.19	\$ 6.42	\$ 8.54	\$ 12.28	\$ 18.40	\$ 27.88	\$ 38.38	\$ 60.99	\$ 119.34
90,000	\$ 5.04	\$ 5.49	\$ 6.80	\$ 9.05	\$ 13.01	\$ 19.49	\$ 29.52	\$ 40.64	\$ 64.58	\$ 126.36
95,000	\$ 5.32	\$ 5.80	\$ 7.17	\$ 9.55	\$ 13.73	\$ 20.57	\$ 31.16	\$ 42.89	\$ 68.16	\$ 133.38
100,000	\$ 5.60	\$ 6.10	\$ 7.55	\$ 10.05	\$ 14.45	\$ 21.65	\$ 32.80	\$ 45.15	\$ 71.75	\$ 140.40
105,000	\$ 5.88	\$ 6.41	\$ 7.93	\$ 10.55	\$ 15.17	\$ 22.73	\$ 34.44	\$ 47.41	\$ 75.34	\$ 147.42
110,000	\$ 6.16	\$ 6.71	\$ 8.31	\$ 11.06	\$ 15.90	\$ 23.82	\$ 36.08	\$ 49.67	\$ 78.93	\$ 154.44
115,000	\$ 6.44	\$ 7.02	\$ 8.68	\$ 11.56	\$ 16.62	\$ 24.90	\$ 37.72	\$ 51.92	\$ 82.51	\$ 161.46
120,000	\$ 6.72	\$ 7.32	\$ 9.06	\$ 12.06	\$ 17.34	\$ 25.98	\$ 39.36	\$ 54.18	\$ 86.10	\$ 168.48
125,000	\$ 7.00	\$ 7.63	\$ 9.44	\$ 12.56	\$ 18.06	\$ 27.06	\$ 41.00	\$ 56.44	\$ 89.69	\$ 175.50
130,000	\$ 7.28	\$ 7.93	\$ 9.82	\$ 13.07	\$ 18.79	\$ 28.15	\$ 42.64	\$ 58.70	\$ 93.28	\$ 182.52
135,000	\$ 7.56	\$ 8.24	\$ 10.19	\$ 13.57	\$ 19.51	\$ 29.23	\$ 44.28	\$ 60.95	\$ 96.86	\$ 189.54
140,000	\$ 7.84	\$ 8.54	\$ 10.57	\$ 14.07	\$ 20.23	\$ 30.31	\$ 45.92	\$ 63.21	\$ 100.45	\$ 196.56
145,000	\$ 8.12	\$ 8.85	\$ 10.95	\$ 14.57	\$ 20.95	\$ 31.39	\$ 47.56	\$ 65.47	\$ 104.04	\$ 203.58
150,000	\$ 8.40	\$ 9.15	\$ 11.33	\$ 15.08	\$ 21.68	\$ 32.48	\$ 49.20	\$ 67.73	\$ 107.63	\$ 210.60
155,000	\$ 8.68	\$ 9.46	\$ 11.70	\$ 15.58	\$ 22.40	\$ 33.56	\$ 50.84	\$ 69.98	\$ 111.21	\$ 217.62
160,000	\$ 8.96	\$ 9.76	\$ 12.08	\$ 16.08	\$ 23.12	\$ 34.64	\$ 52.48	\$ 72.24	\$ 114.80	\$ 224.64
165,000	\$ 9.24	\$ 10.07	\$ 12.46	\$ 16.58	\$ 23.84	\$ 35.72	\$ 54.12	\$ 74.50	\$ 118.39	\$ 231.66
170,000	\$ 9.52	\$ 10.37	\$ 12.84	\$ 17.09	\$ 24.57	\$ 36.81	\$ 55.76	\$ 76.76	\$ 121.98	\$ 238.68
175,000	\$ 9.80	\$ 10.68	\$ 13.21	\$ 17.59	\$ 25.29	\$ 37.89	\$ 57.40	\$ 79.01	\$ 125.56	\$ 245.70

# Benefits Premium Cost – Spouse & Child

## Supplemental Life Insurance and AD&D

Cost per pay for Spouse

Age	<30	30-34	35-39	40-44	45-49	50-54	55-59	60-64	64-69	70+
Coverage Election										
180,000	\$ 10.08	\$ 10.98	\$ 13.59	\$ 18.09	\$ 26.01	\$ 38.97	\$ 59.04	\$ 81.27	\$ 129.15	\$ 252.72
185,000	\$ 10.36	\$ 11.29	\$ 13.97	\$ 18.59	\$ 26.73	\$ 40.05	\$ 60.68	\$ 83.53	\$ 132.74	\$ 259.74
190,000	\$ 10.64	\$ 11.59	\$ 14.35	\$ 19.10	\$ 27.46	\$ 41.14	\$ 62.32	\$ 85.79	\$ 136.33	\$ 266.76
195,000	\$ 10.92	\$ 11.90	\$ 14.72	\$ 19.60	\$ 28.18	\$ 42.22	\$ 63.96	\$ 88.04	\$ 139.91	\$ 273.78
200,000	\$ 11.20	\$ 12.20	\$ 15.10	\$ 20.10	\$ 28.90	\$ 43.30	\$ 65.60	\$ 90.30	\$ 143.50	\$ 280.80
205,000	\$ 11.48	\$ 12.51	\$ 15.48	\$ 20.60	\$ 29.62	\$ 44.38	\$ 67.24	\$ 92.56	\$ 147.09	\$ 287.82
210,000	\$ 11.76	\$ 12.81	\$ 15.86	\$ 21.11	\$ 30.35	\$ 45.47	\$ 68.88	\$ 94.82	\$ 150.68	\$ 294.84
215,000	\$ 12.04	\$ 13.12	\$ 16.23	\$ 21.61	\$ 31.07	\$ 46.55	\$ 70.52	\$ 97.07	\$ 154.26	\$ 301.86
220,000	\$ 12.32	\$ 13.42	\$ 16.61	\$ 22.11	\$ 31.79	\$ 47.63	\$ 72.16	\$ 99.33	\$ 157.85	\$ 308.88
225,000	\$ 12.60	\$ 13.73	\$ 16.99	\$ 22.61	\$ 32.51	\$ 48.71	\$ 73.80	\$ 101.59	\$ 161.44	\$ 315.90
230,000	\$ 12.88	\$ 14.03	\$ 17.37	\$ 23.12	\$ 33.24	\$ 49.80	\$ 75.44	\$ 103.85	\$ 165.03	\$ 322.92
235,000	\$ 13.16	\$ 14.34	\$ 17.74	\$ 23.62	\$ 33.96	\$ 50.88	\$ 77.08	\$ 106.10	\$ 168.61	\$ 329.94
240,000	\$ 13.44	\$ 14.64	\$ 18.12	\$ 24.12	\$ 34.68	\$ 51.96	\$ 78.72	\$ 108.36	\$ 172.20	\$ 336.96
245,000	\$ 13.72	\$ 14.95	\$ 18.50	\$ 24.62	\$ 35.40	\$ 53.04	\$ 80.36	\$ 110.62	\$ 175.79	\$ 343.98
250,000	\$ 14.00	\$ 15.25	\$ 18.88	\$ 25.13	\$ 36.13	\$ 54.13	\$ 82.00	\$ 112.88	\$ 179.38	\$ 351.00
255,000	\$ 14.28	\$ 15.56	\$ 19.25	\$ 25.63	\$ 36.85	\$ 55.21	\$ 83.64	\$ 115.13	\$ 182.96	\$ 358.02
260,000	\$ 14.56	\$ 15.86	\$ 19.63	\$ 26.13	\$ 37.57	\$ 56.29	\$ 85.28	\$ 117.39	\$ 186.55	\$ 365.04
265,000	\$ 14.84	\$ 16.17	\$ 20.01	\$ 26.63	\$ 38.29	\$ 57.37	\$ 86.92	\$ 119.65	\$ 190.14	\$ 372.06
270,000	\$ 15.12	\$ 16.47	\$ 20.39	\$ 27.14	\$ 39.02	\$ 58.46	\$ 88.56	\$ 121.91	\$ 193.73	\$ 379.08
275,000	\$ 15.40	\$ 16.78	\$ 20.76	\$ 27.64	\$ 39.74	\$ 59.54	\$ 90.20	\$ 124.16	\$ 197.31	\$ 386.10
280,000	\$ 15.68	\$ 17.08	\$ 21.14	\$ 28.14	\$ 40.46	\$ 60.62	\$ 91.84	\$ 126.42	\$ 200.90	\$ 393.12
285,000	\$ 15.96	\$ 17.39	\$ 21.52	\$ 28.64	\$ 41.18	\$ 61.70	\$ 93.48	\$ 128.68	\$ 204.49	\$ 400.14
290,000	\$ 16.24	\$ 17.69	\$ 21.90	\$ 29.15	\$ 41.91	\$ 62.79	\$ 95.12	\$ 130.94	\$ 208.08	\$ 407.16
295,000	\$ 16.52	\$ 18.00	\$ 22.27	\$ 29.65	\$ 42.63	\$ 63.87	\$ 96.76	\$ 133.19	\$ 211.66	\$ 414.18
300,000	\$ 16.80	\$ 18.30	\$ 22.65	\$ 30.15	\$ 43.35	\$ 64.95	\$ 98.40	\$ 135.45	\$ 215.25	\$ 421.20

## Cost per pay for child(ren) (Guaranteed Issue)

Coverage Election	
\$1,000	\$ 0.05
\$2,000	\$ 0.09
\$3,000	\$ 0.14
\$4,000	\$ 0.18
\$5,000	\$ 0.23
\$6,000	\$ 0.27
\$7,000	\$ 0.32
\$8,000	\$ 0.36
\$9,000	\$ 0.41
\$10,000	\$ 0.46

# 401(k)

We offer a 401(k) Plan through Manulife® | John Hancock.

WellHaven matches 25% of the first 8% of employee contribution deferrals. This equates to a 2% match!

## Vesting Schedule

- 50% vested first year of employment
- 100% vested second year of employment

This 401k Plan is a qualified retirement plan that allows eligible employees to save and invest for their retirement on a tax deferred basis.

Log in to:

<https://myplan.johnhancock.com> today!

Phone 1.800.294.3575



## Wealth Management Education & Resources

### 401 (k) Contacts:

#### Financial Advisor Team

Brian Siano  
Vice President, Retirement Services NFP  
Corporate Services (NY), LLC  
Phone: 212-457-8874  
Email: [brian.siano@nfp.com](mailto:brian.siano@nfp.com)

Deborah Sharp  
Senior Advisor  
Corporate Services (NY), LLC  
Phone: 512-697-5209  
Email: [deborah.sharp@nfp.com](mailto:deborah.sharp@nfp.com)



# Have Questions? Need Assistance?

The world of health care and insurance can be confusing and hard to navigate. Below a list of contacts and resources to reach out to with benefit related questions.

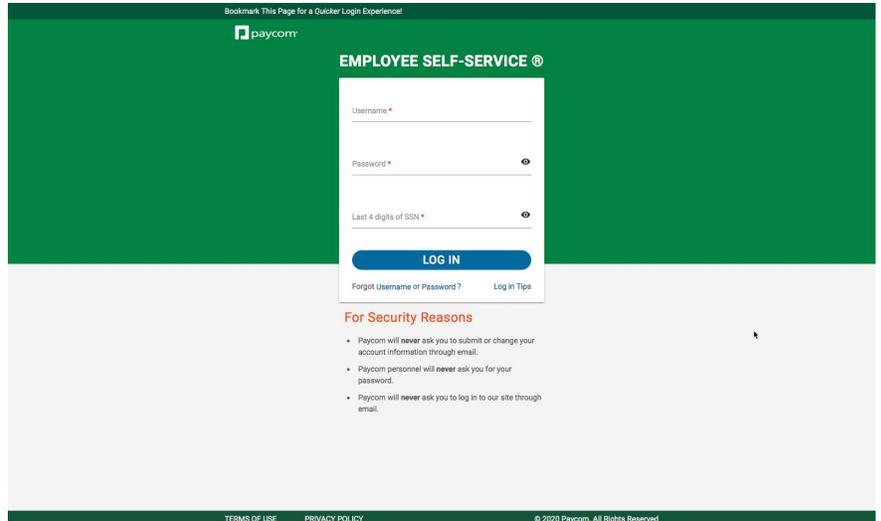
Plan	Carrier	Phone	Website
Medical <b>Group #31242</b>	BRMS/Cigna	866-486-8242	<a href="https://www.myhealthbenefits.com">https://www.myhealthbenefits.com</a>
Health Concierge	TouchCare Email:	866-486-4085 <a href="mailto:assist@touchcare.com">assist@touchcare.com</a>	<a href="https://www.touchcare.com">https://www.touchcare.com</a>
Prescription Drugs	Fairos RX	866-486-8242	<a href="https://www.FairosRX.com">https://www.FairosRX.com</a>
Telemedicine	Teladoc	800-835-2362 <a href="mailto:help@teladochealth.com">help@teladochealth.com</a>	<a href="https://www.teladoc.com">https://www.teladoc.com</a>
Health Savings Account (HSA) & FSA (Medical, Limited, & Dependent Care, Commuter)	WEX Health	866-451-3399	<a href="https://wexhealth.com/">https://wexhealth.com/</a>
Dental Life AD & D Voluntary Life AD&D Critical Illness Hospital Indemnity Accident Voluntary Short-Term Disability Voluntary Long-Term Disability <b>Group # 00087553</b>	Guardian TouchCare Concierge	888-600-1600 866-486-4085	<a href="https://www.guardiananytime.com">https://www.guardiananytime.com</a> <a href="https://touchcare.com">https://touchcare.com</a>
Vision <b>Group #30085123</b>	Vision Service Plan (VSP)	800-877-7195	<a href="https://www.vsp.com/">https://www.vsp.com/</a>
Employee Assistance Program (EAP)	Guardian/ ComPsych	855-239-0743	<a href="https://guidanceresouces.com">https://guidanceresouces.com</a> App: GuidanceNow Organization web ID: Guardian
Guardian EstateGuidance® Online Will Preparation	Guardian	855-239-0743 TRS: Dial 711	<a href="https://estateguidance.com">https://estateguidance.com</a> App: Guidance Now Promotional code: Guardian
COBRA (continuation of benefits coverage)	Paycom COBRA Admin	800-580-4505	
WellHaven Pet Health 401k Plan <b>Account # WE25P2</b>	John Hancock	800-294-3575	<a href="https://myplan.johnhancock.com">https://myplan.johnhancock.com</a>
Medicare Help	TouchCare	866-486-4085	<a href="https://touchcare.com/medicare">https://touchcare.com/medicare</a>

**WellHaven Contact**  
Email: [HR@wellhaven.com](mailto:HR@wellhaven.com)

# Appendix

## Resources Located in the Paycom System

- Paycom Benefits Portal Guide
- Health care Forms
- Benefit Summary Plan Descriptions (SPD)
- Summary of Benefits and Coverage (SBC)
- Health Insurance Plan Booklets



## Insurance Card Information



Will I receive an insurance card?

- Medical – YES you will receive an insurance card upon initial enrollment or if you change plans.
- Dental – Insurance cards are electronic and member specific.
- Vision – NO insurance card (use Group No and SS# when scheduling an appointment)
- HSA – YES you will receive a HSA debit card to use as you would a credit card
- FSA – YES you will receive a FSA debit card to use as you would a credit card

# Appendix

## Key Definitions

**Coinsurance:** The portion of covered health care costs the covered person is financially responsible for usually a fixed percentage. Coinsurance often is applied, according to a fixed percentage after the deductible requirement is met.

**Copayment:** A cost sharing arrangement in which a covered person pays a specified charge for a specified service, such \$10 for an office visit.

**Deductible:** The amount of expenses that must be paid out of pocket before an insurer will pay any expenses.

**Dependent:** An individual who relies on an enrollee for financial support and/or obtains health coverage through a spouse, or parent.

**Drug Formulary:** A list of prescription medication preferred for use by the health plan and dispensed through participation pharmacies to covered persons.

**Evidence of insurability:** Proof presented through medical examination and/or through written statements about an individual's health

**Generic Drug** A chemically equivalent form of a brand-name drug for which the patent has expired. A generic typically is less expensive and sold under a common or "generic" name.

**In-area services:** Health care received within the authorized service area from a participating provider that is contracted with the health plan. *Also called in-network services.*

**Inpatient** An individual who has been admitted to a hospital as a registered bed patient for at least 24 hours and is receiving services under the direction of a physician.

**Maximum out-of-pocket costs:** The limit on total member copayments, deductibles and coinsurance under a benefit contract

**Network:** A system of contracted physicians, hospitals and ancillary providers that provides health care to members.

**Non-participating provider:** A health care provider who has not contracted with the carrier or health plan to be a participating provider of health care. Non-participating providers can bill the patient without balance billing limits typically agreed to by participating providers.

**Open Enrollment Period:** A time during which subscribers in a health benefit program have an opportunity to re-enroll or select an alternate health plan being offered to them, usually without evidence of insurability or waiting periods.

**Out-of-area:** Coverage for treatment obtained by a covered person temporarily outside the network service area.

**Out-of-network:** Coverage for treatment from a non-participating provider and higher copayments and coinsurance than for treatment from a participating provider.

**Out-of-pocket:** the total payments toward eligible expenses that a covered person funds for him/herself and/or dependents (i.e. deductibles, copays and coinsurance) as defined by the contract. Once the limit is reached benefits will increase to 100% for covered health services received during the rest of the year.

# Important Notices

## Premium Assistance Under Medicaid and the Children’s Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you’re eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren’t eligible for Medicaid or CHIP, you won’t be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit [www.healthcare.gov](http://www.healthcare.gov).

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or [www.insurekidsnow.gov](http://www.insurekidsnow.gov) to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren’t already enrolled. This is called a “special enrollment” opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at [www.askebsa.dol.gov](http://www.askebsa.dol.gov) or call **1-866-444-EBSA (3272)**.

**If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2025. Contact your State for more information on eligibility –**

ALABAMA – Medicaid	ALASKA – Medicaid
Website: <a href="http://myalhipp.com/">http://myalhipp.com/</a> Phone: 1-855-692-5447	The AK Health Insurance Premium Payment Program Website: <a href="http://myakhipp.com/">http://myakhipp.com/</a> Phone: 1-866-251-4861 Email: <a href="mailto:CustomerService@MyAKHIPP.com">CustomerService@MyAKHIPP.com</a> Medicaid Eligibility: <a href="https://health.alaska.gov/dpa/Pages/default.aspx">https://health.alaska.gov/dpa/Pages/default.aspx</a>
ARKANSAS – Medicaid	CALIFORNIA – Medicaid
Website: <a href="http://myarhipp.com/">http://myarhipp.com/</a> Phone: 1-855-MyARHIPP (855-692-7447)	Health Insurance Premium Payment (HIPP) Program Website: <a href="http://dhcs.ca.gov/hipp">http://dhcs.ca.gov/hipp</a> Phone: 916-445-8322 Fax: 916-440-5676 Email: <a href="mailto:hipp@dhcs.ca.gov">hipp@dhcs.ca.gov</a>

<b>COLORADO – Health First Colorado (Colorado’s Medicaid Program) &amp; Child Health Plan Plus (CHP+)</b>	<b>FLORIDA – Medicaid</b>
Health First Colorado Website: <a href="https://www.healthfirstcolorado.com/">https://www.healthfirstcolorado.com/</a> Health First Colorado Member Contact Center: 1-800-221-3943/State Relay 711 CHP+: <a href="https://hcpf.colorado.gov/child-health-plan-plus">https://hcpf.colorado.gov/child-health-plan-plus</a> CHP+ Customer Service: 1-800-359-1991/State Relay 711 Health Insurance Buy-In Program (HIBI): <a href="https://www.mycohibi.com/">https://www.mycohibi.com/</a> HIBI Customer Service: 1-855-692-6442	Website: <a href="https://www.flmedicaidprecovery.com/flmedicaidprecovery.com/hipp/index.html">https://www.flmedicaidprecovery.com/flmedicaidprecovery.com/hipp/index.html</a> Phone: 1-877-357-3268
<b>GEORGIA – Medicaid</b>	<b>INDIANA – Medicaid</b>
GA HIPP Website: <a href="https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp">https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp</a> Phone: 678-564-1162, Press 1 GA CHIPRA Website: <a href="https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra">https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra</a> Phone: 678-564-1162, Press 2	Health Insurance Premium Payment Program All other Medicaid Website: <a href="https://www.in.gov/medicaid/">https://www.in.gov/medicaid/</a> <a href="http://www.in.gov/fssa/dfr/">http://www.in.gov/fssa/dfr/</a> Family and Social Services Administration Phone: 1-800-403-0864 Member Services Phone: 1-800-457-4584
<b>IOWA – Medicaid and CHIP (Hawki)</b>	<b>KANSAS – Medicaid</b>
Medicaid Website: <a href="http://iowa.gov/health-human-services">iowa Medicaid   Health &amp; Human Services</a> Medicaid Phone: 1-800-338-8366 Hawki Website: <a href="http://iowa.gov/health-human-services">Hawki - Healthy and Well Kids in Iowa   Health &amp; Human Services</a> Hawki Phone: 1-800-257-8563 HIPP Website: <a href="http://iowa.gov/health-human-services">Health Insurance Premium Payment (HIPP)   Health &amp; Human Services (iowa.gov)</a> HIPP Phone: 1-888-346-9562	Website: <a href="https://www.kancare.ks.gov/">https://www.kancare.ks.gov/</a> Phone: 1-800-792-4884 HIPP Phone: 1-800-967-4660
<b>KENTUCKY – Medicaid</b>	<b>LOUISIANA – Medicaid</b>
Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: <a href="https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx">https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx</a> Phone: 1-855-459-6328 Email: <a href="mailto:KIHIPPROGRAM@ky.gov">KIHIPPROGRAM@ky.gov</a> KCHIP Website: <a href="https://kynect.ky.gov">https://kynect.ky.gov</a> Phone: 1-877-524-4718 Kentucky Medicaid Website: <a href="https://chfs.ky.gov/agencies/dms">https://chfs.ky.gov/agencies/dms</a>	Website: <a href="http://www.medicicaid.la.gov">www.medicicaid.la.gov</a> or <a href="http://www.ldh.la.gov/lahipp">www.ldh.la.gov/lahipp</a> Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

MAINE – Medicaid	MASSACHUSETTS – Medicaid and CHIP
<p>Enrollment Website:  <a href="https://www.mymaineconnection.gov/benefits/s/?language=en_US">https://www.mymaineconnection.gov/benefits/s/?language=en_US</a>            Phone: 1-800-442-6003            TTY: Maine relay 711            Private Health Insurance Premium Webpage:  <a href="https://www.maine.gov/dhhs/ofi/applications-forms">https://www.maine.gov/dhhs/ofi/applications-forms</a>            Phone: 1-800-977-6740            TTY: Maine relay 711</p>	<p>Website: <a href="https://www.mass.gov/masshealth/pa">https://www.mass.gov/masshealth/pa</a>            Phone: 1-800-862-4840            TTY: 711            Email: <a href="mailto:masspremassistance@accenture.com">masspremassistance@accenture.com</a></p>
MINNESOTA – Medicaid	MISSOURI – Medicaid
<p>Website:  <a href="https://mn.gov/dhs/health-care-coverage/">https://mn.gov/dhs/health-care-coverage/</a>            Phone: 1-800-657-3672</p>	<p>Website:  <a href="http://www.dss.mo.gov/mhd/participants/pages/hipp.htm">http://www.dss.mo.gov/mhd/participants/pages/hipp.htm</a>            Phone: 573-751-2005</p>
MONTANA – Medicaid	NEBRASKA – Medicaid
<p>Website:  <a href="http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP">http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP</a>            Phone: 1-800-694-3084            Email: <a href="mailto:HSHIPPProgram@mt.gov">HSHIPPProgram@mt.gov</a></p>	<p>Website: <a href="http://www.ACCESSNebraska.ne.gov">http://www.ACCESSNebraska.ne.gov</a>            Phone: 1-855-632-7633            Lincoln: 402-473-7000            Omaha: 402-595-1178</p>
NEVADA – Medicaid	NEW HAMPSHIRE – Medicaid
<p>Medicaid Website: <a href="http://dhcnp.nv.gov">http://dhcnp.nv.gov</a>            Medicaid Phone: 1-800-992-0900</p>	<p>Website: <a href="https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program">https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program</a>            Phone: 603-271-5218            Toll free number for the HIPP program: 1-800-852-3345, ext. 15218            Email: <a href="mailto:DHHS.ThirdPartyLiabi@dhhs.nh.gov">DHHS.ThirdPartyLiabi@dhhs.nh.gov</a></p>
NEW JERSEY – Medicaid and CHIP	NEW YORK – Medicaid
<p>Medicaid Website:  <a href="http://www.state.nj.us/humanservices/dmahs/clients/medicaid/">http://www.state.nj.us/humanservices/dmahs/clients/medicaid/</a>            Phone: 1-800-356-1561            CHIP Premium Assistance Phone: 609-631-2392            CHIP Website: <a href="http://www.njfamilycare.org/index.html">http://www.njfamilycare.org/index.html</a>            CHIP Phone: 1-800-701-0710 (TTY: 711)</p>	<p>Website:  <a href="https://www.health.ny.gov/health_care/medicaid/">https://www.health.ny.gov/health_care/medicaid/</a>            Phone: 1-800-541-2831</p>
NORTH CAROLINA – Medicaid	NORTH DAKOTA – Medicaid
<p>Website: <a href="https://medicaid.ncdhhs.gov/">https://medicaid.ncdhhs.gov/</a>            Phone: 919-855-4100</p>	<p>Website: <a href="https://www.hhs.nd.gov/healthcare">https://www.hhs.nd.gov/healthcare</a>            Phone: 1-844-854-4825</p>

<p align="center"><b>OKLAHOMA – Medicaid and CHIP</b></p>	<p align="center"><b>OREGON – Medicaid and CHIP</b></p>
<p>Website: <a href="http://www.insureoklahoma.org">http://www.insureoklahoma.org</a>  Phone: 1-888-365-3742</p>	<p>Website:  <a href="http://healthcare.oregon.gov/Pages/index.aspx">http://healthcare.oregon.gov/Pages/index.aspx</a>  Phone: 1-800-699-9075</p>
<p align="center"><b>PENNSYLVANIA – Medicaid and CHIP</b></p>	<p align="center"><b>RHODE ISLAND – Medicaid and CHIP</b></p>
<p>Website: <a href="https://www.pa.gov/en/services/dhs/apply-for-medicaid-health-insurance-premium-payment-program-hipp.html">https://www.pa.gov/en/services/dhs/apply-for-medicaid-health-insurance-premium-payment-program-hipp.html</a>  Phone: 1-800-692-7462  CHIP Website: <a href="#">Children's Health Insurance Program (CHIP) (pa.gov)</a>  CHIP Phone: 1-800-986-KIDS (5437)</p>	<p>Website: <a href="http://www.eohhs.ri.gov/">http://www.eohhs.ri.gov/</a>  Phone: 1-855-697-4347, or  401-462-0311 (Direct Rte Share Line)</p>
<p align="center"><b>SOUTH CAROLINA – Medicaid</b></p>	<p align="center"><b>SOUTH DAKOTA - Medicaid</b></p>
<p>Website: <a href="https://www.scdhhs.gov">https://www.scdhhs.gov</a>  Phone: 1-888-549-0820</p>	<p>Website: <a href="http://dss.sd.gov">http://dss.sd.gov</a>  Phone: 1-888-828-0059</p>
<p align="center"><b>TEXAS – Medicaid</b></p>	<p align="center"><b>UTAH – Medicaid and CHIP</b></p>
<p>Website: <a href="#">Health Insurance Premium Payment (HIPP) Program   Texas Health and Human Services</a>  Phone: 1-800-440-0493</p>	<p>Utah's Premium Partnership for Health Insurance (UPP)  Website: <a href="https://medicaid.utah.gov/upp/">https://medicaid.utah.gov/upp/</a>  Email: <a href="mailto:upp@utah.gov">upp@utah.gov</a>  Phone: 1-888-222-2542  Adult Expansion Website:  <a href="https://medicaid.utah.gov/expansion/">https://medicaid.utah.gov/expansion/</a>  Utah Medicaid Buyout Program Website:  <a href="https://medicaid.utah.gov/buyout-program/">https://medicaid.utah.gov/buyout-program/</a>  CHIP Website: <a href="https://chip.utah.gov/">https://chip.utah.gov/</a></p>
<p align="center"><b>VERMONT – Medicaid</b></p>	<p align="center"><b>VIRGINIA – Medicaid and CHIP</b></p>
<p>Website: <a href="#">Health Insurance Premium Payment (HIPP) Program   Department of Vermont Health Access</a>  Phone: 1-800-250-8427</p>	<p>Website:  <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select">https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select</a>   <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs">https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs</a>  Medicaid/CHIP Phone: 1-800-432-5924</p>
<p align="center"><b>WASHINGTON – Medicaid</b></p>	<p align="center"><b>WEST VIRGINIA – Medicaid and CHIP</b></p>
<p>Website: <a href="https://www.hca.wa.gov/">https://www.hca.wa.gov/</a>  Phone: 1-800-562-3022</p>	<p>Website: <a href="https://dhhr.wv.gov/bms/">https://dhhr.wv.gov/bms/</a>  <a href="http://mywvhipp.com/">http://mywvhipp.com/</a>  Medicaid Phone: 304-558-1700  CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699-8447)</p>

WISCONSIN – Medicaid and CHIP	WYOMING – Medicaid
Website: <a href="https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm">https://www.dhs.wisconsin.gov/badgercareplus/p-10095.htm</a> Phone: 1-800-362-3002	Website: <a href="https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/">https://health.wyo.gov/healthcarefin/medicaid/programs-and-eligibility/</a> Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since July 31, 2025, or for more information on special enrollment rights, contact either:

U.S. Department of Labor  
 Employee Benefits Security Administration  
[www.dol.gov/agencies/ebsa](http://www.dol.gov/agencies/ebsa)  
 1-866-444-EBSA (3272)

U.S. Department of Health and Human Services  
 Centers for Medicare & Medicaid Services  
[www.cms.hhs.gov](http://www.cms.hhs.gov)  
 1-877-267-2323, Menu Option 4, Ext. 61565

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email [ebsa.opr@dol.gov](mailto:ebsa.opr@dol.gov) and reference the OMB Control Number 1210-0137.

OMB Control Number 1210-0137 (expires 1/31/2026)

# Important Notices

## Women's Health and Cancer Rights Act of 1998

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- All stages of reconstruction of the breast on which the mastectomy was performed;
- Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- Prostheses; and
- Treatment of physical conditions related to the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles and coinsurance applicable to other medical and surgical benefits provided under this plan.

## Newborns and Mothers' Health Protection Act

Federal law protects the benefit rights of mothers and newborns related to any hospital stay in connection with childbirth. In general, insurers may not:

Restrict benefits for the length of hospital stay for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). Require that a provider obtain authorization from the insurer for prescribing a length of stay of up to 48 hours (or 96 hours).

For details on any state maternity laws that may apply to your medical plan, please refer to the benefit material for the plan in which you are enrolled.

## Mental Health Parity Act

Per the Mental Health Parity Act, benefits for mental health and substance-use disorder must be treated like benefits for regular medical and surgical care. For example, if there is no limitation on the number of days for inpatient and number of visits for outpatient medical care, then there can be no limitation for mental health and substance-use disorder treatments. As always, treatments must be medically necessary to qualify for coverage. Plan participants should review their plan's certificate of coverage or benefit document for specific information about coverage, limitations and exclusions for mental health care and substance-use disorder treatments.

# Important Notices

## HIPAA Notice of Special Enrollment Rights

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage). However, you must request enrollment within 31 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

If you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 31 days after the marriage, birth, adoption, or placement for adoption.

If you decline enrollment for yourself or for an eligible dependent (including your spouse) while Medicaid coverage or coverage under a state children's health insurance program is in effect, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage. However, you must request enrollment within 60 days after your or your dependents' coverage ends under Medicaid or a state children's health insurance program.

If you or your dependents (including your spouse) become eligible for a state premium assistance subsidy from Medicaid or through a state children's health insurance program with respect to coverage under this plan, you may be able to enroll yourself and your dependents in this plan. However, you must request enrollment within 60 days after your or your dependents' determination of eligibility for such assistance.

To request special enrollment or obtain more information, contact Kathy Klein, Sr. Manager Benefit Programs, Phone Number (360)-386-1348, Email: [HR@Wellhaven.com](mailto:HR@Wellhaven.com)



## Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information.

**Please review it carefully.**

### Your Rights

**When it comes to your health information, you have certain rights.** This section explains your rights and some of our responsibilities to help you.

#### **Get a copy of your health and claims records**

- You can ask to see or get a copy of your health and claims records and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health and claims records, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

#### **Ask us to correct health and claims records**

- You can ask us to correct your health and claims records if you think they are incorrect or incomplete. Ask us how to do this.
- We may say “no” to your request, but we’ll tell you why in writing within 60 days.

#### **Request confidential communications**

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will consider all reasonable requests, and must say “yes” if you tell us you would be in danger if we do not.

*continued on next page*

## Your Rights *continued*

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### Ask us to limit what we use or share

- You can ask us **not** to use or share certain health information for treatment, payment, or our operations.
- We are not required to agree to your request, and we may say “no” if it would affect your care.

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### Get a list of those with whom we’ve shared information

- You can ask for a list (accounting) of the times we’ve shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We’ll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.

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### Get a copy of this privacy notice

- You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

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### Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

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### File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting us using the information on page 1.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting [www.hhs.gov/ocr/privacy/hipaa/complaints/](http://www.hhs.gov/ocr/privacy/hipaa/complaints/).
- We will not retaliate against you for filing a complaint.

## Your Choices

**For certain health information, you can tell us your choices about what we share.** If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

**In these cases, you have both the right and choice to tell us to:**

- Share information with your family, close friends, or others involved in payment for your care
- Share information in a disaster relief situation
- Contact you for fundraising efforts

*If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.*

**In these cases we never share your information unless you give us written permission:**

- Marketing purposes
- Sale of your information

## Our Uses and Disclosures

**How do we typically use or share your health information?** We typically use or share your health information in the following ways.

**Help manage the health care treatment you receive**

- We can use your health information and share it with professionals who are treating you.

***Example:** A doctor sends us information about your diagnosis and treatment plan so we can arrange additional services.*

**Run our organization**

- We can use and disclose your information to run our organization and contact you when necessary.
- **We are not allowed to use genetic information to decide whether we will give you coverage and the price of that coverage.** This does not apply to long term care plans.

***Example:** We use health information about you to develop better services for you.*

**Pay for your health services**

- We can use and disclose your health information as we pay for your health services.

***Example:** We share information about you with your dental plan to coordinate payment for your dental work.*

**Administer your plan**

- We may disclose your health information to your health plan sponsor for plan administration.

***Example:** Your company contracts with us to provide a health plan, and we provide your company with certain statistics to explain the premiums we charge.*

*continued on next page*

**How else can we use or share your health information?** We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html).

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**Help with public health and safety issues**

- We can share health information about you for certain situations such as:
  - Preventing disease
  - Helping with product recalls
  - Reporting adverse reactions to medications
  - Reporting suspected abuse, neglect, or domestic violence
  - Preventing or reducing a serious threat to anyone's health or safety

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**Do research**

- We can use or share your information for health research.

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**Comply with the law**

- We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

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**Respond to organ and tissue donation requests and work with a medical examiner or funeral director**

- We can share health information about you with organ procurement organizations.
- We can share health information with a coroner, medical examiner, or funeral director when an individual dies.

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**Address workers' compensation, law enforcement, and other government requests**

- We can use or share health information about you:
  - For workers' compensation claims
  - For law enforcement purposes or with a law enforcement official
  - With health oversight agencies for activities authorized by law
  - For special government functions such as military, national security, and presidential protective services

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**Respond to lawsuits and legal actions**

- We can share health information about you in response to a court or administrative order, or in response to a subpoena.

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*Substance Use Disorder Treatment Information.*

*If we receive or maintain any information about you from a substance use disorder treatment program that is covered by 42 CFR Part 2 (a "Part 2 Program") through a general consent you provide to the Part 2 Program to use and disclose the Part 2 Program record for purposes of treatment, payment or health care operations, we may use and disclose your Part 2 Program record for treatment, payment and health care operations purposes as described in this Notice. If we receive or maintain your Part 2 Program record through specific consent you provide to us or another third party, we will use and disclose your Part 2 Program record only as expressly permitted by you in your consent as provided to us.*

*In no event will we use or disclose your Part 2 Program record, or testimony that describes the information contained in your Part 2 Program record, in any civil, criminal, administrative, or legislative proceedings by any Federal, State, or local authority, against you, unless authorized by your consent or the order of a court after it provides you notice of the court order.*

## Our Responsibilities

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: [www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html).

### Changes to the Terms of This Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, on our web site, and we will mail a copy to you.

*Effective 02/16/2026*

**This Notice of Privacy Practices applies to the following organizations.**

*Wellhaven Pet Health Employee Benefits Plan*

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*Privacy Officer: Hayden Milligan, email: [hayden.milligan@wellhaven.com](mailto:hayden.milligan@wellhaven.com) phone: (360) 694-5030*

# Important Notices

## Medicare Part D Creditable Disclosure Notice

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with WellHaven Pet Health, LLC (WellHaven) and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
2. WellHaven has determined that the prescription drug coverage offered by the FairRx is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

## When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

# Important Notices

## Medicare Part D Creditable Disclosure Notice

### What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current Medical Plan coverage will not be affected. Your current coverage pays for other health expenses in addition to prescription drug. If you enroll in a Medicare prescription drug plan, you and your eligible dependents will still be eligible to receive all of your current health and prescription drug benefits. [See page 7-9 of the CMS Disclosure of Creditable Coverage to Medicare Part D Eligible Individuals Guidance (available at <http://www.cms.hhs.gov/CreditableCoverage/>), which outlines the prescription drug plan provisions/options that Medicare eligible individuals may have available to them when they become eligible for Medicare Part D.]

If you do decide to join a Medicare drug plan and drop your current Regence Medical Plan coverage, be aware that you and your dependents may not be able to get this coverage back. Only through a qualified life event or open enrollment would coverage be available again.

### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Regence and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

### For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact WellHaven's Human Resources Department at (360) 368-1348 or email [HR@wellhaven.com](mailto:HR@wellhaven.com) for further information. **NOTE:** You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage changes. You also may request a copy of this notice at any time.

# Important Notices

## Medicare Part D Creditable Disclosure Notice

### For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the “Medicare & You” handbook. You’ll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit [www.medicare.gov](http://www.medicare.gov)
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the “Medicare & You” handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at [www.socialsecurity.gov](http://www.socialsecurity.gov), or call them at 1-800-772-1213 (TTY 1-800-325-0778).

**Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).**

Date:	October 15, 2025
Name of Entity/Sender:	WellHaven Human Resources
Contact–Position/Office:	Kathy Klein, Senior Manager Benefit Programs
Address:	P.O. Box 98503, Las Vegas, NV 89193
Phone Number:	(360) 397-7964

# Important Notices

## GENERAL NOTICE OF COBRA CONTINUATION COVERAGE RIGHTS

**\*\*Continuation Coverage Rights Under COBRA\*\***

### Introduction

You're getting this notice because you recently gained coverage under a group health plan (the Plan). This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan. This notice explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect your right to get it. When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage.

The right to COBRA continuation coverage was created by a federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information about your rights and obligations under the Plan and under federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

You may have other options available to you when you lose group health coverage. For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally doesn't accept late enrollees.

### What is COBRA continuation coverage?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "qualifying event." Specific qualifying events are listed later in this notice. After a qualifying event, COBRA continuation coverage must be offered to each person who is a "qualified beneficiary." You, your spouse, and your dependent children could become qualified beneficiaries if coverage under the Plan is lost because of the qualifying event. Under the Plan, qualified beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

If you're an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you're the spouse of an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your spouse dies.

# Important Notices

## GENERAL NOTICE OF COBRA CONTINUATION COVERAGE RIGHTS

- Your spouse's hours of employment are reduced.
- Your spouse's employment ends for any reason other than his or her gross misconduct.
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or
- You become divorced or legally separated from your spouse.

Your dependent children will become qualified beneficiaries if they lose coverage under the Plan because of the following qualifying events:

- The parent-employee dies.
- The parent-employee's hours of employment are reduced.
- The parent-employee's employment ends for any reason other than his or her gross misconduct.
- The parent-employee becomes entitled to Medicare benefits (Part A, Part B, or both).
- The parents become divorced or legally separated; or
- The child stops being eligible for coverage under the Plan as a "dependent child."

### When is COBRA continuation coverage available?

The Plan will offer COBRA continuation coverage to qualified beneficiaries only after the Plan Administrator has been notified that a qualifying event has occurred. The employer must notify the Plan Administrator of the following qualifying events:

- The end of employment or reduction of hours of employment.
- Death of the employee.
- The employee's becoming entitled to Medicare benefits (under Part A, Part B, or both).

**For all other qualifying events (divorce or legal separation of the employee and spouse or a dependent child's losing eligibility for coverage as a dependent child), you must notify the Plan Administrator within 60 after the qualifying event occurs. You must provide this notice to: Human Resources Department**

### How is COBRA continuation coverage provided?

Once the Plan Administrator receives notice that a qualifying event has occurred, COBRA continuation coverage will be offered to each of the qualified beneficiaries. Each qualified beneficiary will have an independent right to elect COBRA continuation coverage. Covered employees may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation coverage on behalf of their children.

COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. Certain qualifying events, or a second qualifying event during the initial period of coverage, may permit a beneficiary to receive a maximum of 36 months of coverage.

# Important Notices

## GENERAL NOTICE OF COBRA CONTINUATION COVERAGE RIGHTS

There are also ways in which this 18-month period of COBRA continuation coverage can be extended:

### **Disability extension of 18-month period of COBRA continuation coverage**

If you or anyone in your family covered under the Plan is determined by Social Security to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to get up to an additional 11 months of COBRA continuation coverage, for a maximum of 29 months. The disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of COBRA continuation coverage

### **Second qualifying event extension of 18-month period of continuation coverage**

If your family experiences another qualifying event during the 18 months of COBRA continuation coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation coverage, for a maximum of 36 months, if the Plan is properly notified about the second qualifying event. This extension may be available to the spouse and any dependent children getting COBRA continuation coverage if the employee or former employee dies; becomes entitled to Medicare benefits (under Part A, Part B, or both); gets divorced or legally separated; or if the dependent child stops being eligible under the Plan as a dependent child. This extension is only available if the second qualifying event would have caused the spouse or dependent child to lose coverage under the Plan had the first qualifying event not occurred.

### **Are there other coverage options besides COBRA Continuation Coverage?**

Yes. Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicaid, or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA continuation coverage. You can learn more about many of these options at [www.healthcare.gov](http://www.healthcare.gov).

### **If you have questions**

Questions concerning your Plan, or your COBRA continuation coverage rights should be addressed to the contact or contacts identified below. For more information about your rights under the Employee Retirement Income Security Act (ERISA), including COBRA, the Patient Protection and Affordable Care Act, and other laws affecting group health plans, contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) in your area or visit [www.dol.gov/ebsa](http://www.dol.gov/ebsa). (Addresses and phone numbers of Regional and District EBSA Offices are available through EBSA's website.) For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov).

### **Keep your Plan informed of address changes**

To protect your family's rights, let the Plan Administrator know about any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

# Important Notices

## Notice of Exchange



## New Health Insurance Marketplace Coverage Options and Your Health Coverage

Form Approved OMB  
No. 1210-0149  
(expires 9-30-2023)

### PART A: General Information

When key parts of the health care law take effect in 2014, there will be a new way to buy health insurance: the Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the new Marketplace and employment based health coverage offered by your employer.

#### What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a new kind of tax credit that lowers your monthly premium right away. Open enrollment for health insurance coverage through the Marketplace begins in October 2013 for coverage starting as early as January 1, 2014.

#### Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

#### Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium, or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.5% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.<sup>1</sup>

**Note:** If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution -as well as your employee contribution to employer-offered coverage- is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

#### How Can I Get More Information?

For more information about your coverage offered by your employer, please check your summary plan description or contact Human Resources

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit [HealthCare.gov](http://HealthCare.gov) for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

<sup>1</sup>An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs.

# Important Notices

## Notice of Exchange

### PART B: Information About Health Coverage Offered by Your Employer

This section contains information about any health coverage offered by your employer. If you decide to complete an application for coverage in the Marketplace, you will be asked to provide this information. This information is numbered to correspond to the Marketplace application.

3. Employer Name WellHaven Pet Health, LLC		4. Employer Identification Number (EIN) 82-2088644	
5. Employer Address PO Box 98503		6. Employer Phone Number 360-768-1706	
7. City Las Vegas	8. State NV	9. ZIP Code 89193	
10. Who can we contact about employee health coverage at this job? Kathy Klein			
11. Phone Number (if different from above) 360-397-7964		12. Email Address <a href="mailto:HR@wellhaven.com">HR@wellhaven.com</a>	

Here is some basic information about health coverage offered by this employer:

- All employees. Eligible employees are:
- All Full-Time Employees working 30 hours or more per week
- \*With respect to dependents  
We do offer coverage. Eligible dependents are:  

Legally married spouse & Qualified domestic partner  
  
Dependents to age 26
- We do not offer coverage.
- If checked, this coverage meets the minimum value standard, and the cost of this coverage to you is intended to be affordable, based on employee wages.

\*\* Even if your employer intends your coverage to be affordable, you may still be eligible for a premium discount through the Marketplace. The Marketplace will use your household income, along with other factors, to determine whether you may be eligible for a premium discount. If, for example, your wages vary from week to week (perhaps you are an hourly employee or you work on a commission basis), if you are newly employed mid-year, or if you have other income losses, you may still qualify for a premium discount

If you decide to shop for coverage in the Marketplace, [www.HealthCare.gov](http://www.HealthCare.gov) will guide you through the process. Here's the employer information you'll enter when you visit HealthCare.gov to find out if you can get a tax credit to lower your monthly premiums.

# Important Notices

## Notice of Exchange

The information below corresponds to the Marketplace Employer Coverage Tool. Completing this section is optional for employers but will help ensure employees understand their coverage choices.

13. Is the employee currently eligible for coverage offered by this employer, or will the employee be eligible in the next 3 months?

- Yes (Continue) 13a. If the employee is not eligible today, including as a result of a waiting or probationary period, when is the employee eligible for coverage? (mm/dd/yyyy) (Continue)
- No (STOP and return this form to employee)

14. Does the employer offer a health plan that meets the minimum value standard\*?

- Yes (Go to question 15)
- No (STOP and return form to employee)

15. For the lowest-cost plan that meets the minimum value standard\* offered only to the employee (don't include family plans): If the employer has wellness programs, provide the premium that the employee would pay if he/ she received the maximum discount for any tobacco cessation programs, and didn't receive any other discounts based on wellness programs.

A. How much would the employee have to pay in premiums for this plan? \$84.81

B. How Often?  Weekly  Every 2 weeks  Twice a month  Monthly  Quarterly  Yearly

\* An employer-sponsored health plan meets the "minimum value standard" if the plan's share of the total allowed benefit costs covered by the plan is no less than 60 percent of such costs (Section 36B(c)(2)(C)(ii) of the Internal Revenue Code of 1986)

# Important Notices

## FMLA General Notice

EMPLOYEE RIGHTS UNDER THE FAMILY AND MEDICAL LEAVE ACT  
THE UNITED STATES DEPARTMENT OF LABOR WAGE AND HOUR DIVISION

### Leave Entitlements

Eligible employees who work for a covered employer can take up to 12 weeks of unpaid, job-protected leave in a 12-month period for the following reasons:

- The birth of a child or placement of a child for adoption or foster care;
- To bond with a child (leave must be taken within one year of the child's birth or placement);
- To care for the employee's spouse, child, or parent who has a qualifying serious health condition;
- For the employee's own qualifying serious health condition that makes the employee unable to perform the employee's job;
- For qualifying exigencies related to the foreign deployment of a military member who is the employee's spouse, child, or parent.

An eligible employee who is a covered servicemember's spouse, child, parent, or next of kin may also take up to 26 weeks of FMLA leave in a single 12-month period to care for the servicemember with a serious injury or illness. An employee does not need to use leave in one block. When it is medically necessary or otherwise permitted, employees may take leave intermittently or on a reduced schedule. Employees may choose, or an employer may require, use of accrued paid leave while taking FMLA leave. If an employee substitutes accrued paid leave for FMLA leave, the employee must comply with the employer's normal paid leave policies.

### Benefits & Protections

While employees are on FMLA leave, employers must continue health insurance coverage as if the employees were not on leave. Upon return from FMLA leave, most employees must be restored to the same job or one nearly identical to it with equivalent pay, benefits, and other employment terms and conditions. An employer may not interfere with an individual's FMLA rights or retaliate against someone for using or trying to use FMLA leave, opposing any practice made unlawful by the FMLA, or being involved in any proceeding under or related to the FMLA.

### Eligibility Requirements

An employee who works for a covered employer must meet three criteria in order to be eligible for FMLA leave. The employee must:

- Have worked for the employer for at least 12 months;
- Have at least 1,250 hours of service in the 12 months before taking leave;\* and
- Work at a location where the employer has at least 50 employees within 75 miles of the employee's worksite. \*Special "hours of service" requirements apply to airline flight crew employees.

# Important Notices

## FMLA General Notice

### Requesting Leave

Generally, employees must give 30-days' advance notice of the need for FMLA leave. If it is not possible to give 30-days' notice, an employee must notify the employer as soon as possible and, generally, follow the employer's usual procedures. Employees do not have to share a medical diagnosis but must provide enough information to the employer so it can determine if the leave qualifies for FMLA protection. Sufficient information could include informing an employer that the employee is or will be unable to perform his or her job functions, that a family member cannot perform daily activities, or that hospitalization or continuing medical treatment is necessary. Employees must inform the employer if the need for leave is for a reason for which FMLA leave was previously taken or certified. Employers can require a certification or periodic recertification supporting the need for leave. If the employer determines that the certification is incomplete, it must provide a written notice indicating what additional information is required.

### Employer Responsibilities

Once an employer becomes aware that an employee's need for leave is for a reason that may qualify under the FMLA, the employer must notify the employee if he or she is eligible for FMLA leave and, if eligible, must also provide a notice of rights and responsibilities under the FMLA. If the employee is not eligible, the employer must provide a reason for ineligibility. Employers must notify its employees if leave will be designated as FMLA leave, and if so, how much leave will be designated as FMLA leave.

### Enforcement

Employees may file a complaint with the U.S. Department of Labor, Wage and Hour Division, or may bring a private lawsuit against an employer. The FMLA does not affect any federal or state law prohibiting discrimination or supersede any state or local law or collective bargaining agreement that provides greater family or medical leave rights.

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For additional information or to file a complaint:



**1-866-4-USWAGE**

(1-866-487-9243) TTY: 1-877-889-5627

**[www.dol.gov/whd](http://www.dol.gov/whd)**



U.S. Department of Labor Wage and Hour Division

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This Benefit Guide provides a brief description of plan benefits. For more information on plan benefits, exclusions, and limitations, please refer to the Plan documents or contact the carrier/administrator directly. If any conflict arises between this Guide and any plan provisions, the terms of the actual plan document or other applicable documents will govern in all cases. Benefits are subject to modification at any time.